

RUSH REPORTER

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A Winter's Chill

by Michael P. Belluso
Rush Nursing Student

Tears of water ran down the glistening spears of ice that hung from the eaves around the old farmhouse. The sun had finally come out to melt some of the ice and snow that had accumulated for the last couple of days. Everywhere you looked there was a coating of ice that reflected the burnt orange tint of that afternoon's sun. Children down the road were building a snowman of larger than life proportions and I imagined a snowball or two would be thrown before the sun went down.

I watched this winter ritual from my warm and cozy kitchen as I sipped my chocolate coffee. I was glad to be inside with the woodstove crackling loudly in the next room. As far as I was concerned, it was a good day to cuddle up and read about warmer places. I hated the cold.

Actually I didn't really hate the cold so much as I did the side effects I experienced after being out in it for any length of time. Ever since I was a small boy, I could remember coming in from those long hours of building snowmen or having a snowball fight and being soaked to the bone. My hair would be matted with perspiration, my face would be deathly white from the cold, and feeling in my toes would have left me long before I had ever thought of going inside the house. Then the real fun would begin. My fingers would swell up like boiled hotdogs. The pain that went along with this reminded me of how those same hotdogs would feel roasted over an open fire. Oh yes, and how could I forget the dizzy spells and the ice pick in the ear syndrome or the big red blotches that covered my hide. The blotches were probably the least serious of the maladies that befell me from the

winter's cold. They reminded me of summer . . . and mosquitoes.

Doc Jorgensen, our family practitioner, called it hypersensitivity to the cold. The hives and vertigo were just some of the side effects. He said it would go away when I got older. Unfortunately it never did.

My mother would always have an important part to play on those cold winter days. "Victor, how many times do I have to tell you about staying out too long? You should come in every once in a while and warm up." I could see my fun coming to an end everytime I did as she asked. "But mom . . ." would be about all I could get said before she would start in again. "And my floor, look at my floor! How many times. . ." she would say and it would start all over again. I never really had the nerve to tell her why I'd stay out so long. I figured if I was going through the hassle of getting bundled up, I was going to make it worth my while. Then the part that really confused me would happen. "Get yourself out of those wet things and I'll make you a cup of hot chocolate. The cookies are just about ready to come out of the oven." Why in the world would you make cookies and hot chocolate for someone who just tracked up your clean kitchen floor? I think she must have been applying for sainthood.

Well those days were all behind me now. I had moved into the old country farmhouse with my girlfriend and my dog about two months after my twenty third birthday. Now Amy was the one who complained about the floor, especially after Max and I had been outside. It was really hard to get Max to wipe his paws on the rug before coming inside the house. He did make the effort after enough coaching, but for some reason there would still be paw prints all over the place.

Max was the best dog I ever had. He would have done anything for me. We had

been together since I was sixteen. He had arrived as a birthday present. We were inseparable, Max and I. We went everywhere together; ball games, track meets, the grocery store and even Red's Greasy Spoon. I'd talk to Max all the time. "You know Max, old boy, I think you and I will have loads of fun cruising Betties. The only bad part is I think the girls like you a lot more than they ever did me." Max sat there with his ears perked up and his tail wagging back and forth like a windshield wiper. I really think he understood what I was saying. As things turned out, I was right about the girls and Max. He was like my good luck charm. Everytime Max and I went somewhere, sure enough, there would be some girl that would come up and have to meet him. That's how I met Amy.

"Victor, would you run to the store for me tomorrow?" asked Amy as she came into the kitchen. "I would do it myself but you know how worried you get when the weather is bad. Oh, and don't forget to go to the pharmacy and pick up my insulin." "Sure", I said. "Besides, it will give Max and me a chance to get out of the house for a while. You want to go to the store boy?" Well, as you can imagine, that was probably not the best time to ask Max if he wanted to go. Max jumped up from his spot on the rug and grabbed his leash off the peg where it hung. He was ready to go now!

continued on page 3



FINANCIAL AID NEWS

The Swiss Benevolent Society of Chicago is offering scholarships to undergraduate students of Swiss descent. Awards are based upon academic merit, not need. The deadline is February 1, 1992. Contact the Financial Aid Office for further details.

The Hellenic Medical Society of Chicago is offering scholarships of \$1,000 each to five medical students of Hellenic descent. The deadline is January 10, 1992. Applications may be obtained from the Financial Aid Office.

The National Federation of the Blind is offering several scholarships to qualified individuals. **Applicants need not be blind to apply.** Eligibility criteria include artistic interest and gender. The deadline is March 31, 1992. Applications may be obtained in the Financial Aid Office.

The Joanna F. Reed Medical Scholarship is available to natives of Northwest Florida. Special consideration will be given to those who desire to become general practitioners or internists. The deadline is May 15, 1992, and applications may be obtained in the Financial Aid Office.

The Japanese Medical Society is offering five scholarships to medical students of Japanese Ancestry. The deadline is February 14, 1992. Contact the Financial Aid Office for additional information.

Veterans Affairs is looking for Undergraduate nursing, entry-level master's in nursing, occupational therapy and advanced master's degree students to apply for scholarships. Recipients of the scholarships are obligated to work in a VA facility one year for each year or portion thereof for which the scholarship is provided. Scholarships are available for 1992-93 to cover tuition, fees, books, and a monthly stipend of about \$660 (exempt from Federal taxes). Applications and detailed information will be available in the Office of Financial Aid in February, 1992. You may also request information directly from the Veterans Affairs Academic Office by calling 202-535-7528. The application deadline is May, 1992.

The Jewish Federation of Metropolitan Chicago awards approximately \$150,000 each year to Jewish men and women who are legally domiciled in the metropolitan Chicago area who are in need of financial assistance in the helping professions, and who are identified as having promise for significant contributions in

their careers. An application and information can be obtained by contacting:

Scholarship Secretary
Jewish Vocational Service
One S. Franklin Street
Chicago, Illinois 60606
346-6700, ext. 21214

AMA - Education and Research Foundation Scholarships are available to M3 and M4 students with a demonstrated interest in the communication of science. The Jerry L. Pettis Memorial Scholarship is offered through the AMA-ERF and each medical school may nominate one student for this \$2,500 award. Letters of recommendation from the Dean's Office and Director of the Library or Biomedical Communications are needed, as well as a letter and CV from the student and reprints or other materials of the student to support the nomination. Financial need is NOT a criteria for this award. Further information may be obtained from Ed Eckenfels.

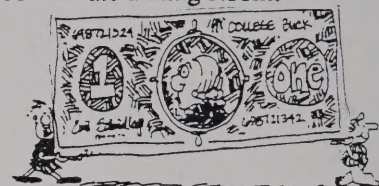
Office of Financial Aid
101 Schweppe-Sprague Hall
(312) 942-6256

The Joseph Collins Scholarship for 1992-93 is available to medical students who have a demonstrated interest in the arts and letters or other cultural pursuits outside the field of medicine. The Joseph Collins Foundation was established in 1951 through a bequest of Dr. Collins for the purpose of aiding needy medical students to complete their MD program without sacrificing all other interests in the broad field of learning. The Foundation makes a maximum award of \$2,500 for one year, and the scholarship is renewable. In addition to outside cultural pursuits, the following criteria are also considered: financial need, scholastic record, and an indication that the applicant intends to specialize in neurology, psychiatry, or general practice. If you feel you meet these qualifications, please inform the Office of Financial Aid. The application deadline is February 20, 1991.

INFORMATION SESSION FOR MEDICAL STUDENTS

The Illinois Primary Health Care Association of the Illinois State Department of Rural Health, and the National Health Service Corp. (NHSC) are sponsoring an infor-

mation session for medical students, residents and faculty on January 15, 1992. The purpose of this event is to familiarize interested persons with the various types of health care programs supported by the Public Health Service (PHS) as well as to inform persons of the practice and training opportunities within the programs served by the PHS. The meeting will be from 4:30 to 8:30 p.m., January 15, with a buffet style dinner provided. It is hosted by the AMA and will be held at 515 N. State Street, 3rd floor Private Dining Room.



STAFF CHANGES IN FINANCIAL AID

For the past two months, we have been without the services of **Linda Kelly-Schad** who decided to return full-time to graduate school. She is pursuing a master's in counseling program in the School of Education at DePaul University. We wish her the best in her new endeavors. Her replacement is **Susan Moret**, who began December 20. Susan received a Bachelors of Science from Illinois State University in May, 1990 and is currently working towards a Masters of Political Science from Governor's State University. Susan's primary duties will be loan processing as well as financial aid counseling and awarding.

STUDENT POSITION AVAILABLE

We need a Student Loan Specialist! Nice title, huh? Anyway, the Financial Aid office has the need of a student to assist Mike Howard with reviewing and preparing student files for Exit Interviews. The successful candidate will be detail oriented and be familiar with computers. Flexible hours are available. If you're interested in this unique position, stop by and talk to Mike.

1992-93 Financial Aid Materials

Financial aid forms and information will be available in late January for the 1992-93 year. Materials will be available in the 7th floor mailroom of the Academic Facility and in the Financial Aid Office in 101 Schweppe. Signs will be posted when the forms are in.

A Winter's Chill
cont'd from page 1

By nightfall, the small respite of good weather we had earlier in the day had completely disappeared. Max howled at the wind as it whistled through the cracks of the old house. "Shh. It will be okay boy. Go lay down," I told him. That was all the reassurance he needed. He went over to his spot on the rug, layed down, and let out a deep sigh. The master had spoken.

Before turning in for the night, I decided to look out the kitchen window to see if the weather was as bad as it sounded. Drifts of white powder were piling up near the roof. The wind was blowing twisters of snow all across the back forty. Visibility was a joke. Not only was it hard to see the big red barn, but the vapor lamp next to it had become slightly more than a blur. I was glad I had not gone to town for Amy's medicine that afternoon. Hopefully the weather would not be so ominous by morning.

Shafts of light filtered in through the ice covered skylight the next morning, illuminating the dust that floated in the air. That was a good sign to start off the day, at least the sun was shining. However, after getting out of bed and surveying the situation, I was not quite as sure.

"Amy? How much insulin do you have left for today?" I asked hoping that she would have a little extra stashed away for just such an occasion. "Well. . ." she said with a bit of hesitation in her voice. "I used the last of it this morning." "Amy, how many times do I have to tell you. . ." I stopped mid-sentence after suddenly hearing memories of my mother echoing in my head.

"I'm sorry. I forgot the last time we were in town." Well it was for certain that I would be making the trip to town that morning. Amy had been a brittle diabetic ever since she was six. I had seen how sick she became without her regular dose injection and knew that she would be ill again soon if I didn't return with the goods. There was no reason getting angry about it. It was just the way things were.



"Listen, don't worry about it. I'll go into town and be back before you even start to miss me. Besides I promised Max." I bundled up and grabbed Max's leash. He could hardly wait. At least one of us enjoyed going out in the cold. I kind of envied Max for being part timber wolf. I found myself wishing that mother nature had equipped me as well for the cold.

The first blast of cold air nearly ripped the screen door from my hand before we were all the way out the door. The sun was definitely shining but snow was also coming down in large flakes. I almost wanted to go sledding or build one of those larger than life snowmen like the kids down the road had built the previous day. However, duty called.

The snow lay as soft as goose down on everything it touched. The tall pine trees that lined the drive could not have been decorated any better. The boughs were flecked with snow and icicles were hung for ornaments. Santa would have been proud to leave presents under those trees.

Max and I got in the car to go to town and headed down the lane. I knew that the drive to town would take an hour on dry pavement, so we didn't have any time to spare.

The snow drifts along the road had completely covered it in some places. It got to be kind of fun ramming through the powder and watching it spray across the hood of the car.

"Hey Max, I think I should have driven a snow plow for a living." Max just sat there looking at me and then back out the window. He knew things weren't quite as fun as I was trying to pretend.

Then things got worse. Up ahead in the road there were three drifts of snow, each one bigger than the one before. I knew that I couldn't turn around on the road I was on and backing up for three quarters of a mile was out of the question.

"Hang on boy," I yelled as I hit the accelerator. Max lay down on the front seat as we hit the first drift. Snow flew everywhere but we made it through. Then we hit the second drift. The car lost a little momentum but still we continued. I looked at the speedometer as we approached the third and most treacherous drift. Sixty-five miles per hour into a wall of snow is something done only by deperate people and fools. Max slid off the front seat onto the floor boards as we came to a dead stop in the

center of the drift. He just sat there looking at me.

"Okay, okay! I know I blew it. You don't have to rub it in. Come here boy." Max climbed up next to me and stuck his nose in my face. "Well, I'm glad to see that we're in one piece. Let's see if the car did as well."

I tried to open the car door but it would not budge. I then reached across and tried the door on Max's side. Still no luck. The windows were my only alternative. I crawled out and began doing barrel rolls down the drifted embankment, one right after another. It was not a pretty sight. I always did have a streak of sheer klutz in me. Max hopped through the window after me. He sat down next to me and stared into my snow covered face. Sometimes a person just has to wonder what goes through an animals' mind.

"So I'm not the most graceful creature on ice. I did remember to bring a shovel." Picking myself up out of the snow, I made my way to the trunk, only to find it frozen shut. "I don't know, Max. Did you bring a lighter? Never mind."

The wind had gotten much more severe since we had left home if you can believe that possible. I turned to look at the road we had just travelled. There were no signs of our tracks left in the first drift. Panic started to build in the pit of my stomach. What about Amy? She wouldn't last very long without her medicine. I started trying to dig the car out by hand, first around the back tires and then around the front. By the time I had finished with the third tire, the first looked worse than when I had started.

continued on page 7



RUSH UNIVERSITY BOARD NEEDS YOU!

Rush University Board needs new and returning members to attend our first meeting of the quarter on Wednesday, January 8th at 5:00 pm in the Student Affairs lounge, 023 Schweppe. Plan to stay for an Italian dinner and to discuss the upcoming January 24th Beach Party and other events! We need your creative ideas, so please plan to attend.

'92 GRADS TO HAVE PHOTO SESSION

This is your chance to be in your class composite picture. . . .

We have made arrangements with Marshall Photographers for composite photos of the graduating classes of 1992 in each of the four colleges. The cost is \$17.00 and is due at the time of the sitting. (Payment is acceptable in cash or a check made payable to Marshall Photographers.) This price includes:

1. The cost of the sitting
2. Four to six proofs of which you choose one
3. Any retouching
4. One 11" x 14" black and white class composite photo

You may also at your option order additional 3" x 5", 8" x 11", etc. pictures after you have returned the proofs. These additional photos are produced in natural color rather than black and white photos as described above.

The photographer will be on campus in the Student Lounge, 023 Schweppe, from 9:00 a.m. to 5:00 p.m. on the following dates:

Monday, January 13
Tuesday, January 14
Wednesday, January 15

To alleviate long waits for you, we are requesting that you make an appointment in advance beginning on Monday, January 6th. Stop by or phone x26302 for an appointment. It takes approximately ten minutes to take the picture. Times will be scheduled on a first come, first served basis. Sorry, no appointment. . . no sitting.

If your schedule conflicts with the on campus dates, call Marshall Studio (located at 162 N. State Street, Chicago) at 782-2462 for an appointment. Available times for a sitting with them are Monday through Friday from 9:30 a.m. to 5:30 p.m. You must have your picture taken by Friday, January 31st to be included in this year's composite photo. If you are a medical student and had your picture taken in August, you need not have your photo retaken.

Finally, since you want to look your best—the photographer suggests wearing bright colors (they really do photograph best), so put your white jackets aside.

THANKS A MILLION!

Well. . . . not quite a million, but a great effort nonetheless! Over \$33,700 was pledged during the recent Alumni Association of Rush Medical College phonathon. A special thanks to the following students, faculty, and friends:

Michael Belluso	\$	Michelle Kosik
Erwin Lo		Lisa Oldson
Lisa Lucarz		Ricky Ahuja
Rommy Masrour		Fawn Caseman
Dana Pachovsky	\$	Patty Hantsch
Laura Rosol		Lisa Lampe
Jane Sbalchiero		Sue Yu
Bridget Eenigenburg		Roy Eenigenburg
Deborah Levi	\$	Betsy Cannon
Tom Harrison		Kristine Klemm
Carolyn Lopez, M.D.		Thomas A. Deutsch, M.D.
Paula Smith		Bob Dame
Joe Swihart	\$	Stephanie Osborne
Katie Henry-Schill		

We sincerely appreciate the efforts of everyone who helped us make this phonathon an overwhelming success!

STUDENT WRITERS NEEDED

The Office of Student Affairs is looking for students, faculty, and staff to contribute articles to be printed in future issues of the *Rush Reporter*.

How about submitting an article on a topic of interest to the student body? Or write some witty piece of fiction or poetry? You don't have to give a year-long commitment.

If interested, please contact Katie, Ann, or Cheryl in the Office of Student Affairs, 023 Schweppe, x26302.

DEPARTMENT OF COMMUNICATION DISORDERS AND SCIENCES REPRESENTED IN ATLANTA

Three students from the Department of Communication Disorders and Sciences attended the national convention of the American-Speech-Language-Hearing Association in Atlanta, Georgia, on November 22-25, 1991. The two Speech-Language Pathology students were Patricia Otley and Christina Taskoff. The Audiology student was Tanya Mai.

New officers elected for the National Student Speech-Language-Hearing Association, Rush University Chapter, are: President, Sandra Angeletti; Vice President, Karen Niemi; Secretary, Beth Watson; and Treasurer, Patricia Scavuzzo.



FOOD DRIVE

Rush University Office of Student Affairs and the Nursing Christian Fellowship Association are sponsoring a food drive. From January 6th through the 31st boxes will be placed around the Medical Center in various locations. Non-perishable food items are acceptable for contribution. Some examples are hearty soups and stews, dry or canned pasta, canned vegetables and fruits, canned juices, canned meats, etc. Any non-perishable food item will be appreciated. In January, look for signs telling you the locations of the food drive boxes. You ALL can help us make this food drive a huge success!

HOW I SPENT MY CHRISTMAS VACATION

by Paula Smith
Manager, Rush Bookstore

This fall, my nephew called to ask if I would send him info on the MCATS. I prepared to spend my Christmas vacation trying to talk him out of medical school. You may wonder why I, who have spent the past six years with medical students, would want to do such a thing. Well, perhaps that's exactly the reason. He's not one of those people we've all met, that should never have been accepted to medical school and always somehow, frighteningly enough, become gynecologists, but I've heard a lot (and let me emphasize a lot) about the lifestyle... and he hasn't. Wherein I realize that he is in that college mode of awaking sometime around lunch and will eventually have to give up that habit, he's not a morning person (except when I was in that college mode and he needed a companion to watch Bugs Bunny at 7 a.m.). My nephew... let me call him Bryan... has sort of that surfer-laid-backness: not a competitive bone in his body. Bryan does have a certain penchant for science books but not if they are in the text variety. Also, he has a great personality and we all have seen that "change" that comes somewhere around the third year for various reasons and I could not accept that. Besides, he still gets nauseous carving a jack-o-lantern, so how could he ever get through anatomy? I thought I'd try to convince him to go the Ph.D. route.

I checked the shelves in the bookstore but found nothing entitled "How to Talk Your Nephew Out of Going to Medical School". So I pulled out a few titles that I thought would give him a clue of what the rest of his life could be like. I reshelfed The House of God because Bryan is not big on books with a dialogue. (If he goes, I'll see if I can get it on tape for him.) Then there was this other book, Living Medicine. The author, Peter Richards is dean of a London medical school and he used words I was not accustomed to. You might like this if you want to know about different specialties but the rest of it was confusing. Personally, I would recommend you wait until I decide to put this on the sale table before you buy it.

The other book I picked up was The Medical Student Survival Guide. I found it was written by exactly the kind of person I

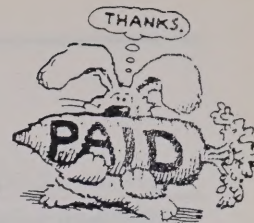
didn't want Bryan to become: someone very impressed with himself. Not only that, but he came across as a sexist. He insisted that doctors are to die for and that all women want to marry them for their money and status and then to divorce them claiming hold on future earnings. Female nurses, he claimed, chose their careers solely to marry physicians. Gag me, Dr. Polk. You have lost your mind but your ego is alive and thriving! Then, he proceeded to advise the reader to pick a specialty based on income. Really, I found this book disgusting... I'm not sure I can sell this one.

I decided I would have to wing it with Mr. B. and rely on my own resources. As he and I rode along AIA (the fam rendezvoused in FLA) I made my pitch. Though I strongly recommended graduate school in the basic sciences, I did invite him up to Rush for a look-see and suggest he get some hospital experience. Well he's always been a good boy, has a mind of his own, and likes Jimmy Buffet, so he'd probably be ok. I still have a year to work on it. If he decides to go, I'm giving him the only good book I found: The Doctor. I'm going to recommend that you all read it, no matter what initials are after your name, because everyone could learn a little something or at least be reminded of something they've forgotten. Previously, the title was A Taste of My Own Medicine and it was written by Dr. Edward E. Rosenbaum. (William Hurt starred in the recent movie version). The doctor becomes the patient and sees himself from a different perspective. I won't give away it's message but I'll loan you my copy. Perhaps it will start Bryan off on the right foot. Who knows, with the right guidance...



*Watch for the
Ben Rush
Birthday Sale
at the
Bookstore in
January!*

A REMINDER FROM FINANCIAL AFFAIRS.....



Please remember Winter Quarter 1992 tuition is due the week of January 6, 1992 for all students.

Tuition can be paid or payment arrangements can be made immediately. You can also mail in your payments to the following address:

Rush University
Office of Financial Affairs
1743 W. Harrison
Chicago, Illinois 60612
Attn: Deborah Maize

Mailed payments must be postmarked by January 10, 1992. Any unpaid balances will be assessed a \$100.00 late fee.

Please remember change of address notification is your responsibility. Statements are mailed to the address we currently have on file. If you do not receive a statement, make sure we have a current address so that you do not receive the \$100.00 late fee!

FREE SEARCHES FOR ST. BASIL CLINIC VOLUNTEERS

Computer literature searches by reference librarians are done FREE for Rush staff and students volunteering their time at the St. Basil's Clinic. Since July 1991, the St. Basil Clinic experiment has incorporated seven different projects entitled the "Rush Community Service Initiatives Program" (RCSIP). Its' purpose is to create a viable network of community service programs matching student initiative and enthusiasm with the desperate social and health care needs of the residents of Chicago's inner city.

Volunteers may request a literature search by contacting a reference staff member in the library or calling extension 25952. To find out more about the RCSIP, contact Claudia Baier or Tammie Moore, Department of Preventive Medicine, Rush Medical College, extension 25910. Current information on the projects is also available on the purple bulletin board near the 5th floor staircase in the library.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

As I see it, we are smack dab in the third stage of the Women's Movement. One of the consistent themes of any large social movement is the anger and frustration felt by the group fighting for change. These emotions may persist throughout the life of the movement but their intensity alternates in relation to society's response. In this column, I will use the organizing principle of women's experience of and expression of anger as a way to examine the three stages of the movement; also, I will touch upon the mental health establishment's contribution to the means by which women sought to cope with their anger.

Three caveats should be noted. First, the women's movement, especially in its early days, was primarily a white, middle-class movement, so much of what follows applies to that group. Second, social events rarely occur in neat, decade-based groupings, so take these as general guidelines. Finally, the women's movement began when many readers were babies or young children; therefore I am going to provide some background which may be old news to some of you.

The first stage (mid-sixties to mid-seventies) arose from the conjunction of two events. First many of the women working in the civil rights and peace movements were stirred by the idea of liberation; they identified with other oppressed groups and began to desire greater freedom. Simultaneously they were stung by their ill-treatment by many of the men with whom they worked. An example of the attitudes that led to this kind of poor treatment is civil rights activist Stokely Carmichael's remark, "The only position for women in the civil rights movement is prone." Women were putting their lives on the line but were frequently left out of important decisions, still making coffee more frequently than they made policy. These experiences led women to an awareness of their oppression.

The other event which coincided with these movements was the publication in 1963 of Betty Friedan's book, The Feminine Mystique. It is useful to understand the context of her book in order to appreciate its impact. When World War II ended, women who had been in the work force returned to their homes and men back from the war

resumed their jobs. Suburbs began to develop, young couples moved there and began the baby boom. Sex roles were clearly separated at this time. Women spent their days with children and other housewives in the suburbs while their husbands often did interesting, well-paid and respected work in the city. Friedan's book spoke to and for the women who were going quietly crazy in the suburbs, wanting more stimulation, wishing to use their talents and intelligence but feeling very guilty about having such thoughts. These thoughts, they felt, must mean that they were ungrateful, selfish and, worst of all, bad mothers. Friedan let them know that they were not alone, that many other women felt the same way. Women's recognition of the widespread existence of these deeply ingrained attitudes helped start the revolution.

During this first stage of the movement, women's anger was usually directed at society, at social conventions and attitudes designed to keep them in their place. The mental health establishment responded with new or modified modalities to help women cope with their angry feelings. The two social movements and the publication of Friedan's book took place at a time when the human potential movement was popular as a therapeutic philosophy. The movement encouraged emotional expression and greater psychological self-knowledge and put a premium of "letting it all hang out." Human potential therapy was conducted in small groups in which expression of feelings about oneself and toward other group members was encouraged. Expression of anger was regarded as good and suppression of negative feelings was considered unhealthy.

Elements of the human potential and women's movement meshed well. Women began meeting in consciousness-raising groups, each woman reflected on the topic of the evening, e.g., their mothers, their feelings about their bodies, the emergence of competition with other females during adolescence, etc. The meetings gave the women greater emotional awareness of how sex-role socialization shaped their feelings about themselves; the similarity of experience confirmed the power of social pressures on women to be whatever society

defined as feminine. These realizations led many of the women to experience and express anger; eventually this "rage stage" came to be recognized as one step on the way to greater freedom and to increased self-respect.

During the second stage (mid-seventies to mid-eighties) women applied to graduate and professional schools by the thousands; many joined corporations or started their own businesses. Many more joined the work force in less lofty positions. Many of the women who entered professional school and business at the beginning of this stage were women who were strongly identified with the women's movement. They viewed their new activities as challenges and they received strong support from other women in the movement. And a good thing too because the rest of the world was not so positive about these changes. Women were often seen as The Other and were not welcomed with open arms. Research results from these years indicate that women frequently felt intimidated in work groups, that they were repeatedly interrupted by men and that the real locus of power remained with men. At times there were problems at home too when the women devoted a lot of energy to work or school when formerly she had invested most of this in her partner or her home.

Women entering professions in which men were in the large majority, like medicine, were tested constantly and were harassed regularly. Women usually did not have role models or female mentors to support their efforts in the male words into which they had entered. There were few women in high positions in these settings and those who were there were likely to identify with the men in the power structure from self-protection rather than with new women struggling to move ahead. Women entering traditionally female occupations like nursing struggled to defend their choices to a sometimes intolerant feminist community. Each group, the "pioneers" and the "traditionals", had its difficulties.

Being in these difficult situations engendered a high degree of frustration and

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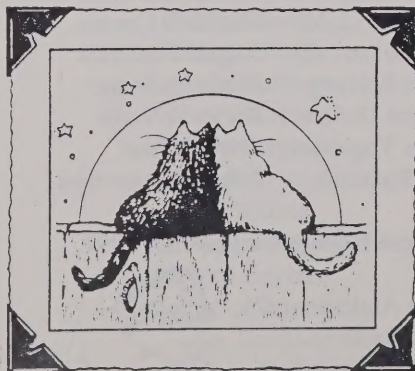
anger within women. Some of the anger which flowed from these experiences was a result of women feeling incapable of standing up for themselves. The self-effacing styles of many women did not serve them well in settings which required them to be decisive and strong. Many of them had not had to develop self-defensive verbal strategies until this time. The mental health establishment provided help via assertiveness training. Assertiveness training groups gave women information about how to be more direct and decisive, practice within the group and in the work setting, and support and affirmation from other women. Many of these assertive efforts were applied in work settings since women felt their greatest insecurity there. Assertiveness training had its limitations but it did provide a useful philosophy (you have a right to ask, to lead, etc.) and a helpful technique for large numbers of women.

We are now in the third stage (mid-eighties - ?) which began with the realization that having it all is a fantasy, or at least having it all as women were led to expect. The occupational progress that began in stage 2 had continued; in the meantime, a second baby boom began among working couples and the system began to split at the seams. During the second stage, the modern woman developed the expectation that, when the time came to raise a family, her husband would share the work and an enlightened society would contribute such resources as flextime, job site child care, maternity benefits, etc. In many cases, she was sadly mistaken. A new book by sociologist Arlie Hochschild, The Second Shift, examines two-career families and finds that working women still do most of the child-care and housework, thus working two shifts while most men still work one. Some of the businesses which employ women have provided benefits which help them but many have not. And why provide them just to women? Men are parents too but not many businesses encourage them in this role if it interferes with the job. Women have reacted to the relative inflexibility of the system, including the marital system, in different ways. Some have moved to part-time work, some who can afford to have dropped out temporarily, but most women need to work and so they carry on.

Does this disappointment cause anger and frustration? You bet it does, and the

anger is directed at spouses and sometimes at the policies and people in the workplace. Certainly one useful way to use this anger constructively is to work to change work policies (e.g., maternity leave, pay equity, etc.). The major mental health modality of assistance in the case of anger toward spouses or other loved ones is marital therapy and sometimes individual counseling or psychotherapy. In addition to these resources, I would strongly recommend that women (and men) read Harriet Lerner's The Dance of Anger. (She has recently published a new book, The Dance of Intimacy, which is also excellent.) The Dance of Anger does not recommend "letting it all hang out"; rather it helps the reader identify her own angry patterns. For example, is she a pursuer of a distancing husband? Does her feeling of helplessness lead her to pursue her husband who then withdraws? What patterns did she learn in her own family? How did her parents deal with conflict? Once these patterns, these dances, have been identified, she can work to change them, whether with her spouse, lover, parents, friends or boss. She is not labelled the one with the problem but rather as a member of a system with a problem and she takes the initiative to engage the others in solving it.

Anger is rarely a pleasant emotion but it is inevitable that we will feel it from time to time. Most women have tried to use their anger constructively, through sharing with other women which led to a sense of solidarity (sisterhood) and through converting anger into a sense of strength and self-worth. The emphasis now on working out angry feelings with lovers, parents and friends is literally and figuratively closer to home and so harder to accomplish. The way may be a bit easier if women and men can understand the context in which women have struggled and still struggle toward a strong sense of self.



A Winter's Chill cont'd from page 3

Cold had welts on my cheeks and forehead and I knew my fingers were turning into Ball Park Franks beneath my gloves. Max started to walk away from the car across the open corn field. He turned back and barked at me. For some reason, I just knew I had to follow him. There didn't seem to be anything else to do.

"Hey Max, wait for me," I shouted as I trudged through the drifts of snow. I don't ever remember being as cold as I did then. Not even as a young boy, when I fell in the snow over my head, had I ever been sliced through by such a blistering cold. When I bent down to grab Max by the leash I started to notice the stabbing pain in my ear. When I straightened back up, the dizziness nearly got the best of me.

"Home, Max," was all I had to say. My large furry friend walked deliberately toward the trees at the edge of the field. I began to wonder if this was such a good idea. Who was the boss here anyway? At that point, I really didn't know or care. I just kept my eyes focused on Max's red collar and tried to keep moving.

Max kept going for what seemed like hours, first through the trees and then along the bend of a creek. I was lost. None of the landscape seemed familiar to me. Then there were more trees. When we finally emerged from the trees, I could hardly believe my eyes. The big red barn was there in the distance. My courage renewed, I looked down at Max and pulled him close. "Thanks boy," I said as I hugged his neck. "Go find Amy," were my words as I unclasped his leash. Max ran for the house with me not too far behind. I knew we would have to scramble to get Amy her insulin on time.

As I reached the farm, I noticed a large red truck in the lane. I pounded on the door, half frozen from the journey. The door opened and there in front of me stood a rather large, older man with a white beard and red suspenders.

"Victor, Doc Jorgensen stopped by with my prescription. Isn't that wonderful?"

"Well, Amy, I guess there really is a Santa Claus."



College of Nursing Office of Student Support Services News

by Barbara Haynes, Ph.D., R.N.,
Director, Office of Student Support Services

SCHOLARSHIPS AND AWARDS, PRELICENSURE

NSNA FOUNDATION SCHOLARSHIPS

Scholarships are available in various amounts. Applications are available until January 15, 1992 from:

Foundation of the National Student
Nurses' Association
555 West 57th Street, Suite 1325
New York, NY 10019

Deadline for receipt of applications is January 31, 1992. Dr. Haynes will complete the school part of the application.

J.O. POLLACK & COMPANY STUDENT NURSE ACHIEVEMENT AWARD

\$1,000 CASH AWARD

Minimum Requirements:

1. Grade point average of at least 2.0.
2. Performance of ten or more hours of volunteer community service relating to the health care profession within the past 18 months.
3. Write an essay in 300 words or less on each of these: "Why I Chose the Nursing Profession as a Career", and "In what area of nursing you wish to work after you graduate and what you hope to achieve".

Applications are available in Student Affairs, SSH023. **Deadline for receipt of applications is February 14, 1992.** Dr. Haynes will complete the school part of the application.

ARMY NURSE CORP AND NSNA SPIRIT OF NURSING

This award is for students who demonstrate excellence through community, professional and academic achievements. Nominate yourself or ask your advisor or instructor to nominate you. One candidate will be chosen from all nominees to represent Rush. The nominee must write an essay on "How the Spirit of Nursing Motivates You".

Applications are available in Student Affairs, SSH023. **Deadline for receipt of**

applications to Dr. Haynes is January 24, 1992. Dr. Haynes will complete the school part of the application.

COLLEGE OF NURSING CONVOCATION AWARDS

The College of Nursing has a convocation during graduation weekend and there are many awards available both for graduating and continuing students. More detailed information will follow later but start thinking about applying or being nominated for one or more of them. Some of the awards are as follows:

PRELICENSURE (P)

GRADUATE (G)

Clinical Excellence (P)
Dianne Nora Clinical Excellence (G)
Professional Service (P)
Professional Service (G)
Alumni clinical and academic excellence(P)
Alumni clinical and academic excellence (G)
Writing excellence (P)
Writing excellence (G)
Gerontological nursing excellence (P)
Gerontological nursing excellence (G)
Ruth Schmidt (for RN/BSN student)
Golden Lamp Society (DNSc student)
Luther Christman Alumni (BS to ND)
Kellogg Scholarships (DNSc students)
Dean's Award (P)
Dean's Awards (G)

Clinical Honors for Spring 1991

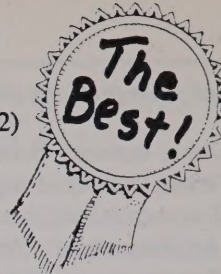
Laura Anderson	Melissa Castiglia
Christine Child	Flor Dela Cuesta
Jean DeLio (x2)	Angela Frederick
Karen Eckberg	Maria McShane
Patricia Diviero	Karyn LoVerde
Dawn Vogelsberg	Trina Wilson
Joan Rataczak	Jolene Zimmerman

Clinical Honors for Summer 1991

Laura Anderson (x2)
Heidi Beske (x2)
Jane Deuster (x2)
Karen Eckberg (x2)



Kim Espino
Mark Hassett (x2)
Lester Loreto
Marc Mal
Maria McShane
Joan Rataczak



Clinical Honors for Fall 1991

Christine Child	Flor Dela Cuesta
Jean DeLio	Jane Deuster
Maria DeVito	Patricia Diviero
Rebecca Guthrie	Mark Hassett
Jennifer Hoffman	Heath Legrand (x2)
Marc Mal	Lynn Mikuls
Deena Reitman	Dawn Vogelsberg
	Cheryl Welk

If you received clinical honors and your name does not appear, it will be published in the next Rush Reporter. **Congratulations to all of you!!**

SIGMA THETA INTERNATIONAL, HONOR SOCIETY OF NURSING

Gamma Phi, the Rush University College of Nursing chapter of Sigma Theta Tau is planning a pizza party in January for potential members. Senior and graduate students who are achieving well above average may be invited to join Sigma Theta Tau. Look for notices of the pizza party/information session so you can learn more about STT and what it stands for.

FORMS AND THINGS

Please make sure you have a current Program of Study plan on file in the College. **GELS, second year. . . PLEASE HAND IN YOUR INTENT FORMS IF YOU HAVE NOT ALREADY DONE SO.**

Please check the College of Nursing Information area in Student Affairs, 023 Schweppe, for updates and current information.

SNA CORNER

The Student Nurse's Association would like to welcome all students back for the winter quarter! We hope everyone enjoyed the break and is looking forward to the New Year!

We would also like to thank everyone who attended and sponsored the Chili Bowl! We had a lot of fun and it was a huge success. Stay tuned for some more treats sponsored by the SNA in the upcoming winter quarter.

SMALL GROUP STUDY CAN HELP STUDENTS EXCEL

by Michael J. Harris
Director
Academic Skills Center

A recent report based on five years of study by Harvard University investigators concludes that college students (and by extension graduate students) who **study together, meet frequently with advisers and enroll in at least one small class every term** are most likely to excel. An additional finding was that top students preferred courses that required substantial amounts of writing. A worthwhile, effective strategy for students was to form alliances with peers, faculty members and with advisers and not to try to brave the academic environment alone.

Richard J. Light, director of the assessment project said that "The thing for a student to avoid is signing up for all large classes, drifting in and out anonymously, sitting in the eighth row working quietly and then going back to the library or a dorm room and applying the seat of the pants to the seat of the chair."

The report is the second of two parts of study of what constitutes effective teaching and learning in academia. The first part of the study, published in 1990, found that students learned better and professors were more effective in courses where progress could be tracked through frequent tests, quizzes and one-minute exams at the end of a lesson.

Some of the recommendations of these reports, which are believed to be simple and easy to adopt are:

- when students are unwilling or unable to organize into study groups that meet outside the classroom, **professors ought to set up such groups and require that readings be completed before the groups meet.**
- in courses with several written assignments, **professors should ask a few students each week to prepare their papers early so they can be photocopied and distributed for class discussion.**
- students should not try to get all their required classes out of the way as soon as

possible, but each semester should mix in at least one small group or seminar class.

- professors in science and mathematics should encourage cooperative learning and study groups **rather than place too much importance on competitive grades.**



FALL QUARTER 1991 DEAN'S LIST

Contratulations to the following **undergraduate nursing students** who earned at least a **3.50 quarterly grade point average** for a full-time course load during Fall Quarter 1991. **Watch for Medical Technology and Perfusion Technology students Dean's List next issue.**

Antoinette Ahr
Ann Alpeter
Lisa Brandt
Rita Cox
Jean DeLio
Flor Dela Cuesta
Patricia Diviero
Christy Esmael
Sharma Fuller
Mark Hassett
Therese Hirsch
Jennifer Hoffman
Peter Jakopin
Kristie Korcha
Joseph Kranz
Lynn Mikuls
Randolph Miller
Carmen Petrizzo
Claire Porcioncula
Jay Terry
Cheryl Welk

NCF UPDATE

- Why is Christianity any different from other religions?
- If God is good, why do evil and suffering exist?

On Tuesday, January 21st at 7:00 p.m. in SSH 023, come and hear Lyle Dorsett, Ph.D., address these and other questions as he speaks about his journey from atheism to Christianity. We invite all to come challenge Dr. Dorsett about the claims of Christianity. Refreshments will be provided.

WANNA SHOOT SOME HOOPS?

Put on your pumps (Reebok, that is) and play **electronic basketball** at our **Sports T.G.I.F.** on Friday, January 10th from 4:30 p.m. to 7:00 p.m. in the Schweppe Auditorium. This first T.G.I.F. of 1992 will be fun and entertaining! A very special thanks to Religion and Health for sponsoring this event and for bartending. Beer, wine, and pop, along with fresh veggies and cheese and crackers will be served.



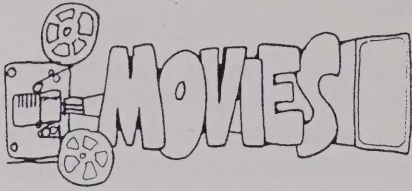
KEEP FIT AND HAVE FUN!

Richard Simmons look out! Now there's aerobics classes for Rush students! Keep fit and have fun at the same time! Maybe you've gotten out of the habit of exercising, feel sluggish, or are hesitant about exercising with others. Well, put all those worries aside and attend the next aerobics class! A 1991 Fall pass may be purchased for \$25.00 or pay as you go at \$2.00 a class which must be paid in Student Affairs before the class.

Aerobics classes meet every Tuesday and Thursday at 7:00pm in the Schweppe Auditorium until March 5th.

For more information, contact Student Affairs at x26302. Don't miss out on a chance to keep fit!

ENTERTAINMENT



WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00pm, it's a night out at the movies. The movie is shown in the Student Affairs Cinema (S.S.023). Join us for the best in film entertainment and some free popcorn!

THE NAKED GUN 2 1/2: THE SMELL OF FEAR - January 8th

Starring: Leslie Nielsen, Priscilla Presley
Hilarious sequel to the totally deranged 1988 hit, "The Naked Gun". The good guys know just how to clean up the bad guys' act in this slapstick comedy that's 2 1/2 times as funny as the first one.

THE GODFATHER PART III - January 15th

Starring: Al Pacino, Diane Keaton, Talia Shire, Andy Garcia
Michael Corleone tries to legitimize his illegal empire and choose a worthy successor in the third chapter of the most popular saga ever filmed.

MORTAL THOUGHTS - January 22nd

Starring: Demi Moore, Glenn Headly, Bruce Willis

Close friends (Demi and Glenn) conspire to cover up the murder of Headly's brutish, abusive husband (Bruce) in this dark and disturbing film.

ONLY THE LONELY - January 29th

Starring: John Candy, Maureen O'Hara, Ally Sheedy, Anthony Quinn, James Belushi

Before he can tie the knot, John Candy has to untie the apron strings. Maureen O'Hara gives an unforgettable performance as his meddling mother. This film is hilarious and heartwarming at the same time!

THE LONG WALK HOME - February 5th

Starring: Sissy Spacek, Whoopi Goldberg
A proper Southern housewife (Sissy) and her quiet, unassuming maid (Whoopi) take a courageous stand against racism, oppression, and ignorance during the Montgomery, Alabama, bus boycott. This movie is "a powerful and compelling drama that faithfully captures the spirit of a watershed event in U.S. history" according to *Coretta Scott King*.

ANOTHER YOU - February 11th

Starring: Richard Pryor, Gene Wilder
This great odd couple star as a reformed pathological liar and the con man who persuades him to impersonate a billionaire in their fourth film together. The pair make a perfect team for a hilarious scam involving mistaken identities and tall tales.

THE FIVE HEARTBEATS - February 19th

Starring: Robert Townsend, Michael Wright, Leon
A terrific story of five friends who pursue their dream of making music together as the '60s unfold. A dazzling celebration of African-American music - from Motown to rap.

CITY SLICKERS - February 26th

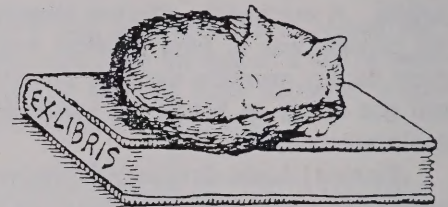
Starring: Billy Crystal, Daniel Stern, Bruno Kirby, Jack Palance
Yesterday they were businessmen. Today they're cowboys. Tomorrow they'll be walking funny. These wild and crazy guys go on a cattle drive trying to recapture their lost youth. What they do is outlive a mid-life crisis with unbridled hilarity!

CLASS ACTION - March 4th

Starring: Gene Hackman, Mary Elizabeth Mastrantonio
Sparks fly when a civil liberties lawyer and his conservative daughter, a brilliant corporate attorney, clash in a controversial lawsuit that will either bring them together or tear them apart forever.

JACOB'S LADDER - March 12th

Starring: Tim Robbins, Elizabeth Pena
Wow! Adrian Lyne pushes the boundaries of terror to the limit! In one of the most disturbing films you'll ever see, a Vietnam veteran searches for an explanation to the frightening hallucinations that are destroying his sanity.



What They're Reading on College Campuses

1. **Scientific Progress Goes "Boink,"** by Bill Watterson
2. **You Just Don't Understand,** by Deborah Tannen
3. **Scarlett,** by Alexandra Ripley
4. **Memories of Midnight,** by Sidney Sheldon
5. **Four Past Midnight,** by Stephen King
6. **The Plains of Passage,** by Jean M. Auel
7. **The Seven Habits of Highly Effective People,** by Stephen R. Covey
8. **Possession,** by A.S. Byatt
9. **The Education of Little Tree,** by Forrest Carter
10. **Unnatural Selections** by Gary Larson

Reprinted with permission from the Chronicle of Higher Education, copyright 1991. The *Chronicle's* list of best-selling books was compiled from information supplied by stores serving campuses across the nation. Reports covered sales of hardcover and paperback trade books in October.

N.D. STUDENT NEWS...

Special thanks to the N. D. (Nursing Doctoral) students for coordinating the November "Sweet Tooth Day" with Student Affairs!

The first N.D. dinner was held on November 4th in Student Affairs which was funded by the College of Nursing. Some of the students who were able to attend were Cathy Creiger, Christine Bullis, Martha Seehausen, Marge Drugay, Margaret Feller, Theresa Keller, Susan Saltzman, Tom Newell, Geriann Gallagher and A.J. Jones. Faculty and Staff included Penny Cukr, Barbara Haynes, Ann Cocks, Katie Henry-Schill, Lois Halstead, Kathleen Shanks, Paula Smith, Donna Ipema, and Iris Shannon. Special thanks to the bookstore for contributing a sweatshirt to give away at this event.



A VERY HAPPY NEW YEAR FROM STUDENT AFFAIRS!

KATIE, ANN, AND CHERYL

*Roses are red,
violets are blue,
donuts are sweet,
hot cocoa is too!*



Grab a friend or two and come on in for a sweet treat of donuts and hot cocoa on January 12th from noon until 1:00 p.m. The goodies will be beckoning to you from the auditorium in Schweppe.

INTERNATIONAL STUDENT NEWS

November 29th was the date of the 1991 International Student Luncheon sponsored by the International Student Advisor, Ann Schuppert, and the Office of Student Affairs. Many interesting dishes were shared and ideas exchanged. For information regarding future International Student events, contact Ann Schuppert in the Registrar's Office at x25681 or call Student Affairs at x26302.

THE JOB by Michael P. Belluso Rush Nursing Student

CODE BLUE! CODE BLUE! Comes the call from above.

Queen bee and her workers, CCU is a buzz.

Atropine, Epi, Lidocaine push
You look for a vein but they've all
turned to mush.

Coronary jumpstart, the technique so bold

CLEAR... and you watch as the
voltage takes hold.

Corpse jumps from the table, the lips
are now blue.

Care has been given, not much left to
do.

You wonder sometimes if your best is
enough

This job you perform can really be
tough.

You look up and ask Him, "What more
can I do?"

Compassionate, He speaks, "My grace
covers you."

CODE BLUE! CODE BLUE! Comes
the call from Above.

You continue to work because of
Undying Love.

M-I-C-K-E-Y M-O-U-S-E!

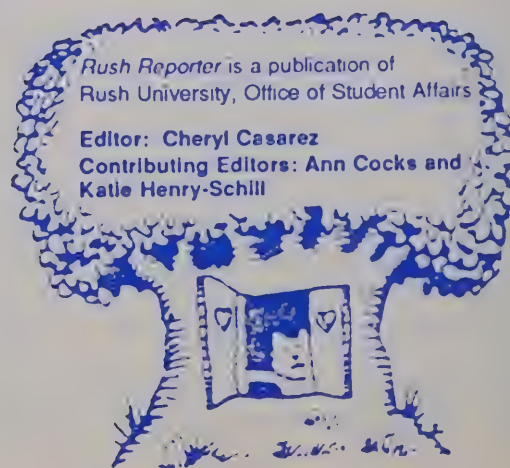
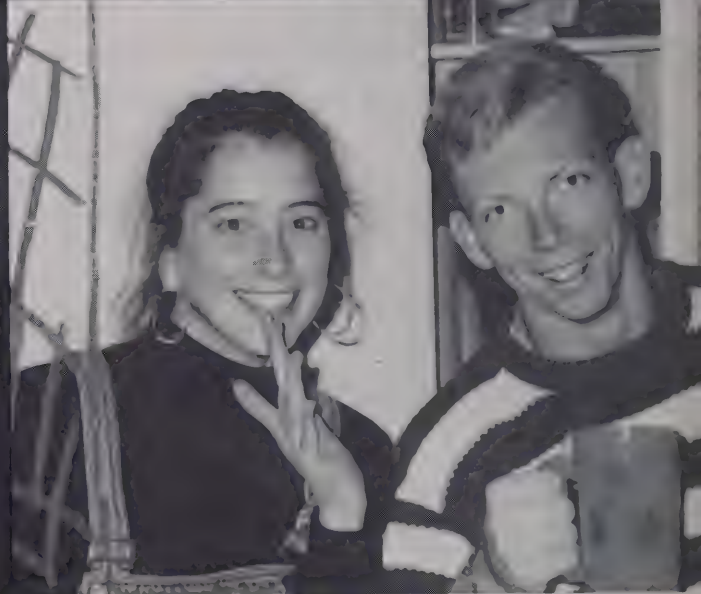
Disney on Ice tickets on sale for February 5th performance at Chicago Stadium. Show is at 7:30 p.m. Ticket price is \$8.00 for students only. See Student Affairs, Schweppe 023, for tickets and information.



WHERE'S THE BEACH???

A very special event is coming soon to amuse and entertain all who are just about sick and tired of the cold winter blues...

Don't worry, we won't play beach blanket bingo, but we will have lots of fun with the Samoan Slap Dancers. Food, drink, and fun will make your winter doldrums disappear. Volunteers are needed for decorating, set-up, bartending, clean-up, etc. If you are interested in being a slap dancer (men) or a "very special hula dancer" (women), please contact Ann in the Office of Student Affairs, x26302.



RUSH REPORTER

FEBRUARY, 1992
ISSUE

Published by Rush University, Office of Student Affairs
Volume XV, Number 5

FESTIVAL OF THE ARTS: AN ENRICHING EXPERIENCE

This annual Rush event is a chance for students and faculty to share and experience cultural enrichment.

ART FAIR

The week long *Art Fair* is being held Monday, February 17th through Friday, February 21st, in the Library. It is an exhibition of artwork by students and faculty. We don't expect perfection, so how about displaying your artistic endeavors? If you would like to participate in this event by sharing your artwork with us, please contact Katie or Ann in Student Affairs, 023 Schweppe Sprague or call x2-6302. Special thanks to Gerry Perry, Reference Librarian for assisting us with the *Art Fair*.



MUSIC RECITAL

Wednesday, February 19th at 4:00 p.m. in the lobby of Room 500 we will be having our annual *Student/Faculty Music Recital*. Talented students and faculty members will be entertaining us with an ensemble of classical favorites. Room 500 is located on the 5th floor of the Professional Building.

You are cordially invited to attend both of these annual Rush events.

FEBRUARY FILM FESTIVAL

The McCormick Learning Resource Center of the Library of Rush University will sponsor a special film series during the month of February titled "The Aesthetics of Black." The festival of four acclaimed feature films celebrates the cultural achievements of African heritage people living in the Americas.

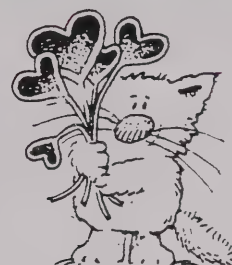
February 6 "Miles of Smiles"
12 noon-1 p.m. Chronicles the Brotherhood of Sleeping Car Porters, the first black trade union. (58 minutes)

February 13 "James Baldwin: The Price of the Ticket"
5p.m. - 7 p.m. A biography of the acclaimed African-American gay author. (87 minutes)

February 20 "Wild Women Don't Have the Blues"
12 noon-1 p.m. A documentary of women blues singers including Ma Rainey, Bessie Smith and Ida Cox.

February 27 "Black Orpheus"
5 p.m. - 7 p.m. A film classic retelling of the Greek Myth of Orpheus and Eurydice set during Carnival in Rio de Janeiro.

All films will be shown in Room 540 of the Academic Facility. Admission is free for RPSLMC faculty, staff and students. Please call the MLRC at x2-6799 for more information.



For all those sleepless nights

and wondering in vain

if all would work out right

and wash out in the rain.

Whether I was safe and warm

and if I had been fed,

where I was and how I was

and if I'd wind up dead.

I know it's not been easy

to love me like you do.

For pain and disappointment

weave all I've put you through.

But on this day, remember

that this for sure is true,

Valentine, you're special

and I REALLY DO LOVE YOU

Happy Valentine's Day

FINANCIAL AID OFFICE
101 SCHWEPPE SPRAGUE HALL
942-6256

ATTENTION:
MEDICAL STUDENTS
APPLICATIONS FOR NATIONAL
HEALTH SERVICE CORPS
SCHOLARSHIPS ARE NOW
AVAILABLE FOR THE 1992-1993
ACADEMIC YEAR

The Financial Aid office will be receiving a supply of applications for first-time National Health Service Corps (NHSC) Scholarship Program awards for the 1992-93 academic year.

These competitive support-for-service scholarships will pay the tuition and required fees for the academic year, a single payment toward the recipients' other reasonable educational expenses, and a monthly stipend of \$767 from July 1992 through June 1993. For each year of scholarship support, recipients owe 1 year of full-time professional practice at mainly rural sites in high-priority health professional shortage areas of the United States to which the NHSC will assign them. (There is a 2-year minimum service obligation.)

These awards are targeted for students who intend to train and practice in primary care specialties (family practice, pediatrics, general internal medicine, obstetrics-gynecology, general psychiatry, osteopathic general practice, and dentistry). Preference will be given to applicants: (1) who are former recipients of the NHSC Scholarship Program or who have received the "Scholarship for Students of Exceptional Financial Need" (EFN); (2) who have characteristics that increase the probability that they will continue to practice in a health professional shortage area after graduation; and (3) who are from disadvantaged backgrounds as certified to the Program by officials of the applicant's health professions school. Because of the desire to select those individuals who most completely meet these criteria, the NHSC will conduct personal interviews with candidates who submit applications for scholarship assistance by the March 27th deadline.

If you have questions about the program, then you may contact the Financial Aid office or you may call the Scholarship Program at 1-301-443-1650, 8:30 a.m. to 5:00 p.m. Eastern Standard Time, Monday through Friday. After office hours, you may call the toll-free number and leave questions and daytime telephone numbers following the taped program announcement, 1-800-638-0824.



**OTHER
SCHOLARSHIPS
AVAILABLE**

The Joseph Collins Scholarship for 1992-93 is available to medical students who have a demonstrated interest in the arts and letters or other cultural pursuits outside the field of medicine. The Joseph Collins Foundation was established in 1951 through a bequest of Dr. Collins for the purpose of aiding needy medical students to complete their M.D. program without sacrificing all other interests in the broad field of learning. The Foundation makes a maximum award of \$2,500 for one year, and the scholarship is renewable. In addition to outside cultural pursuits, the following criteria are also considered: financial need, scholastic record, and an indication that the applicant intends to specialize in neurology, psychiatry, or general practice. If you feel you meet these qualifications, please inform the Office of Financial Aid. The application deadline is February 20, 1992.

The MENSA Education and Research Foundation is awarding scholarships ranging from \$100 to \$1000 to Chicago and Northwest Indiana degree-seeking students. Applicants must submit essays of 550 words or less presenting academic, vocational and career goals. The deadline is January 31, 1992. Contact Financial Aid for applications.

The Auxiliary to The Cook County Physicians Association is offering scholarships to African American medical students who have completed at least one year of studies. The deadline is February 15, 1992. Contact the Financial Aid office for applications.

**1992-93
Financial Aid
Materials
Available**

Financial aid forms and information are available for the 1992-93 year. Materials will be made available in the 7th floor mailroom of the Academic Facility and in the Financial Aid office in 101 Schweppe.

**STUDENT WORKER
NEEDED**

The Financial Aid office has the need of a student to assist Mike Howard with reviewing and preparing student files for Exit Interviews. The candidate for the job should be detail oriented and be familiar with computers. Flexible hours are available. If you are interested in this position, give Mike a call at x26256 or stop by the Financial Aid Office, 101 Schweppe.

THE MEDIEVAL BARBER

Paula Smith, Manager
Rush University Bookstore

The other night, as I played remote control in search of Mr. Ed, I came across an old episode of *Saturday Night Live*. It was a good one with my favorite old cast so I decided to give Mr. Remote a rest. A skit came on called "Medieval Barber" with Steve Martin in the starring role. He was in the midst of bleeding several people to cure their illnesses. (No, his name was not Dr. Rush). He prescribed hanging by the ankles for a man whose legs were crushed by an oxcart. When Jane Curtin accused him of being behind the times and not able to cure her daughter, he explained that a few years earlier, healers would have thought the girl was possessed by demons. Now, he continued, it was a known fact that she had a small troll living in her stomach and that bleeding would help.

At one time I would have just chuckled at this skit and completely missed the "barber" thing. But not now. I found this great new book. One which I thought I would scoop the masses with, but Gary Radner, M3, told me about it as I was trying to tell him. (I can never scoop Gary!) It's called *The Great American Medicine Show*, written by David and Elizabeth Armstrong. Though I haven't finished it yet, I did glean some interesting info on how the cure was usually worse than the illness around the 1700's.

*In England up until 1745, surgeons and barbers were in the same guild. (Who knew *SNL* was historically accurate!)

*Mercury treatments, or calomel, were quite popular. They caused patients to salivate uncontrollably, bleed at the gums, and lose teeth, while having unrestrained bowels!

*Hot plasters were used to cause sweating and blistering. King George III had his head shaved and blistered during a manic-depressive fit. (Women probably tried to seriously hide those PMS mood swings!)

*One doctor from the south prescribed tobacco-smoke enemas for cholera victims.

*Speaking of cholera, in 1840, the rumor mill had it that licking postage stamps caused the plague.

*For that cold bug that's going around, you might want to try ten grains of saltpeter, three or four times a day and a tincture of opium for that nasty cough.

*Cayenne pepper enemas. Enough said! (Try not to think about it too long.)

*Then there were the "puke doctors" who gave patients lobelia (otherwise known as Indian tobacco). These guys gave botanical medicines that were given in "courses" which included powders, tinctures, enemas, teas, and baths. If the patient wasn't vomiting, he was drinking scalding tea. It was noted that there wasn't a lot of literature to substantiate that this remedy ever worked.

*Benjamin Rush took quite a bit of heat in this book for his bleeding practices. But Ben was consistent: on his death bed, he asked to be bled. (Modern doctors think he died of pneumonia.)

*Ben would often drain up to four-fifths of a patient's blood. I'm sure they would have been even more uneasy had they realized he didn't have an accurate idea of just how much blood was in the human body.

***This was worth the price of the book: Benjamin Rush did not personally over-bleed George Washington.** True, a student of Rush's was at George's bedside, and, it was Ben's theories that killed the father of our country (who possibly, it seems, was only suffering from strep throat. I guess that taught Martha to gargle!) Poor George! First there was that cherry tree thing. Then he gets a sore throat and people try to blister his skin, give him mercury and take his blood (32 ounces). Poor thing had to die to get away from them.

Shortly after the *SNL* episode I was talking to a student who had just had her nose suctioned. She appeared a little teary but not swollen, so I was surprised to hear she had surgery done. Less than two years ago, the Roto Rooter Man made a visit to my own proboscis, and I had Bozo Nose and Donald Duck Lip for two weeks. And then there was the thousand miles of packing they pulled out. She didn't have this. Well, I guess I was lucky they didn't stick leeches in my nose, but how quickly ideas change. How long, I wonder, before I find my nose surgery in *The Great American Medicine Show* or presented in a skit on *Saturday Night Live*?



SNA CORNER

The Student Nurses's Association is planning a variety of activities for the winter quarter of 1992. A brief overview is provided here, although a few activities may already be under way as you read this. The earliest event to take place is the Rainbow House Valentine Party on February 14. All nursing students are welcome to come. The Rainbow House is a temporary shelter for battered women and children. The SNA is sponsoring the event and is having a party for the children.

We would like all nursing students who belong to NSNA to begin thinking about the National Convention to be held in Phoenix, Arizona in April. There will be more information concerning cost and what will be provided in our upcoming meetings.

One of our upcoming fundraisers will be a sweatshirt sale. We hope to get it off and rolling soon.

The Student Nurse's Association will be doing something a little different for the next officers who will be taking over in the Spring. We would like all third year students to think about the positions of President, Vice President, Secretary, and Treasurer and who they would like to see from their class fill those positions. The elections will take place at one of the member meetings late in the Winter quarter or early Spring. The new officers will then attend the board meetings with the presiding officers so that the transition may be a little smoother. We want to be able to leave them with some helpful hints and resources for the next year.

Monthly Reminders

Our next member meeting is March 2, 1992. Keep your eyes open for the Band-Aid Man! Please remember to bring in your pictures for the yearbook. They can be dropped off in Student Affairs, 023 Schweppes.

DRUG FREE CAMPUS AND WORKPLACE

Several pieces of Federal legislation have focused on the prevention of alcohol and drug abuse by students and employees. Most recently, Congress passed the Drug-Free Schools and Communities Act Amendment to the Higher Education Act of 1965, which builds upon related laws in the national effort to fight drug abuse.

You should be aware that Rush-Presbyterian-St. Luke's Medical Center is committed to achieving and maintaining a drug free campus and workplace. The Medical Center has established a drug free policy consistent with our commitment and goals. As part of that policy, you should be aware of the following:

- The illegal manufacture, distribution, dispensing, use, sale and/or possession of controlled substances on Medical Center property or while performing Medical Center business is strictly prohibited. A student or employee engaged in any such conduct will be subject to discipline up to and including expulsion or termination. In addition, students and employees are subject to all applicable criminal penalties under local, state or Federal Law for unlawful possession or distribution of illicit drugs and alcohol.
- Students and employees must report to the Medical Center any conviction for violation of a criminal drug statute occurring within the Medical Center within five days of the conviction.
- The health risks associated with the use of illicit drugs and the abuse of alcohol are many and varied. Some drugs may cause psychological and physical dependence or addiction. Others attack the central nervous system, making the user dangerous to himself and others. In the extreme, they can result in convulsions, psychosis, coma, and possible death.
- Assistance is available for any student experiencing problems from, among other things, drug or alcohol abuse or dependency. Students may seek assistance through the Student Counseling Center by calling extension 2-3687. Employees may obtain assistance by contacting the Department of Social Services at extension 2-5358.

- This policy is a condition of enrollment which all students accept by continuing to study here. In addition, it is a condition of employment which all employees accept by continuing to work here.

1992 MEDICAL CLASS SENIORS (M4'S)

Remember to **turn in your yearbook page by March 13th** to Student Affairs. If you have questions or need help, call (312) 736-4860 or 226-2910.

A committee has been formed to begin work on the **Class of 1992's Senior Skit Night**. We are asking **YOU** to get involved with this project. The show will need everything from **ACTORS** to **WRITERS** to **USHERS** to **STAGEHANDS** to **AUDIENCE**. Bring your experience (or better yet, your inexperience) to our next meeting (the one you are going to find out about when you call us).

The show has been tentatively scheduled for Friday the Thirteenth of March (five days before match) - a date chosen for no apparent good reason that we can remember. **So Call:**

- Russell Bartt (708) 510-0832
- Steven Singer (312) 235-9072
- Paul Severin (312) 243-6204
- Roy Eenigenburg (312) 736-4860



FALL QUARTER 1991 DEAN'S LIST

Congratulations to the following Medical Technology Students who earned at least a 3.50 quarterly grade point average for a full-time course load during fall quarter 1991.

Philip De Boo
Kenneth Hugh
Brian Zmuda

ORDER YOUR DIPLOMA



Eligible students who are graduating before December 1, 1992 should be sure that their **"Intent to Graduate"** order forms have been completed and sent to the Office of the Registrar. **If you have not received this form from the Registrar's office, you must call them at x2-5681 as soon as possible.**

NOTES OF INTEREST...

RESUME WRITING WORKSHOP

WHEN: February 10th at 12:00 noon
Contact Ann in Student Affairs, x26302
for more information

RUSH UNIVERSITY BOARD MEETING

WHEN: February 12th at 5:00 p.m.

WHERE: In the Student Affairs Lounge,
023 Schweppe Sprague.
New and returning members welcome!

GAY AND LESBIAN SUPPORT GROUP FORMING

Several gay and lesbian Rush students would like to form a support group and would like to extend an invitation to other students, faculty and staff to join them. The purpose of the group would be to share common concerns and to increase feelings of community at Rush. They envision monthly meetings in a secure site at Rush.

If you are interested, please telephone Dr. Marilyn Johnson at x23687 and she will have a group member contact you.

COLLEGE OF NURSING NEWS

PRELICENSURE GRADUATES, WINTER, SPRING & SUMMER '92

Dr. Haynes is planning a session for "ORIENTATION TO THE NCLEX - Policies and Procedures" for Monday, March 2, 1992 from 12:00 - 1:00 p.m. You will receive the NCLEX applications, Work Permit Request forms and other related materials at that time. Please plan to attend.

The NCLEX Diagnostic Readiness Test is planned for Monday, March 16, 1992 from 2:00 - 4:00 p.m. This test is designed to give you information about your state of readiness for the NCLEX exam and what areas you need to improve.

PRELICENSURE AND GRADUATE STUDENTS WHO ENROLLED FALL '91

The Student-Faculty Advisory Committee is working on ways to improve new student orientation. Forms will be distributed in PHR 301 for prelicensure students and graduate students will get forms in their mail folders. Please complete and return the forms to the box in 023 SSH (Student Affairs) by February 14th. Thanks for your assistance.

ILLINOIS HOSPITAL ASSOCIATION SCHOLARSHIP APPLICATION INSTRUCTIONS AND POLICIES OF THE SCHOLARSHIP AWARDS COMMITTEE

Please read carefully the information below:

I. Eligibility for Scholarship:

1. Any person accepted into, or currently enrolled in a hospital-related health care professional curriculum is eligible. Consideration is limited to students who have been accepted in a health care profes-

sional sequence; that is, when courses are open only to student candidates for the degree or certification. (For instance, pre-nursing, pre-medical, pre-pharmacy applicants are not eligible until they are accepted into nursing clinics, medical school, etc.)

2. Applicants enrolled in an associate degree or hospital-based program will be considered their first year.

3. Applicants must be Illinois residents.

4. The school to be attended need not be an Illinois institution, however, it must be accredited or recognized as an approved program by the appropriate agencies.

5. Students having less than one academic year remaining until graduation are not eligible for consideration.

6. In order to be competitive, a 3.5 GPA out of 4 points or a 4.5 GPA out of 5 points is necessary.

II. Facts pertaining to Scholarship:

1. IHA scholarships are given on an academic year (4 quarters or 2 semesters), based on a student's scholastic achievement, financial need and the availability of funds.

2. A \$500 award to be applied toward tuition, fees, or books will be sent to the authorities as designated by the scholarship recipient.

3. If a recipient drops out of school while the award is in effect, funds must be returned commensurate with the school year remaining. For example, for one-half of the academic year, one-half of the award must be repaid.

4. Selection of recipients is made in mid May. Only the scholarship recipients will be notified.

III. Applicant's Responsibilities:

1. Direct questions and all documents to: Scholarship, The Illinois Hospital Association, at the Center for Health Affairs, 1151 East Warrenville Road, P.O. Box 3015, Naperville, IL 60566.

2. Completed application and references must reach IHA by April 15, 1992. INFORMATION: SCHOLARSHIP APPLICATIONS MAY BE OBTAINED FROM THE OFFICE OF STUDENT SUPPORT SERVICES, 1418 SSH.



MILK AND COOKIE DAY

Take a few minutes out of your busy schedules! Treat yourself to a special treat of milk and cookies. Wednesday, February 12th from noon until 1:00 p.m. we'll have the goodies for you in the auditorium of Schweppe Sprague. Students and Faculty are welcome!



RECORD A HIT T.G.I.F. FEBRUARY 21ST

Grab your friends or do a solo and record your favorite song with the Record A Hit Company. Song sheets and background music will alleviate your stage fright. It'll be a lot of laughs and fun so don't miss out on one of the best T.G.I.F.'s of the year. Each "group" gets a free video of their act. Recording is done on a first come, first serve basis so get to the auditorium in Schweppe early and sign up! The February 21st T.G.I.F. starts at 4:30 p.m. and the recording will begin at 6:00 p.m. Come on out and have a good time!

SPECIAL THANKS

Special thanks to THE DEPARTMENT OF RELIGION, HEALTH, AND HUMAN VALUES for sponsoring the Sports T.G.I.F. held on January 10th. The busy workers included Joanne O'Reilly, Dan Rascon, Larry Burton, Ed Stivers, Kirsten Peachey, Debbie Reed, and Laurie Willis.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

During the past year, have you

- gained or lost weight dramatically?
- abandoned several diets?
- used laxatives, diuretics or emetics for weight control?
- eaten compulsively (binged) to the point of physical distress and emotional despair?
- vomited after eating for weight control?
- limited your food intake to a few hundred calories per day?

If you answered yes to more than one of these items, you probably know that you have an eating problem. The term "eating disorders" is used to encompass anorexia nervosa, bulimia (sometimes called the binge-purge syndrome) and related problems. Eating disorders are commonly considered to be "women's problems"; in fact, 9 to 10 cases of anorexia nervosa and bulimia occur in girls or women. Men are exhibiting these disorders more frequently than in the past and some male runners' compulsive behavior regarding food and exercise may be related to anorexia nervosa; nevertheless, most sufferers are female. It is estimated that such disorders now strike more than one in every 200 teenagers.

It is useful to be able to recognize the symptoms of anorexia and bulimia. Both may suffer some of the same physical symptoms: extreme weight change, hypothermia, insomnia, constipation, skin rash and dry skin, loss of hair and nail quality, dental caries and periodontal disease, and cessation of the menstrual cycle. Both may exhibit some of the same behavioral and emotional characteristics: unusual eating habits, hyperactivity and high interest in exercise, use of laxatives, diuretics, emetics and diet pills, low sense of self-worth, low sense of self-control, high achievement, denial, and inability to think clearly.

The anorexic and the bulimic are similar in pursuing thinness relentlessly, in the compulsive nature of this pursuit. They differ in that the anorexic usually starves herself although she may also use purging methods. Most bulimics alternately binge

and purge; both may engage in exhausting physical activity. The anorexic's physical appearance is more striking in that she looks increasingly skeletal while the bulimic may or may not appear thin. The anorexic denies being too thin and strongly resists efforts at feeding. The bulimic may be secretive and embarrassed about her habits but she admits her conflicts about food.

The etiology of eating disorders has been examined from a number of perspectives: the intrapsychic, the interpersonal, and the social-political. The intrapsychic perspective, growing out of psychoanalytic theory, views the pursuit of thinness as the effort to achieve eternal youth, to avoid puberty and the development of sexuality. Anorexics in particular show none of the curves and other sexually appealing qualities which signal womanhood; rather, they present the thin-hipped, breastless appearance of the young boy.

The interpersonal perspective focuses on the female's relationships with family members who may urge her to lose weight, with peers whose slim bodies may intimidate the overweight woman, and with authorities (teachers, supervisors, coaches) whom they wish to please by demonstrating great self-control. The social-political perspective focuses on the importance of physical appearance to women. As long as our society dictates that women must be thin in order to win husbands and to be sexually appealing, women will continue to abuse their bodies to do so. Despite some of the gains made by women over the past decade, most people still agree with the Duchess of Windsor's remark that "No woman can be too rich or too thin."

For a long time, psychoanalysis and psychoanalytic psychotherapy were the only treatments for anorexia nervosa and other eating compulsions and so the intrapsychic explanation prevailed. Then behavior therapy emerged, conceptualizing eating problems as bad habits learned in an interpersonal context. Still, recidivism has remained fairly high in eating control programs and so the search continues for methods to help those suffering from eating compulsions. The social-political and the interpersonal perspectives have been inte-

grated both as explanations of problems in eating and as solutions of these problems by Susie Orbach, author of "Fat is a Feminist Issue" (in paper). According to Orbach's theory, we eat compulsively not only for the immediate satisfaction it provides, but to protect or enhance certain parts of ourselves. Orbach has developed a model for self-help groups for compulsive eaters. In these groups, the women are encouraged to explore the meaning of being fat and being thin. After the group members accept the fact that change will be neither instant nor miraculous, they often gain greater self-knowledge as well as healthy weight loss.

For further information on eating disorders, you might want to contact the National Association of Anorexia Nervosa and Associated Disorders (ANAD), P.O. Box 271, Highland Park, IL 60035 or telephone 831-3438. Or you might prefer to speak to a member of the Student Counseling Center staff.

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In Maine

*they tell of an old man
walking along the beach
with his grandson, who
picked up each starfish
they passed and threw it
back into the sea. "If I
left them up here," the
boy said, "they would dry
up and die. I'm saving
their lives."*

*"But," protested the
old man, "the beach
goes on for miles, and
there are millions of
starfish. What you are
doing won't make any
difference."*

*The boy looked at the
starfish in his hand,
gently threw it into the
ocean, and answered: "It
makes a difference to
this one."*

-President George Bush

WHY I LOVE VALENTINE'S DAY

Katie Henry-Schill
Director, Student Affairs

Ever since I was little I can remember my mom making Valentine's Day special for all of us. In early February the homemade valentine box that my brothers and I had made was put out in the dining room. We'd shake the box and peer in the slot to see if we could determine how many valentines we had.

Along with the cards came the heartshaped cake and the homemade Valentine's Day cookies that my mom had been eating since she was little. The "quickie version" about how this favorite recipe came into our family was that her teacher brought these in and "mom" liked them so much that she had my grandmother get the recipe from her teacher.

I can recall my 3rd grade Valentine's Day party and being allowed to invite all my little friends over. We had decorations, heartshaped candy, and my all time favorite *Russell Stover Strawberry Marshmallow Chocolate Covered Hearts*. The party was a success with the exception of one minor accident in which Diane Xagorais (fellow 3rd grader) threw up her chocolate strawberry heart in our first floor bathroom. Luckily it was near the end of the party but of course I'll never forget her!

The heartshaped cake, candies, and cookies followed me to prep school and college along with the tradition of exchanging cards with family and friends.

My junior year at prep school I received an extra large box of chocolates from my good friend Ed Brown. My roomie, Jami, and I had a great time. We decided that since we each had our favorites, the only rational thing to do was bite into each one and trade with each other. Calories were obviously not of concern.

With some of those memories along with the annual rituals that are familiar makes me look forward to Valentine's Day even more. As for my husband. . . he loves it because he gets the homemade goodies!

This Valentine's Day why not pass a little happiness to someone else? Here is that recipe that I hope you'll enjoy. Happy Valentine's Day!



Valentine Cookies

(makes 6 - 7 doz.)

1/2 cup butter
1 cup sugar
1 tsp. vanilla
2 eggs
2 1/2 cup sifted flour
1/4 tsp. nutmeg
1/2 tsp. salt
1 tsp. baking powder



Cream butter in a large mixing bowl. Add sugar, vanilla, and unbeaten eggs and beat until light. Add flour sifted with nutmeg, salt, and baking powder. Mix well and chill for 2 hours. Roll thin and cut into fancy shapes, (hearts, etc.). Bake in moderate oven at 350 degees for about 10-15 minutes or until light brown. Enjoy!

ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00 p.m., it's a night out at the movies. The movie is shown in the Student Affairs Cinema (S.S.023). Join us for the best in film entertainment and some free popcorn!

THE LONG WALK HOME - February 5th

Starring: Sissy Spacek, Whoopi Goldberg
A proper Southern housewife (Sissy) and her quiet, unassuming maid (Whoopi) take a courageous stand against racism, oppression, and ignorance during the Montgomery, Alabama, bus boycott. This movie is "a powerful and compelling drama that faithfully captures the spirit of a watershed event in U.S. history" according to *Coretta Scott King*.

MOVIE

TO BE ANNOUNCED - February 12th

THE FIVE HEARTBEATS - February 19th

Starring: Robert Townsend, Michael Wright, Leon

A terrific story of five friends who pursue their dream of making music together as the '60s unfold. A dazzling celebration of African-American music - from Motown to rap.

CITY SLICKERS - February 26th

Starring: Billy Crystal, Daniel Stern, Bruno Kirby, Jack Palance

Yesterday they were businessmen. Today they're cowboys. Tomorrow they'll be walking funny. These wild and crazy guys go on a cattle drive trying to recapture their lost youth. What they do is outlive a mid-life crisis with unbridled hilarity!



CLASS ACTION - March 4th

Starring: Gene Hackman, Mary Elizabeth Mastrantonio

Sparks fly when a civil liberties lawyer and his conservative daughter, a brilliant corporate attorney, clash in a controversial lawsuit that will either bring them together or tear them apart forever.

JACOB'S LADDER - March 11th

Starring: Tim Robbins, Elizabeth Pena

Wow! Adrian Lyne pushes the boundaries of terror to the limit! In one of the most disturbing films you'll ever see, a Vietnam veteran searches for an explanation to the frightening hallucinations that are destroying his sanity.



RUSH UNIVERSITY AEROBICS CLASSES

Keep those New Year's resolutions! Join aerobics classes for students. Keep fit, relieve stress, and have fun at the same time! Maybe you've gotten out of the habit of exercising, feel sluggish, or are hesitant about exercising with others. Well, put all those worries aside and attend the next aerobics class! A pass may be purchased for \$25.00 or pay as you go at \$2.00 a class which must be paid in Student Affairs before the class.

Aerobics classes meet every Tuesday and Thursday at 7:00pm in the Schweppe Auditorium. You can stop in Student Affairs and sign up today!

For more information about Rush Aerobics, contact Katie in Student Affairs at x26302. Don't miss out on a chance to keep fit and relieve stress!

What They're Reading on College Campuses

1. **Scientific Progress Goes "Boink,"**
by Bill Watterson
2. **You Just Don't Understand,**
by Deborah Tannen
3. **Unnatural Selections,**
by Gary Larson
4. **The Plains of Passage,**
by Jean M. Auel
5. **Needful Things,**
by Stephen King
6. **The Seven Habits of Highly Effective People,**
by Stephen R. Covey
7. **Possession,**
by A.S. Byatt
8. **Scarlett,**
by Alexandra Ripley
9. **Four Past Midnight,**
by Stephen King
10. **The Education of Little Tree,**
by Forrest Carter

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PUKIN' DOGS OUTRUN PSYCHOPATHS

Congratulations to the "Pukin' Dogs" (see picture at right) who captured the 1991-92 Rush University Flag Football title last quarter. (Yes... this article is a bit late). Sub-zero temperatures and driving snow did not stop the "Dogs" from outrunning the closely matched "Psychopaths". Way to go "Dogs"!



*Effort only fully releases its reward after a person refuses to quit.
-Napoleon Hill*



NCF FOOD DRIVE HEADING FOR SUCCESS

Thanks to everyone's generous effort, the food drive sponsored by the Nurse's Christian Fellowship and the Office of Student Affairs is heading for success. Stay tuned for an update in the March issue of the Rush Reporter!



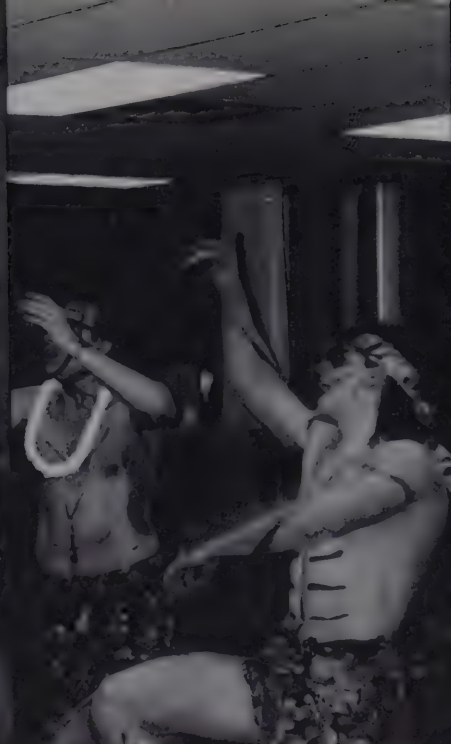
**DON'T FORGET TO ATTEND THE ANNUAL STUDENT FACULTY MUSIC RECITAL ON FEBRUARY 19TH AT
AT 4:00 P.M. IN THE LOBBY OF ROOM 500. HOPE TO SEE YOU THERE!**

OPEN...MIKE...NIGHT

**Friday, March 6th
8:00 p.m. - Midnight**

We're looking for talent! Come all ye singers, musicians, comedians, dancers, magicians, and entertainers with "unusual talents". This is your **BIG** chance! If you and your friends have a skit to perform, a song to sing, an unusual talent to share, etc., contact Katie, Ann, or Cheryl in Student Affairs, 023 Schweppe, x26302. Open Mike Night, held in the Schweppe Auditorium, is sponsored by the Medical College Academic Advisors.





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Editor: Cheryl Casarez
Contributing Editors: Ann Cocks and
Katie Henry-Schill

RUSH REPORTER

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SECURITY TIPS

by Lt. Willie Weston

Everyone is susceptible to criminal attack in areas of limited visibility. This is especially true for women. Criminal perpetrators feel that darkness lessens the opportunity for detection. The majority of these offenses are committed by persons of greater physical strength than the victim. Offenders may suffer from mental health problems, alcohol or drug addiction, or economic repression.

Your security department is providing intense patrol coverage of the Medical Center and its immediate surroundings. Unfortunately, this does not guarantee your protection against some type of attack. We must rely on individual employees and students to take precautions for their own safety within the Medical Center district.

Use these basic rules for your overall safety and to decrease the possibility of having your purse or jewelry snatched:

- Do stay alert; keep your mind on your surroundings. Note who is in front of you and who is behind you. Don't get distracted. If you are concerned about your personal safety, use the buddy system.

- Do convey the message that you are calm, confident and know where you are going. Make eye contact with people around you.

- Do trust your instincts. If you feel uncomfortable in a place or situation, leave.

- Plan the safest route to your destination and use it. Choose well lighted routes; be alert when passing vacant lots, alleys, or construction sites. Take the long way if it is the safest way.

- Walk facing traffic so you can see approaching vehicles.

- Look in elevators before getting in to be sure no one is hiding. Stand near elevator controls. If you have concern about some-

one who is waiting for the elevator with you, pretend you forgot something and don't get in.

There are many individuals with criminal intentions. You may meet them on the streets, in theatres, restaurants, public places . . . even on public transportation. Do not be deceived by a friendly manner. These people may even attempt to enter your home. Insist on identification from salesmen and repairmen and do not hesitate to phone their employer for verification.

We urge you to be extremely alert at all times and follow the above suggestions; and if you are aware of a crime within the Medical Center, please report it to your Security Department at extension 2-5678.

M4'S - MEET YOUR MATCH!

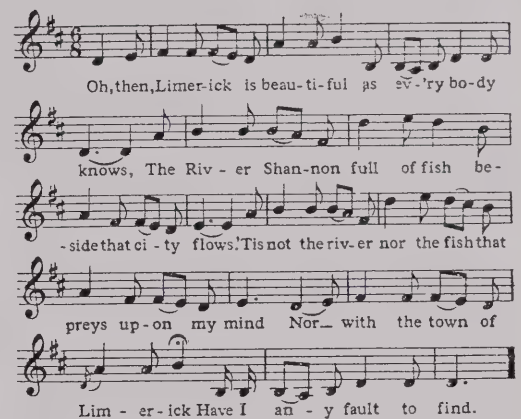
Match Day will be on Wednesday, March 18th in Room 500. We would like you to be in Room 500 by 10:30 a.m. on that day. At that time you can vote for faculty awards, place your order for invitations and get measured for your cap and gown (if you haven't already done so). Invitations and name cards are priced as follows: the first 25 invitations are free. Additional invitations are 10 for \$3.00. Blank name cards are free and printed name cards are 50 for \$5.00. Bring your checkbook or cash (exact change please!) along if you want to order extra of anything.

FORWARD..

LIMERICK IS BEAUTIFUL



(Irish Street Ballad)



Oh, the girl I love is beautiful and fairer than the dawn,
She lives in Garryowen and she's called the Colleen Bawn.
But proudly as the river flows beside that fair ciúe,
As proudly and without a word that colleen goes by me.

Oh then, if I was the Emperor of Russia to command
If I was Julius Caesar or Lord Lieutenant of the land.
I'd give my fleet, my golden store I'd give up my armie
The horse, the rifle and the foot and the Royal Artillerie.

I'd give my fleet of sailing ships that range the briny seas
I'd give the crown from off my head, my people on their knees
A beggar I would go to bed and proudly rise at dawn
If by my side, all for a bride, I found the Colleen Bawn.

Eistigi
Tá Lá le Pádraig
ag teacht !!

March!

FINANCIAL AID OFFICE
101 SCHWEPPE SPRAGUE HALL
942-6256

FINANCIAL AID NEWS

The Illinois Hospital Association is offering \$500 scholarships to qualified students enrolled in hospital related curricula. Applicants must be Illinois residents with a 3.5/4.0 GPA. The deadline is April 15, 1992. Contact the office of Student Support Services at 1418 SSH or the Financial Aid office.

National Medical Enterprises, Inc. is offering service scholarships of \$1,500 and \$5,000 to students in their final year of a health care program. Candidates for an associate, diploma, bachelor's or master's degree may apply. They must have a 2.5 or better G.P.A. In exchange, applicants must fulfill a work commitment of one year at the sponsoring facility, or become liable for repayment. Contact the Financial Aid office for brochures.

The Cook County Sheriff's Office is seeking applicants for five scholarships of \$500 each to students residing in Cook County. Full-time undergraduates of all disciplines may apply. The deadline is March 15, 1992. Applications are available in the Financial Aid office.

The National Association of American Business Clubs is offering scholarships to qualified students of clinical therapy. Included are occupational and physical therapy, speech pathology, audiology, and therapeutic recreation. You must document financial need and have a minimum 3.0/4.0 G.P.A. The deadline is April 15. Applications are available in the Financial Aid office.

The DuPage Medical Society Foundation is accepting scholarship applications from students enrolled in health related programs. They must demonstrate financial need and be residents of DuPage County. The deadline is April 30. Applications are available in the Financial Aid office.

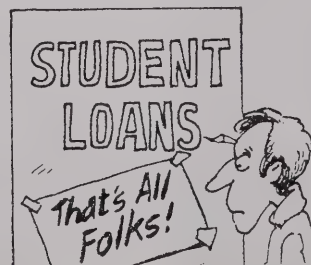
**1986 TAX LAWS
TREATS SOME
GIFT AID AS
TAXABLE INCOME**

Students that received scholarship and gift assistance in excess of educational costs may be required to report some of the gift aid as income. The Tax Reform Act of 1986 changes the reporting requirement of gift aid. Specifically, the changes provide that if the total amount of scholarships and/or grants received in the calendar year (January 1991 through December 1991) exceeds the amount paid for tuition and "related expenses", the excess must be included in the recipient's gross income. Related expenses are books, supplies and instruments.

The responsibility for filing any excess rests with the individual student, since Rush University has no filing responsibility with the IRS or with the individual student. Contact the Financial Aid office if you have questions.

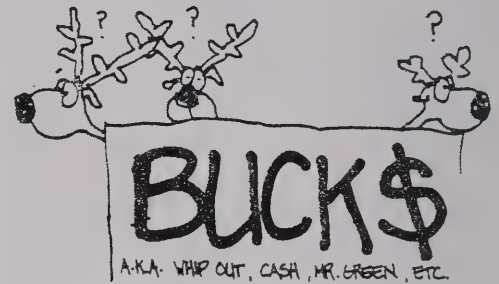
**EXIT INTERVIEWS FOR
SPRING GRADUATES**

Students who received federal, state or institutional loans will be required to have Exit Interviews prior to graduation. The Financial Aid Office will be sending information about the Exit Interviews to selected students. Your cooperation in attending the scheduled Exit Interview is appreciated!



**1992-93
FINANCIAL AID
MATERIALS
AVAILABLE NOW**

1992-93 application information and the Financial Aid Form (FAF) are available NOW from the Financial Aid office or in the 7th floor AcFac mailbox area. You should be picking up three items, namely, the 1992-93 Financial Aid Handbook, the FAF need analysis form and the Statement of Educational Purpose. The priority deadline for submission of the FAF is May 15.



RUSH JOB GUIDE

OFFICE ASSISTANT - A student is needed 10 hours per week in Maternal Child Nursing for general office duties. \$6.25/hour. Contact Rose Burgos, x2-6604.

CLERICAL - The Finance Department is looking for a College Work Study student for 10 to 20 hours per week for general office duties. \$6.00/hour. Contact Bill Tice, x2-5613.

NURSING RESOURCE LAB ATTENDANT - A College Work Study eligible nursing student is needed 12 hours per week to monitor computers, video equipment and conference rooms; answer phone; check and set up supplies; and secure facility at closing. \$6.00/hour. Contact Xavier Smith, x2-6953.

COLLEGE OF NURSING NEWS

Graduates to be!! Mark your calendars! Tell your folks! Convocation is coming Friday afternoon, June 12, 1992 from 1:00 to 3:00 p.m. in the Atrium Lobby. All prelicensure students who graduated in December or who will graduate in March, June, or August are eligible to participate and receive their pins. The Alumni Association purchases the school pins as gifts for the new graduates.

AWARDS!!

Descriptions of the awards will be placed in your mail folders before the end of the quarter. Graduate and undergraduate students should review papers written for courses and consider submitting them for the writing award. Graduate and undergraduate students who have excelled in professional and/or community service activities should seriously consider applying for the Professional Service Award.

STUDENT INFORMATION SHEET

All College of Nursing students should have received a Student Information Sheet by now. An important category was inadvertently omitted so please add a section on professional and/or school organization membership and leadership.



VACATIONS COMING!

GERONTOLOGICAL NURSING AWARD

Undergraduate nursing students interested in care of the elderly are encouraged to apply for the "Excellence in Gerontological Nursing Award". The award is \$100.00 plus a plaque which will be displayed on campus. It will be presented at the annual Convocation in June.

Criteria for selection are GPA of 3.0 or better, two letters of recommendation from nursing faculty, and submission of an original work related to care of elderly or issues on aging.

The deadline for submitting an application and the above documents to the Gerontological Nursing awards Committee is April 15, 1992. Applications are available in Dr. Barbara Haynes' office, 1418 SSH, and the Gerontological Nursing Office, 424 JRB. For further information contact Lynn Sivertsen at extension 2-6275.



HINES NURSING PROGRAM

WHAT... Nursing "Valor" Program (Veterans Affairs Learning Opportunities Residency)

WHERE... VA Hines Hospital

WHEN... Summer 1992

WHO... Students from an NLN accredited baccalaureate program who have a 3.0 GPA.

U.S. Citizenship is required.

WHY... To develop competence in a nursing specialty area:

- Intensive Care
- Surgical
- Medical
- Respiratory
- Cardiac
- Spinal Cord Injury/Rehabilitation
- To learn about the VA health care system

Special salary, minimum 400 hr. appointment.

HOW... For an application, contact
Nancy Stigman-Edwards,
Nurse Recruiter.

Call or write: VA Hines Hospital
P.O. Box 1429
Bldg. 1, Rm G408
Hines, IL 60141
(708) 216-2019

SNA CORNER

ACTIVITIES

On Valentine's Day, February 14th, members of the Student Nurse's Association volunteered their time and gave a party to the children at Rainbow House (a shelter for battered women and children). The party was very well received by the children who enjoyed games, prizes, food, and activities planned by SNA. Members who participated included Amy O'Hare, Lynda Duerksen, Carmen Petrizzo, Kelly Schlenk, Kathy Halvey, Katie Henry-Schill, Becky Nichols, Stacy Haas, and Mary Harless. Special thanks to Maggie McGuire and Kim Trammel for their help.

MONTHLY REMINDER FROM SNA

Nursing students please check your mailbox regarding yearbook information. Don't forget to keep bringing in those PICTURES. Also, the March 2, 1992 member meeting has been changed to March 9, 1992. The meeting is at noon in Room 303 Schweppe. New Officers will be announced!

ATTENTION 1992 GRADUATES

Nursing, Health Sciences, Graduate College, Medical College. . . ARE YOU READY?

Start crossing off your calendars now for commencement at Medinah Temple on Saturday, June 13th at 2:00 p.m. We are still taking your cap and gown measurements and invitation orders, so stop by Student Affairs, Schweppe 023. Don't worry, it will take only a few minutes and we promise we won't talk about your weight. Instead we'll remind you to attend the Ice Cream Day on March 11th.

IS STUDENT WRITING A DYING ART?

by Michael J. Harris, PhD, MBA
Director, Academic Skills Center
Rush University

In the scientific/technical academic environment of Rush University, where learning to skillfully apply the methods and facts is highly valued, there is equal value in developing one's skills as a communicator in writing. This is especially true for those students whose program requires them to read and analyze professional journal articles and books. The importance of having writing competence is twofold:

(1) Synthesizing what one reads and putting it into writing sharpens the thinking process.

(2) Communication is enhanced when the sender of a message is able to satisfy the needs of its receiver.

We live in an age in which the power of visual messages is quite overwhelming. Much energy is expended by advertisers in television and print media spots to get us to buy products and services. There are both extreme and subtly psychological persuasive messages sent in advertising. Walter Fox, a journalism and American studies professor at West Chester (PA) University and a syndicated columnist for the Los Angeles Times, observes that his journalism students have no trouble spotting these messages and are able to accurately evaluate them as effective.

The use of these media for communicating educational messages is woefully small. Students are not taught about and, seemingly, have little interest in the power of reasoned argument or in the investigation of how critical analysis and discussion (both verbal and written) can advance knowledge in a field perhaps even as much as an elegant scientific experiment or a "breakthrough" technical achievement.

During the past six years, I have reviewed, edited and made comments on

the writings of dozens of Rush students, from the graduate college, the college of health sciences and from the college of nursing. Most of the work has been short papers and term papers, but some has been on master's or doctoral thesis projects.

Aside from the editing of grammar, spelling and punctuation which can be expected in any writing, I have gotten the impression that much of what Rush students write could be interpreted in terms of "I have to get this finished and turned in by 3:00 p.m.". I will grant that the quarter system imposes time restrictions, but that ought not be an excuse to avoid the responsibility of thoughtful consideration of the subject. Even a short paper should be more than a "cookbook" response to an instructor's assignment.

A number of students who bring papers to me for review, include with them the guidelines provided by the instructor. I fear that many of these students miss the opportunity to turn a routine writing assignment into a uniquely creative, thoughtful, well-reasoned piece of writing that goes beyond paraphrasing journal articles or book chapters.

Much of the reference material is merely factually reported and is not viewed with a critical eye. The danger here is that flawed, inaccurate or patently wrong information is propagated. Walter Fox states that "students seem to be . . . uncomfortable when confronted by writing that goes beyond the mere statement of facts or news to express a judgment on those facts or to advocate a course of action based on that judgment." He is puzzled by and asks why so many students fail to question the sense of an argument, whether or not it is supported by facts and whether or not the conclusions are sound. Mr. Fox speculates that the present generation (and I suspect that the previous generation) of students have been so bombarded by the psychological appeals of print media and television that they may not be able to deal with logical argument.

I am inclined to agree with Mr. Fox about the decline in the interest about or perhaps in the ability of many students to "filter" visual input. I am persuaded then that the communication skills (particularly writing) of these students is necessarily impaired and that making creative, rational syntheses of what they read and see may explain the uninspired and uninspiring writ-

ing produced by so many students.

The moribund nature of student written expression is reason for concern. Can we expect to have or does it matter if we have an impact beyond the ivy-covered halls of academe? Is technical skill enough? When we have moved into the world of work, should we be concerned about the critical issues of our respective professions? Can one's skill in the written expression both in our health profession specialty and in other relevant areas of our lives make a difference?

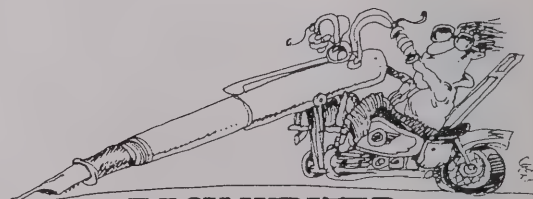
It would seem that spending some time now to develop our writing art, to give it higher priority would be time well spent.

NOTE: There are still opportunities for students in the Colleges of Health Science and Nursing and in the Graduate College to serve as paid, work/study tutors. The greatest demand for this free service has been from nursing pharmacology students, but there have been occasional requests for physiology, biochemistry and medical technology.

Qualifications for tutors are:

1. Successful completion (A, B or High Pass) in the tutored discipline and/or
2. Recommendation by an instructor in the tutored discipline.
3. Eligibility for work/study funds.

Those who would like tutoring may contact the Academic Skills Center, 418 AcFac or call 942-3227. Any student in any of the three colleges' programs is free to use this service. There is no charge to tutees for the service. Tutees must make their own arrangements to meet with tutors. Service will be provided, if tutors are available, until funds are exhausted. Students seeking tutorial help are reminded to make full use of faculty assistance first.



EASY WRITER

OCCUPATIONAL THERAPY CLUB FUNDRAISER A BIG SUCCESS

The Occupational Therapy Club of Rush University would like to thank the students, faculty, and Student Affairs for supporting our raffle and fundraiser. With your help, we were able to raise money to buy adaptive equipment for disabled individuals within the community and also supplement funds for Rush occupational therapy students to attend national conference. We appreciate your generosity and hope that those who attended the raffle at Hawkeye's had a good time!

The winners of the raffle prizes are as follows:

- Brunch at the Inn - Joe Slinn
- Two Cineplex Odeon Movie Theatre tickets - Barry Riskin
- Dinner at Cracker Barrel - Calyn Rodgers
- Two tickets to Auto Show - James Randall
- Three months membership to Chicago Health Club - Sara Wellhausen
- Two appointments with Massage Therapist - Linda Burns
- One month membership at Chicago Health Club - Lou Arrigoni
- Ten coupons at Discover Cafe - Maggie H.
- Two tickets to Candlelight Dinner Theatre - Steve Leinenweiz
- One appointment with Massage Therapist - Linda Chmielewski, Jeff Zigman, Eric Wellhausen, Bill Flynn.
- Dinner at Chicago Bagel Authority - David Bushland, Anthony Falbo, Stacy Haas
- Eight week Yoga lesson - Laura Innis
- Lube, Oil and Filter - John Caravello
- Gift Certificate at Inside Track Music Store - Phil Kurz
- Party at Kincaid's Bar - Sonja Tanton, John Caravello
- Cut and Style at Taylor Trimmers - Catherine Genetti
- Meat Basket - Ed Maslovicz
- Two Cineplex Odeon Movie Theatre Tickets - Ann Monaco
- Hand-made Crystal - Tord Alder
- Bottle of Wine - Carol Locascio
- Weekend Night at Marriott - Karen Rittle
- Weekend Night at the Westin - Norma Rivera
- Gift Certificate at Sybaris - Steve Ploum
- \$25.00 Rush University Bookstore Gift Certificate - Marie Aldridge.

WHERE TO STUDY?

Students have asked where they can study on campus when their favorite place is taken.

THE LIBRARY OF RUSH UNIVERSITY

The Library contains about 300 seating locations for studying. Two small conference rooms (593, 595) are on the 5th floor and two conference rooms (791, 793) are on the 7th floor. These rooms are scheduled by the Registrar's office for classes and meetings or they are open to anyone if not in use. Please call Denise at 25681 to see if a room is free. Two additional small conference rooms (794, 796) are located at the north end of the 7th floor and are open to anyone at any time.

MCCORMICK LEARNING RESOURCE CENTER (MLRC)

The MLRC has six media viewing rooms open 24 hours a day, seven days a week. During MLRC service hours, these are scheduled by MLRC personnel for audiovisual use. Audiovisual users are given priority on use of these rooms, but the rooms may be used for general study when not reserved for media viewing. Open carrels are available to everyone on a first come-first served basis. All personal materials are your responsibility; be careful when leaving them unattended.

ACADEMIC FACILITY

Rooms 710, 711, 712, and 713 are heavily scheduled during the evening hours so call Denise at 25681 to see if any of these rooms are available. Rooms 724, 725, 740 - 743, and the multidisciplinary laboratory open area may be used all night.*

SCHWEPPE-SPRAGUE HALL

Any classroom on the 2nd or 3rd floor may be used when not scheduled by the Registrar's office. Schweppe entrance doors are locked at 9:00 p.m. After that time you may leave but you cannot get back in the building unless you are a resident.

PLEASE NOTE:

•Rooms are priority scheduled for class use and other meetings and must be relinquished to those that have them scheduled. Check with Denise (25681) about availability.

•Students may not reserve a room for study as classes and other meetings may need the space. You may check to see what space is currently free by calling Denise at 25681.

•Housekeeping staff must be allowed to clean the rooms. If you are using a room and they say they must clean it, kindly vacate for the few minutes it takes or move to another space until they are finished.

•Wear your student I.D. when studying after hours. Security personnel should ask you to leave if you cannot provide identity as a Rush student.

•When you are ready to leave a room, please toss your trash, straighten the chairs and erase the blackboards so the room is ready for morning classes or meetings.

*At night you should study in groups of two or more for personal safety. Do not leave the room or one of the carrels for more than a few minutes without taking your belongings with you. Leaving them unattended encourages theft.

COOL T-SHIRTS AND SWEATSHIRTS

The Occupational Therapy Club is selling T-shirts and sweatshirts. A sample is in Student Affairs. T-shirts are \$10.00, sweatshirts are \$25.00.



Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

Here's a quiz for you:

Have you ever:

1. Had sexual intercourse with a man (*woman*) when you both wanted to?
2. Had a man (*woman*) misinterpret the level of sexual intimacy you desired?
3. Been in a situation where a man (*you*) became so sexually aroused that you felt it was useless to stop him even though you did not want to have sexual intercourse? (*could not stop yourself even though the woman didn't want to?*)
4. Had sexual intercourse with a man (*woman*) even though you (*she*) didn't really want to because he (*you*) threatened to end your relationship otherwise?
5. Had sexual intercourse with a man (*woman*) when you (*she*) didn't really want to because you (*she*) felt pressured by his(*your*) continual arguments
6. Found out that a man had obtained sexual intercourse with you by saying things he didn't really mean? (*obtained sexual intercourse by saying things you didn't really mean?*)
7. Been in a situation where a man (*you*) used some degree of physical force (twisting your (*her*) arm, holding you (*her*) down, etc.) to try to make you (*a woman*) engage in kissing or petting when you (*she*) didn't want to?
8. Been in a situation where a man (*you*) tried to get sexual intercourse with you (*a woman*) when you (*she*) didn't want to by threatening to use physical force (twisting your (*her*) arm, holding you (*her*) down, etc.) if you (*she*) didn't cooperate, but for various reasons sexual intercourse did not occur?
9. Been in a situation where a man (*you*) used some degree of physical force (twisting your (*her*) arm, holding you (*her*) down, etc.) to try to get you (*a woman*) to have sexual intercourse with him (*you*) when you (*she*) didn't want to, but for various reasons sexual intercourse did not occur?
10. Had sexual intercourse with a man (*woman*) when you (*she*) didn't want to because he (*you*) threatened to use physical force (twisting your (*her*) arm, holding you (*her*) down, etc.) if you (*she*) didn't cooperate?
11. Had sexual intercourse with a man (*woman*) when you (*she*) didn't want to because he (*you*) used some degree of physical force (twisting your (*her*) arm, holding you (*her*) down, etc.)?
12. Been in a situation where a man (*you*) obtained sexual acts with you (*a woman*) such as anal or oral intercourse when you (*she*) didn't want to by using threats or physical force (twisting your (*her*) arm, holding you (*her*) down, etc.)?
13. Have you ever been raped? (women only)

Now compare your answers to those given by a sample of nearly 3900 college students in this country.

Item	Women % yes	Men % Yes
1	75	81
2	70	53
3	33	23
4	6	4
5	21	15
6	20	19
7	30	6
8	18	2
9	9	2
10	3	2
11	8	3
12	6	2
13	6	-

You will note that both women and men have experienced sexual intercourse in

certain less-than-ideal situations: fear of losing the relationship, pressure from arguments, and deception. It is only when physical force is used that their experiences diverge. Until recently, few people would have defined forcing a woman to have intercourse against her will as rape if, for example, (a) the male involved was her boyfriend or even a casual date; (b) she had had sex with him before; (c) she had considerable sexual experience; or (d) she said she would have sex with him but changed her mind. The term for forced sex between couples who know each other well or casually is date rape or acquaintance rape.

Growing awareness of the phenomenon of date rape has been spreading in this country, with special attention being paid to incidents on college and university campuses. There is a mushrooming literature on the subject, most of it resulting from surveys of female and male college students. The percentage of women who report being

forced to have sex varies from campus to campus: 22%, 25%, 58%, 75%, 77%. Date rape is seriously underreported because it often takes place between intimates and because many women do not initially regard it as rape. Many women will discuss date rape incidents with women friends but will not report them to authorities as they might in cases of stranger rape. Women in serious relationships report feeling more pressure to have sex and feeling that it is inappropriate to refuse even when their partner uses force. At one campus, over 50% of the women reported that they had been pressured to participate in kissing, petting and oral sex with casual dates, and to have intercourse in cases of serious dating. Among another group of college women surveyed, 10% reported that they had had forced sexual experiences within the past

continued on next page

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year, with penetration occurring in half of the cases; 6% of the men in the same survey acknowledged forcing a date to have sex.

Nearly all of the college surveys inquired into men's experiences as aggressor and as victim and, in most studies, small numbers of men consistently reported being pressured verbally into having unwanted sex; physical force was never used against them. In one study, 74% of college men said they believed that a woman's "no" means "yes". Overall, more men than women condoned aggressive sexual behavior. Another study reported that men whose test scores indicated high sexual aggressiveness and men who believed a large number of rape myths (e.g., women want to be raped, no woman can be raped if she doesn't want it, etc.) were less likely than other men to regard sexual aggressiveness toward women as rape, and they tended to blame women victims more than the other men.

One of the most interesting and well-conducted set of studies on date rape found a replicable pattern: that many men considered date rape is justifiable when (1) the woman initiates the date; (2) the man drives; (3) the man pays for their entertainment and food; and (4) the woman is willing to visit the man's apartment. These findings suggest that women should be nonassertive regarding asking men out and visiting their living quarters and assertive about sharing driving and the cost for the dates(!) The men who felt that date rape was justifiable were usually men who held traditional views of women, who accepted rape myths, and who accepted violence and adversarial attitudes in relationships. In a comparison of male and female opinions on primary problems in dating, 23% of the females cited unwanted pressure to be sexual, while 35% of the males cited communication problems. Finally, as in cases of physical abuse, the person who tolerates sexual abuse in one relationship is likely to face it in subsequent relationships. Two studies indicated that, as dating becomes more serious and leads toward marriage, women experience more sexual pressure and men believe that they have more right to sexual domination.

Date rape is not an issue about which anyone can feel indifferent. One may feel angry that women are exploited in this way; one may feel angry that women are "using" this issue against men. Some may apparently find the whole matter irrelevant—that

is, they haven't raped or been raped, so what's the big deal? Tap this attitude a bit more deeply, however, and you may arrive at a belief that no woman can be raped by someone she knows unless she asks for it, and that she will plead rape, including date rape, to cover embarrassment about her own behavior.

One more list. Consider the following conditions in which date rape may occur and decide where the line between date rape and consent begins to blur for you.

- She has had intercourse with other men.
- She is stoned or drunk.
- She says she will have sex but changes her mind.
- She lets him touch her above the waist.
- They have dated for a long time.
- She has had sex with him before.
- She is wearing suggestive clothing.

- She is out by herself late at night.
- She is living with him but they are not married.
- She is married to him.
- She is married to him but they are currently separated.

Finally, if you feel that you have experienced date rape (or if you are not sure), whether male or female, talk about it. If it has taken place in an intimate relationship and if you love your partner, talk with him or her about it. If it happened in a casual dating situation, talk with a close friend and decide how you want to handle sex in the future. If you don't want to share this with any of your peers, consider coming to the Student Counseling Center and talking it over with one of us. Not talking about something as important as sex won't make the problem go away.

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AN OPEN LETTER TO DR. MARILYN JOHNSON OF THE RUSH UNIVERSITY COUNSELING CENTER

Dear Marilyn,

I realize I could have approached you personally to do this but I felt as though a public thank you was in order.

I'm referring to the gay/lesbian support group that you initiated by putting up flyers around campus. The flyer invites interested students to call you at the counseling center at which time you provide them with the names and numbers of other Rush students who have expressed an interest in being involved with the group. Since being in touch with you, I've been contacted by a number of Rush students and non-students. We've begun meeting on a semi-weekly basis as our schedules allow.

Personally, the group, and your efforts, mean a lot to me. Having "come out to myself" a relatively short 3 years ago, it's still hard for me to accept that some people would have something against me, even before meeting me. This, for me, is a new experience. It's hard for me not to be upset by the bathroom graffiti, or irked by lecturers "hetero-centric" statements, or discouraged by the University's policies for equal opportunity and harassment that fail to give the gay or lesbian student official recourse when and if it would be necessary.

In the face of these and related challenges, it's helpful for me to share the experiences of other gay and lesbian students. For me, entering a new environment and facing new challenges is always as disorienting, as it is exciting. The task of exploring, for myself, how the various aspects of my identity will be synthesized, including my being gay and committed to a life-long relationship, as I begin to define my professional identity as a nurse, is facilitated, in part, by examining how others have approached and are working through this same task. In other words, it's nice to feel like I'm not the only one going through this. Thanks again, Marilyn, for your concern, and your action.

Sincerely,

Joseph R. Kranz, SN3

RESERVES AT RUSH LIBRARY

With winter quarter finals on the way, do you need to track down those reserved readings your professor keeps referring to in lectures? It's easy to do with LIS, the Library's computer catalog. Simply use the KEY-WORD function (#1) on the menu screen to type in "RESERVE" and a word in the title (RESERVE ANATOMY), or the author's or instructor's last name, (RESERVE BROOME) or the course number (RESERVE NUR 601) to retrieve the record including call number. Take your printout to the Circulation Desk, and a staff member will get the item and check it out to you. Reserve reprints of articles and first copies of books must be returned that day by closing; 2nd copies of books may be checked out overnight. Come to the Library soon to avoid the exam rush!

LIBRARY REMINDERS

Register for classes at the Reference Desk or call extension 2-5952.

LIS/miniMEDLINE:

March Fridays 11:00 - 12:00 p.m.
April Wednesdays 3:30 - 4:30 p.m.

GRATEFUL MED:

March 11, Wednesday 4:30 - 6:00 p.m.

BRS COLLEAGUE:

March 18, Wednesday 4:30 - 6:00 p.m.

**VISIT THE
LIBRARY
APRIL 6-11 DURING
NATIONAL
LIBRARY WEEK!**



NCF FOOD DRIVE A SUCCESS!

The Nursing Christian Fellowship and the office of Student Affairs coordinated a food drive in January. A variety of hearty foods from baby food to pasta was donated by Rush University students, faculty, and the Medical Center at large.

The steering committee made up of nursing students Heidi Beske, Cari Camp, Laura Miller, Karen Eckberg and Student Affairs Director, Katie Henry-Schill was more than pleased with the response they received for this worthy cause. Special thanks to the students who coordinated the daily operations of collecting the food from the various drop-off locations. The students were Kim Rouse, Sue Raupp, Pam Hill, Jonathan Levine, Jolene Zimmerman, Mark Wolterstoff, Kristie Korcha, Kristin Guiduli, Lynda Duerksen, Cheryl Schumann, Michelle DeFalco, Amy O'Hare, Mike Belluso, Heidi Beske, Laura Miller, Cari Camp, and Karen Eckberg. We would also like to acknowledge the support of Nancy Echezarria of Dr. Trufant's office, Michelle Kois from Alumni and Philanthropy, Barbara Haynes with the College of Nursing, and also the Rush University Bookstore, Property Management, and Security.

Thanks to everyone who donated food and helped to make a difference in someone's life. All food was donated to the Holy Family Food Pantry on South May Street in Chicago.



**MILK AND COOKIES DAY
WINNER**

Congratulations to Laura Munkel, M1, who won the Valentine candy at the Milk and Cookie Day event on February 12th. Laura guessed that there were 248 candies in the container. The exact number was 245. Laura, if you seem to have an unusual number of friends lately, could it be the scent of chocolate in the air?

AMSA BLOOD DRIVE

The AMSA sponsored Blood Drive held on February 12th was a success thanks to the following donors:

Tord Alden	David Bentsen
Terence Chapman	Chia Chen
Linda Chmielewski	Lisa Flesch
Thomas Gleason	Cori Hansen
Pamela Joiner	Alan Matson
Lisa Newman	Amy O'Hare
Erik Orelind	Kimberly Roseman
Robert Roseman	Laura Rosol
Cheryl Schumann	Andrew Smith
Alex Tambrini	Arthur Williams
Kimberly Kenton	Lisa Lucarz
Peter Schlegel	Jennifer Scotellaro
Leslie Shelton	Debra Anderson
Jane Sbalchiero	

The Office of Student Affairs would like to thank AMSA and the donors for their continued support!



RUSH MEDICAL COLLEGE DANCE

Contratulations to Lynn Hahnfeld and Liza Pilch for coordinating the Rush Medical College Dance held on February 15, 1992. Over 200 medical students and faculty attended this successful event.

ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

Stop by Schweppe 023 on Wednesday nights at 8:00 p.m. and see a movie, have some FREE popcorn, and chill out.

March 4 CLASS ACTION

Starring: Gene Hackman, Mary Elizabeth Mastrantonio

Sparks fly when a civil liberties lawyer and his conservative daughter, a brilliant corporate attorney clash in a controversial lawsuit that will either bring them together or tear them apart forever.

March 12 JACOB'S LADDER

Starring: Tim Robbins, Elizabeth Pena

In one of the most disturbing films you'll ever see, a Vietnam veteran searches for an explanation to the frightening hallucinations that are destroying his sanity.

April 1 TBA

We will be showing a film on April 1 so watch for flyers after SPRING BREAK.

BEAT THE BLUES

Beat the winter blues by checking out a FREE movie video with Student Affairs. The policies are:

- \$2.00 refundable deposit for each video checked out.
- Videos checked out during the week need to be returned the next day.
- Videos checked out on Fridays have to be returned the following Monday.
- Video checkout/return hours are 8:00 a.m. to 5:00 p.m. Monday through Friday. Please have your student I.D. with you.

ROMEO AND JULIET

Student Affairs has tickets for the March 28th presentation of The American Ballet Theatre's production of Romeo and Juliet. The 2:00 p.m. matinee performance is at the Civic Opera House. Ticket prices are \$17.00 for Rush University students and \$20.00 for Faculty and Staff. For further information stop by Student Affairs, 023 Schweppe Sprague or call extension 2-6302.

OPEN MIKE NIGHT PARTICIPANTS NEEDED

(MARCH 6, 1992 8:00 - 12:00 P.M.)

JUGGLERS, DANCERS,
SATURDAY NIGHT LIVE
WANNABEES, SINGERS,
SHORT SKITS,
MUSICIANS, POETS,
YOU NAME IT...

CONTACT STUDENT AFFAIRS
X2-6302!

ICE CREAM!

Ice, ice, baby! We'll have more than just vanilla, too! Wednesday, March 11th, at 12:00 noon, Schweppe Auditorium. Hope to see you there. All Rush University students and faculty are invited to build your own ice cream/yogurt sundae with a variety of syrups, nuts, sprinkles, and whipped cream.

Special thanks to the Nursing Alumni Association for sponsoring this rich and wicked event! We know we'll see YOU there!

DISCOUNT MOVIE TICKETS

Discount movie tickets for Cineplex Odeon Theatres are available for Rush University students. The cost is \$4.00 each - no limit. You can get your tickets in the Student Affairs office, room 023 Schweppe Sprague. The movie tickets will be available during the academic year and are valid through January 31, 1993. This is a really good deal. Don't miss out!



SPLISH SPLASH

No, it wasn't a bath and it wasn't on a Saturday night! It was the BEACH PARTY! This year's Beach Party, held on Friday, January 24th, had palm trees, beach towels, and a real feel of the tropics thanks to our dedicated medical student group of decorators! The limbo contest and the hula hoop contest were enjoyed by all. Wes from A Solid Gold Sound provided just the right music to make the party complete.

The creative decorators for this event were Lynn Hahnfeld, Erna Obenza, Rob Nishime, Chris Burriesci, and Liza Pilch. Our slap dancers were a hit thanks to Rommy Masrour, Rob Riggs, Dana Tarandy, Jim Tess, George Milonas, Ved Londhe, Rajiv Pandit, Steve Kelanic and Marius Katilius-Boydston. Our bartender was Ann Mirchevich. The Student Affairs office would like to thank AMSA for sponsoring yet another successful event!!

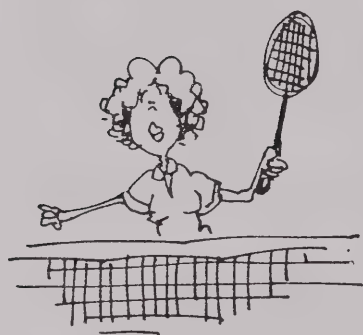
Get Ready For Rush University Day 1992



Relay Races



Bat Spin



Tennis



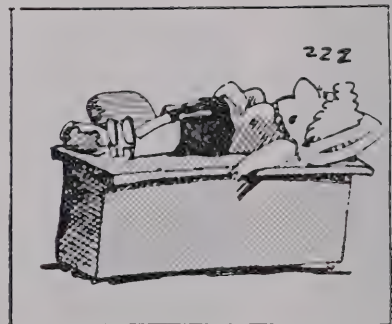
Water Balloon Toss

May 6th Lawn by the Tennis Courts

Get Your Teams Ready Now! Watch future Rush Reporters for more details or contact the Office of Student Affairs at x26302.

RUSH STUDENTS GOING PLACES.....





Rush Reporter is a publication of
Rush University, Office of Student Affairs.

Editor: Cheryl Casarez
Contributing Editors: Ann Cocks and
Katie Henry-Schill

RUSH REPORTER

APRIL, 1992
ISSUE

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Volume XV, Number 7

AFTERNOON CLASSES CANCELLED FOR.....

Rush University Day May 6, 1992

Get ready for the most fun-filled event of the year. It's Rush University Day, 1992 and you're invited! It will be held by the tennis courts on our last available "green space". Classes are cancelled that afternoon so you can kick off your shoes and enjoy the afternoon sun and fun. The events of the day will be as follows:

Picnic Lunch on the Lawn 11:30 a.m.

The best lunch in town for \$2.00!
Don't miss out on the good food!



Mini-Golf 11:30 a.m. - 3:30 p.m.

It's new. . .it's fun. . .it's putt-putt on the Eisenhower. Challenge yourself to nine holes of championship putting!

Rush Olympic Games 1:00 p.m. - 3:00 p.m.

Games that will rival Barcelona this summer! Get together a team of six (3 men/3 women or 4 women/2 men) for a little friendly competition: potato sack race, three legged race, dizzy bats, balloon toss and more! We'll be giving out T-shirts to all participants in the olympics, so get your teams together and turn in the names to Student Affairs now. We'll also have some great prizes for the top three teams.



Caricature Artist

Just stand in line and tell our caricature artist what you want him to draw. It's free!

(Check out the rest of this issue of the Rush Reporter for more details!!!)



CELEBRATE NATIONAL LIBRARY WEEK!

Mark April 6-10 on your calendar to rush on down to the Rush University Library for a week of activities. Anyone using our services during this time will be eligible to enter our raffle contest to win lots of great prizes!

Monday, April 6

GET BARCODED!

Bring in your Rush I.D. to become "Library Carded".

Tuesday, April 7

AMNESTY DAY.

Return All overdue materials; NO FINES CHARGED!

Wednesday, April 8

OPEN HOUSE 1:00-4:00 p.m.

- *Showcase of Multiple Workstation Compact-Disk-Format Database searching
- *Displays
- *Award Ceremony - 3:00 p.m.
- *Tours of Rare Book Room
- *Refreshments

Thursday, April 9

LIBRARY'S ELECTRONIC GATEWAY

Demos - LIS/miniMEDLINE
CD-ROM's
BRS COLLEAGUE
GRATEFUL MED

Friday, April 10

RAFFLE GIVEAWAYS

- *Drawing for prizes hourly
10:00 a.m. - 4:00 p.m.

Please join the Library staff in promoting Library awareness! Be sure to register for prizes!!

FINANCIAL AID OFFICE

101 SCHWEPPE SPRAGUE HALL

942-6256

CONGRESS LOOKS AT STUDENT AID PROGRAMS

Congress must approve all higher education programs in a process called reauthorization. The Senate began full deliberations February 20 and the House is expected to start in March. Once both houses have approved their respective bills, a joint committee will meet to develop compromise legislation. This process occurs every five years and affects Stafford Loan, Supplemental Loan, Perkins Loan, Pell Grant, Supplemental Grant, and College Work Study programs. Senate and House committees prepare their versions of legislation affecting need analysis and aid eligibility for these programs. The final reauthorization version is worked out in a joint committee and presented to Congress for voting, and then to the President for signing. The last reauthorization made sweeping changes in the methodology used to calculate need and in the definition of independent/dependent for these programs.

The following is a summary of the major components of the Senate and House bills and the current law. It is expected that the final version will be voted on this fall. There are significant politics involved since both houses are controlled by the Democrats with a Republican President in an election year.

PELL GRANTS

Present law: Neediest students are limited to the maximum grant or 60 per cent of their expenses, whichever is less. Maximum authorized grant is \$3,100. 1991-92 maximum award is \$2,400.

House: Maximum grant would increase annually with inflation. Pell Grant recipients in top tenth of high school classes or top fifth of college classes would receive \$500 Congressional Achievement Scholarships. Part-time students would be eligible.

Senate: Neediest students would receive \$2,300 for living expenses plus one-quarter of tuition up to \$1,300 in 1993-94. Maximum grant would grow each year to reach \$4,800 in 1999-2000.

GUARANTEED STUDENT LOAN

Present law: Size of Stafford Student Loan is determined by student's need. Maximum loan is \$2,625 a year for freshmen and sophomores, \$4,000 for other undergraduates, and \$7,500 for graduate students. Loans are made through banks and subsidized by government. Interest rate is 8 per cent and increases to 10 percent in fifth year of repayment. Government pays interest while student is in college. Supplemental Loans for Students are available to graduate students and financially independent undergraduates at an interest rate of up to 12 per cent. Government does not pay in-college interest.

House: Stafford loans would be totally phased out by 1996-97 in favor of Direct Loans. Stafford loan limits would remain constant. Direct Loan limits would remain constant. Direct Loan limits would be \$6,500 a year for freshmen and sophomores, \$8,000 for other undergraduates, and \$13,000 for graduate students. Interest rate would be 8 per cent. All students would qualify for Direct Loans, but government would pay in-college interest only for families earning less than \$80,000. Government would make loans through colleges and trade schools.

Senate: Size of Stafford Loan would be determined by student's need. Loan limits would be \$3,000 a year for freshmen, \$3,500 for sophomores, \$5,500 for other undergraduates, and \$9,000 for graduate students. Interest rate would be 3.1 per cent above the 91-day treasury bill rate up to a maximum of 9 per cent, and increase to as much as 11 per cent in fifth year of repayment. Government would pay interest while student is in college. Supplemental

Loans for Undergraduate Students would be made available to all students, regardless of income, at an interest rate of up to 11 per cent.

CAMPUS-BASED PROGRAMS

Present law: Federal government pays 85 per cent of Supplemental Educational Opportunity Grants, 70 per cent of College Work-Study, and 90 per cent of Perkins Student Loans. Colleges contribute remainder of the funds. Maximum supplemental grant is \$4,000. Perkins loans are administered by colleges and carry an interest rate of 5 per cent. Students may borrow a total of \$4,500 by end of their second year, \$9,000 over four years and a total of \$18,000 for undergraduate and graduate education.

House: Federal government's share for Supplemental Educational Opportunity grants and Perkins Student Loans would decline to 75 per cent. Perkins limits would be \$6,000 by the end of a student's second year, \$15,000 by the end of the fourth year, and \$25,000 by the completion of graduate degree. Institutions with default rates below 7.5 per cent on Perkins loans could decrease federal share to 50 per cent and increase loan limits to \$8,000; \$16,000; and \$32,000. Perkins loans would be eliminated in 1996-97 and colleges could transfer loan funds to supplemental grants.

Senate: Federal government's share for Supplemental Education Opportunity Grants, College Work-Study, and Perkins loans would be 75 per cent. First-year graduate students would be eligible for supplemental grants. Education Secretary could give 10-per-cent bonus in work-study and Supplemental Education Opportunity Grants to institutions that graduate more than half of their Pell Grant recipients. Perkins-loan limits would be \$15,000 by completion of undergraduate degree and \$40,000 by completion of graduate degree.

FINANCIAL AID NEWS

continued from previous page. . .

NEED ANALYSIS

Present law: Federal government contracts with five companies to publish, distribute, and process aid applications. Two of the contractors charge a fee to students. Every student must complete an application each year. Simplified form is available for families earning less than \$15,000 a year. Federal aid-eligibility formulas include equity in home, farm, or business as assets against which families are expected to borrow to pay for college expenses. Student is required to contribute 70 per cent of income for college costs.

House: Federal government would provide single free application. Students would re-apply each year by updating information from the previous year. Single aid-eligibility formula would exclude from calculations the equity a family owns in its home, farm, or business. Student would be required to contribute half of after-tax income for college costs.

Senate: Current application system would be maintained. Simplified form would be made available to families earning up to \$50,000 a year. Education Secretary would be instructed to develop simplified re-application process. Single aid-eligibility formula would exclude home and farm equity for families earning less than \$50,000. Student would be allowed to keep \$3,500 of income and be required to contribute half of remaining amount in first year and three-quarters in other years for college costs.

GRADUATE FELLOWSHIPS

Present law: Education Department maintains separate fellowships for minority students and for students studying teaching, humanities, science, or public service. In most cases, maximum annual stipend for a student is \$10,000.

House: Education Department would maintain current programs and add "Faculty Development Fellowships" for minority graduate students who are interested in becoming professors. Participants would have to teach two years for every year of assistance received.

Senate: Education Department would maintain current programs and add the "Dennis Chavez Fellowship Program: for minority graduate students who are interested in becoming professors. Participants would have to teach two years for each year of assistance.

SPECIAL NOTE: Various amendments to the bills are being offered. One of these is to permit deductions on federal tax returns for interest on educational loans. Another one is the elimination of the two-year residency deferment for Stafford borrowers, but borrowers will still receive forbearance (on request) for the duration of an internship or residency program.

ARMED FORCES OFFER SCHOLARSHIPS

The Army, Navy, and Air Force offer scholarships in the amount of full tuition, book allowance and monthly stipend in exchange for military duty. Three year scholarships are still available for medical students interested in this alternative funding for their education. Contact the appropriate representative TODAY for more information about the program and application deadlines. •Army (708) 541-3411 •Navy (708) 657-2171 •Air Force (312) 922-2925

ILLINOIS FAMILY PRACTICE

Applications for the 1992-93 Illinois Family Practice program will be available by mid-April in the Financial Aid Office. A meeting with the Family Practice representative will be scheduled during the first few weeks of spring quarter. Notices of the meeting will be posted on bulletin boards, or call Financial Aid for details.

1992-93 FINANCIAL AID REMINDERS

If you have not done so, pick up financial aid materials for next year from either the Financial Aid office or in the 7th floor Ac Fac mail room. The priority deadline is May 1 for filing the FAF need analysis. All students filing the need analysis will receive a SAR (Student Aid Report). Please complete and sign the SAR and return it to Financial Aid. Do not re-submit the SAR for changes without first contacting Financial Aid.

Undergraduate students **MUST** submit the FAF prior to June 1, 1992 for Illinois State Scholarship eligibility. Due to the state funding problems, late applicants may be denied state scholarship assistance.

GUESS WHO?



SCHOLARSHIPS

The DuPage County Medical Society Foundation is offering scholarships to deserving students enrolled in health-related programs. They must be residents of DuPage County, demonstrate scholastic ability, and have financial need. The deadline is April 30. Applications are available in the Financial Aid Office.

The National Rural Institute on Alcohol and Drug Abuse is awarding 15 scholarships to medical students interested in attending a specialized conference on substance abuse. Recipients will receive in-depth training in several areas, including pathology, pharmacology, and diagnosis and treatment. Preference will be given to applicants interested in practicing medicine in rural communities. The deadline is April 3. Contact the Financial Aid Office for further details.

The Belleville, Montrose, Exeter Emergency Medical Service is offering a \$500 scholarship to a Belleville (WI) High School graduate. The applicant must have completed one year of a two year program or two years of a four year program. Courses of study may include nursing, medicine, or emergency medical service. The deadline is April 3. Contact the Financial Aid Office for further details.

The Health Professions Scholarship Program is available to graduate nursing anesthesia students through the United States Air Force. Awardees receive full payment for tuition, fees, and required books and supplies in addition to a \$762 monthly stipend. In exchange, students agree to serve as commissioned officers in the U.S. Air Force for three years. Additional information is available in the Financial Aid Office.

COLLEGE OF NURSING NEWS

SCHOLARSHIP/AWARD OPPORTUNITIES

The Secretary's Award for Innovations in Health Promotion and Disease Prevention

The U.S. Department of Health and Human Services, in collaboration with the Federation of Associations of Schools of the Health Professions, is sponsoring the tenth annual competition for innovative proposals for health promotion and disease prevention.

At the time of entry in this contest, the student must be enrolled full time or part time in a baccalaureate or higher degree health professions education program. The first, second, and third place winners will receive honoraria of \$5,000, \$4,000 and \$3,000 respectively along with appropriately inscribed plaques. The winners and their faculty advisors will be invited by the Secretary to attend the ceremony at government expense. Semi-finalists will receive \$300 and the Secretary's Certificate of Merit. Applications are available in suite 1418 Schweppe Sprague Hall. All interested students should submit completed applications to 1418 SSH by April 15, 1992.

Council on Volunteers of the Illinois Hos- pital Association

IHA scholarships are given on an academic year based on a student's scholastic achievement, financial need and availability of funds. A \$500 award to be applied toward tuition, fees, or books will be sent to the authorities as designated by the scholarship recipient. Applications are available in suite 1418 Schweppe Sprague Hall. All interested students should submit completed applications by April 15, 1992.

Mt. Prospect Nurses Club Nursing Schol- arships

Residents of Mt. Prospect who are accepted/enrolled in an accredited RN program are eligible to apply for this award. Applications are available in suite 1418 Schweppe

Sprague Hall. All interested students should submit completed applications by April 30, 1992.

Excellence in Gerontological Nursing Award

One hundred dollars (\$100.00) plus designation of recipient's name on a plaque will be awarded to undergraduate nursing students (full or part time generic or RN completion). The award will be presented at the Annual Awards Ceremony in June. Applications are available in suite 1418 Schweppe Sprague Hall or the Gerontological Nursing Office, Room 424 JRB. All interested students should submit completed applications to the Chairperson of the Department of Gerontological Nursing in Room 424 JRB by April 15, 1992.

SUBMISSION OF FORMS

- Graduate Entry Level students graduating this year must submit a Statement of Intention form to the Office of Student Support Services. Students who have not submitted this form must do so immediately.

- Program of Study forms are to be filed in the Office of Student Support Services. Please be sure that your form has been submitted.

- Students wishing to have courses taken prior to matriculation at Rush evaluated for credit toward their Rush degree must complete the transfer of Credit Form. This form must be submitted with a course description to Dr. Donna Ipema.

- Nursing Scholarship Renewal Forms will be available in Suite 1418 Schweppe Sprague.

- Student Information Sheets should be completed and sent to the Office of Student Support Services.

- Sign-up sheets for the Faculty/Student dinners will be posted on the 3rd floor of Schweppe. Students interested in co-hosting a dinner may contact Ms. Patricia Lau in 1418 SSH.

- Graduating prelicensure students should be sure that their applications for licensure have been completed and submit-

ted to the Office of Student Support Services. If you have questions regarding the application, please contact Karen at ext. 22165.

Please check your mailboxes for information pertaining to the Convocation and the awards.

A REMINDER FROM FINANCIAL AFFAIRS

Spring Quarter 1992 tuition is due the week of March 30, 1992 for all students.

Tuition can be paid or payment arrangements can be made immediately. You can also mail in your payments to the following address:

Rush University
Office of Financial Affairs
1743 W. Harrison
Chicago, Illinois 60612
Attn: Deborah Maize

Mailed payments must be postmarked by April 13, 1992. Any unpaid balances will be assessed a \$100.00 late fee.

Please remember change of address notification is your responsibility. Statements are mailed to the address we currently have on file. If you do not receive a statement, make sure we have a current address so that you do not receive the \$100.00 late fee!



PAYROLL DEDUCTION POSSIBLE

Students who are also Rush employees; did you know that it is possible to have tuition deducted from your paycheck? If you would like more information about this service through payroll deduction or if you have any questions about your tuition, please call the office of Financial Affairs at (312) 942-6584.

RECOMMENDATIONS FOR NBME EXAM PREPARATION

by

Michael J. Harris, PhD. MBA
Director, Academic Skills Center
Rush University

The Library of Rush University recently received a copy of Deborah D. Shain's Study Skills and Test-Taking Strategies for Medical Students: Find and Use Your Personal Learning Style, part of the Oklahoma Notes Series published by Springer-Verlag (W 18 S526s 1992). Chapters 5 and 6 of this small book will certainly be of interest to Rush M2's who will be taking Part I of the National Board of Medical Examiners this coming June.

Ms. Shain, whom I had the pleasure of meeting at an American Association of Medical Colleges session in Washington, D.C. a couple of years ago, has a long association with the Medical College of Pennsylvania. She has taught students and worked with faculty at medical schools around the United States, in Mexico and in Puerto Rico for the past 15 years. Her focus has been on developing methods to prepare health professions students and faculty to be more effective learners and teachers based on their learning styles.

Chapter 5 discusses a system of comprehensive, time-efficient review strategies for the NBME, Part I examination. The learner who completes the exercises presented will be able to:

- *know the focus of the NBME, Part I examination

- *plan and apply strategies for a time-efficient and comprehensive review

- *identify his/her academic strengths and weaknesses

- *develop and use a comprehensive Organ System/Pathology Review which integrates the biomedical sciences learned during the first two years of medical school

- *increase one's recall and reasoning abilities during study and test taking

- *increase one's confidence in answer selection during examinations

- *improve one's test scores

Even though this volume is directed at medical students, it may prove useful for

other health professions students in terms of its emphasis on learning styles, time management and memory, note-taking, problem solving, stress management, pointing out how to develop and apply discrimination skills to test-taking and organizing and working in a study group. The book is well-documented for the learner interested in digging deeper into the psychology of learning.

The author presents a detailed, four step strategy developed by her colleague, Judy Schwenker (1) which allows the test-taker to create a well organized, comprehensive question matrix. She encourages the learner to especially use this strategy on subject matter that has given difficulty in the past.

I found the suggestions given in the book to be sensible, practical and have no hesitation in recommending them for NBME exam preparation to Rush students. I would also encourage M2's to consider using the Oklahoma Notes series as part of their NBME, Part I review.

(1) Schwenker, J.A. (1987) Student Information Manual. Medical College of Wisconsin: Office of Academic Affairs

Students may also find helpful material in the following source:

Schwenker, J.A. et. al. (1989) Mastering Medical Content: A Workbook for Entering Medical Students. Medical College of Wisconsin



SPEECH AND HEARING GRAD STUDENTS ATTEND CONVENTION

The Audiology and Speech Pathology graduate students from the Department of Communication Sciences and Disorders attended the annual convention of the Illinois Speech and Hearing Association February 28 through March 1 at the Palmer House in Chicago. Rush students volunteered to work at the "Convention Central" booth. Christina Taskoff, a second year student, presented three cases of *Psychogenic Speech Disorders of the Conversion Reaction Type*.

SNA CORNER

New officers have been elected for next year. They are as follows:

- Leslie Birdsall President
- Stacy Haas Vice President
- Ann Alpeter Secretary
- Lina Patel Treasurer
- Sandra Zarebski Delegate
- Patty Benesh Convention Coordinator
- Mary Harless Alumni Liaison Program
- Lynda Duerkson Alumni Liaison Program

Congratulations!! The "old" board members look forward to helping you settle in.

*Yearbook pages are due March 20 for all graduating nursing students. All other students may bring in photos to put in the yearbook. Be sure to put your name and the event on the back of any pictures and pages so they can be returned! (Yearbook pages must have name, address, & phone!)

*Advertisements are being sold to put in the back of the yearbook. Anyone may purchase this space! Already, departments and faculty are taking advantage of this to congratulate students! Price for a full page. . \$100, a half page. . \$50, and a quarter page. . \$25. Contact Jo Zimmerman or Jen Klie at x26302 (Student Affairs) if you are interested. The deadline is April 10 for all ads. Sorry, no extensions.

*SNA is currently seeking pictures from students, faculty, and staff of the college of nursing who have either had a baby or have been married in the past two years (90-92). We would like to have a special section in the yearbook for marriages and births. Please turn in the pictures with all the important information, i.e., names, dates, etc. due date is April 10. Sorry, no extensions.

*We would also like to remind everyone that the graduation convocation is Friday June 12, 1992 from 1:00-3:00 p.m. in the Atrium. More information regarding ticket distribution will be available next quarter. If you are a March graduate, please stop by your mailbox in 023 a few times in order to get the information.

*SNA will sponsor it's first annual Pasta Bowl in May! Look for more information to follow. This event will help raise money for St. Basil's and its programs.

MULTICULTURAL AFFAIRS COMMITTEE (MAC) SPONSORS TWO "TALKS"

On Monday, April 6, 1992 at noon, Dr. Suzette Speight, a member of the counseling psychology faculty at Loyola University, will give a talk "*Multiculturalism Begins at Home*". Dr. Speight will discuss the process of communicating with colleagues, classmates and patients whose ethnic origins differ from our own; this process includes our feelings of uncertainty and anxiety about "doing the right thing." This talk will take place in room 539 of the Academic Facility. It is being co-sponsored by the Rush University Counseling Center, the Rush University Peer Counselors and the Rush Multicultural Affairs Committee. For further information, please contact Dr. Marilyn Johnson at x23687.

On Wednesday, April 8, 1992, Dr. Hussein Morsi, Director of the Islamic Cultural Center of Chicago, will make a presentation, "*Honoring Islamic Traditions in Caring For Ill and Dying Muslim Patients*". This presentation will take place from noon until 1:00 p.m. in room 540 of the Academic Facility. All students, faculty, and staff are invited. This is being co-sponsored by the Department of Religion, Health and Human Values and the Rush Multicultural Affairs Committee. For further information, please contact Mr. Thomas Coffey at x25571.

We hope you will plan to attend both of these informative events and we also invite you to join us at our monthly MAC meetings held on the first Tuesday of the month at 9:00 a.m. in the Student Affairs Lounge, 023 Schweppe Sprague.



WELCOME
SPRING,
GOODBYE
WINTER!



APRIL IS NATIONAL OCCUPATIONAL THERAPY MONTH

In recognition of National Occupational Therapy Month, Rush occupational therapists are going to "show their stuff". April 28th, the O.T. department is hosting Open House from 10:30 a.m. until 3:15 p.m. in the Searle Conference Center, 5th floor, Professional Building. The Open House will feature informative displays depicting Occupational Therapist's role in psychiatry, geriatrics, acute care, and academic occupational therapy. Therapists will be on hand to answer any questions you may have. Following the Open House, the first annual Rush Mentorship Award will be given along with a presentation on Professional Mentorship. There will be prizes and refreshments throughout the day. Please join us as we celebrate Occupational Therapy Month.



ATTENTION ALL NURSING STUDENTS! WE NEED YOU!

We need you to help us call nursing alumni on behalf of the Nurses Alumni Association. The money raised will be used for scholarships and student alumni programs. Join us and enjoy free pizza, a bookstore gift certificate and lots of fun. You are needed on the following dates:

- April 5 (Sunday) 5:30 - 9:00p.m.
- April 9 (Thursday) 5:30 - 9:00p.m.

If you are interested in joining us for this worthwhile cause, call Michelle Kois at 942-7199 or Lynda Duerksen at 243-8936.

STUDENT COUNCIL UPDATE

Who is on the Rush Medical College Student Council (SC)?

The SC is made up of class committee members and faculty council members from the M1 through M4 classes. The medical students elect these representatives every year.

Who are the officers?

The President is Lisa Oldson, Vice President; Adam Nevitt, Secretary; Leslie Lungren.

What does the SC do?

We sponsor quarterly book sales, Career Week, the Malpractice Seminar, the Clerkship Wine & Cheese Party, and the post-board party for the M2's. We are involved in issues such as extending the library hours, improving Rush security, and searching for new ways to promote faculty members based on teaching excellence. The SC tries to represent the students in its communications with the Deans of RMC. Check out our bulletin board outside 540 AcFac for more information!

CHILDREN'S BOOK SALE

The Laurance Armour Day School Parents Board is sponsoring a children's book sale in the cafeteria lobby on Wednesday, April 15 from 8:30 a.m. until 4:00 p.m. The Children's Book Store will display a wide variety of hardcover, paperback, and discount books as well as toys. All proceeds will benefit the RPSLMC Laurance Armour Day School. Books make great birthday and Easter presents.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

It has been said that depression is the emotional common cold of our time. If you doubt it, keep a record of the number of times in a week that you and/or your friends mention feeling depressed. I would argue that, while depression is a widespread clinical entity, the use of the word is often inexact and exaggerated.

The word might be used to describe sadness after failing a test, after breaking up with a loved one, or after a friend accuses one of breaking a promise. Examined more closely, these sad feelings result from other emotions. After failing a test, one often feels shame and embarrassment - "Since others passed this test, I must be really stupid." Sadness follows, but the primary feeling is *shame*. After breaking up with a loved one, the basic pain is one of loss and abandonment - "I can't go on without this person in my life." Previous losses are called up and feelings of sadness flood in, but the primary feeling is *loss*. After breaking the promise, one feels guilty - "My moral code says one doesn't let friends down, and I broke this code." Letting oneself down this way and hurting a friend evokes *guilt* and then sadness.

Shame, loss, and guilt may lead, in some cases, to serious depression but, in

addition, they are labelled depression without further examination. Other experiences also lead to self-described depression: e.g., burn-out following a difficult clinical or clerkship experience, failure to get a much-needed loan, losing some illusions about practitioners of one's new profession, and on and on. All of these may make one sad or blue or down in the dumps but not necessarily depressed. I would recommend more precise labelling of feelings and reserving the word depression for the clinical entity with its specific signs and symptoms.

Better labelling is not just a verbal nicety; it may also aid one in more quickly understanding and working through feelings. This is my personal belief and it is also the foundation of a relatively new theory and practice of psychotherapy called cognitive behavior therapy. According to this theory, it is the (mis)attributions we make about events which cause depression and other emotional problems. The authors of this theory have added a step to the old stimulus response idea as follows: stimulus (you see your lover talking animatedly to an attractive classmate) → cognition ("oh, oh, she looks so interested in him that she'll probably leave me soon") response → (you feel loss and sadness).

Cognitive behavior therapy helps one examine the attributions and misattributions and put them in perspective. In the above example, it is essential to examine the cognition and test it against reality. Does merely talking to another person indicate lack of love for you? Is the relationship so shaky that one conversation will inevitably lead to loss? Checking out the statements you make to yourself, many of which occur virtually automatically, is often the best way to resolve feelings of sadness. When an event occurs which really has unfortunate consequences, it is still essential to examine the automatic thoughts for evidence of catastrophic ideas, e.g., "Not getting the position I wanted means I'm worthless and I will never have the career I wanted."

When feeling sad or blue persists for weeks, despite one's best efforts to feel better, then it is wise to seek help. Severe depression is probably more painful than any other emotional problem. There are a number of methods for treating depression, including several talking therapies and psychoactive drugs. The bad news is that we live in a time in which depression is the emotional common cold. The good news is that it can be helped.

"A TASTE OF RUSH" A FLAVORFUL AFFAIR

The Rush Multicultural Affairs Committee (MAC) sponsored the first "Taste of Rush Ethnic Food Fest" in the Schweppe Auditorium on Monday, March 2, 1992. Approximately 35 Rush employees and students attended, bringing with them enough food for four to six servings. The result was great enjoyment of some wonderful cuisine, much of it representing the ethnic origins of the diners.

Some of the specialties were peppers, sausage, and lasagna from Italy; spicy chicken from Korea; soda bread from Ireland; bangers and mash and trifle from Britain; noodle kugel, which is a Jewish dish, from Eastern Europe; tandoori, Kashmiri chicken, and coconut sweets from India; chili salsa and enchiladas from Mexico; hummus, pita, falafel sandwiches and

baklava from the Middle East; spinach quiche from France; sweet potato pie from Africa; and two American dishes, Chili and mustard and turnip greens. Dr. Leo Henikoff joined the diners and contributed a chili recipe. This experience of sampling foods from just some of the many cultures represented at Rush renewed our appreciation in the pleasure of learning more about each other's ethnic roots through the sharing of a meal together.

"A Taste of Rush" was the second activity sponsored by the MAC; last fall, we sold tickets to the play "Miss Evers' Boys" which told the story of the black men of Alabama who were misled and untreated by the government doctors studying syphilis. In early April, we will be co-sponsoring two programs focusing on multicultural issues and healthcare. WE INVITE EVERYONE INTERESTED IN PROMOTING AND CELEBRATING DIVERSITY AT RUSH TO JOIN US. OUR MEET-

INGS TAKE PLACE THE FIRST TUESDAY OF EACH MONTH FROM 9 - 10 A.M. IN THE STUDENT LOUNGE, 023 SCHWEPPE SPRAGUE. IF YOU ARE INTERESTED BUT CANNOT ATTEND, PLEASE CONTACT KATIE, ANN, OR CHERYL IN THE STUDENT AFFAIRS OFFICE (X26302) FOR MORE INFORMATION.



"PAINTING THE TOWN RED"

On Saturday, February 15, 1992 the students, faculty, and alumni of Rush Medical College "Painted the Town Red". The Fundraiser/Semi-Formal reception co-sponsored by Rush Medical College, the Alumni Association, and the Rush University Office of Student Affairs was held in honor of the Henry P. Russe Medical Student Assistance Fund. This fund has been established to provide financial assistance and a networking program for aspiring young physicians.

An enjoyable evening was had by all who attended; Room 500 provided the atmosphere for an evening filled with music, dancing, and hors d'oeuvres. Door prizes donated by such local merchants as The Inn at University Village, Leona's, Tuscany, Hawkeyes, Rush University Bookstore, and Grand-Western Liquors were given throughout the event.

Special guests included Mrs. Pastora Russe, Dr. Leo Henikoff, Dr. Thomas Duetsch and Dr. Larry Goodman. A presentation was made by Dr. Colin Morley to acknowledge a contribution made by Arc Ventures. Dr. Alexander Templeton, Department of Pathology, could not attend, but his "spirit" was present in the red carnations that welcomed each lady to the event.

We would like to extend a special thank you to all those who attended, contributed, and assisted in making the first annual "Painting the Town Red" a successful endeavor that promises to become a Rush Medical College tradition in years to come.

Co-chairpersons,

Lynn

Lynn Hahnfeld (M2)

Liza

Liza Pilch (M2)





RUSH JOB GUIDE

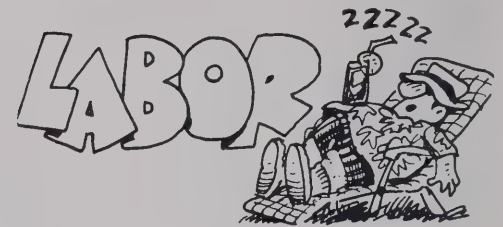
The Department of Communication Disorders and Sciences is looking for a student to perform light office tasks approximately 10 hours per week. The pay is \$6.00 per hour. If you are Work Study eligible, contact Dianne Meyer at x25332.



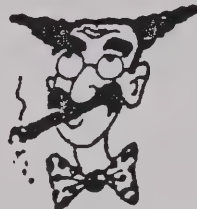
The Department of Maternal Child Nursing is looking for an Assistant to help with typing, filing, and sorting/distributing mail for approximately 10 hours a week at \$6.25 per hour. If interested, please contact Rose Burgos, x26604 (805 Jones).



The Department of Clinical Nutrition is looking for a Research Assistant. Any Undergraduate/Graduate who has been matriculated on campus for at least one year is needed to assist in dietary coding for 10-20 hours per week at \$6.25/hr. Contact Dr. Tagney at x25995 (501 Schweppe).



The Rush University Bookstore needs a student worker for approximately 10-20 hours per week. The pay is \$6.00/hr. The student must be Work Study eligible. Contact Paula Smith at x25845 for further details.



The Department of Finance is seeking a Work Study eligible student for filing, distributing mail and some light typing for 10-20 hours per week at \$6.00/hr. If interested contact Bill Tice at x25613 (2nd floor, Triangle Office Building).

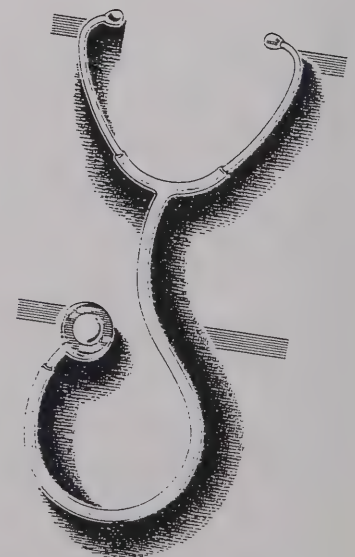
CAREER WEEK 1992

They said such greatness could not be duplicated, that so many doctors could not be brought together again, that so much great food could not just be given away, but it defied the critics last year, and once again, back by popular demand is **Career Week**. For 1992, Career Week will take place on three consecutive nights in April from 5:30 p.m. to 7:30 p.m. Each night three physicians will speak regarding their particular medical speciality.

On Monday, April 6, surgery, internal medicine, and psychiatry will be presented

in the Professional Building, room 542. Tuesday, April 7 will include OB/Gyn, pediatrics, and family practice in the Professional Building, room 531. On the final day, Wednesday, April 8, anesthesiology, emergency medicine, neurology, and infectious disease will be presented in the Professional Building, room 542. The speakers will discuss the real, down-to-earth topics of their specialities: salaries, hours, difficulty in entrance, and future prospects. Though the speakers alone are enough to draw thousands, we know what motivates medical students, so of course, food will be provided!

If you have any questions about Career Week, please see Rick Ahuja, Jane Kapiocius, or Lisa Oldson. Rush Medical College's Student Council, the Dean's Office, and the Alumni Association will be sponsoring Career Week 1992.



ENTERTAINMENT

FUN....FUN....FUN...

CONGRATULATIONS to Sunny Park (M1) who won a \$25.00 gift certificate to the bookstore for winning the Hoola Hoop contest at the January Beach Party. I hear it's all in the hips, right Sunny?

IT'S ON IT'S WAY!!! RUSH UNIVERSITY DAY!!!

Mark your calendars with a big red X because Rush University Day is an event you won't want to miss! Get plenty of rest the night before (just some good advice), for non-stop fun in the sun. A picnic lunch, mini-golf, the mini-olympics, pie eating contest, sack races, balloon toss, need we say more? Sign up for teams by calling x26302 (Student Affairs). You can also volunteer your time for set-up, clean-up, judging, etc. Every participant team member or volunteer will receive a Rush University Day 1992 T-Shirt.

HUBBARD STREET DANCE COMPANY

Hubbard Street Dance Company Tickets are on sale now for Friday, April 10 at 8:00 p.m. at the Civic Theatre. Tickets may be purchased from the Student Affairs office, 023 Schwappe Sprague. Prices are: students: \$13.00 faculty: \$15.50.



DESPERATELY SEEKING STUDENTS...

Students who are interested in working on new student orientation for their respective colleges should contact Katie, Director of Student Affairs, x26302 or stop by 023 Schwappe Sprague. We would like to see students from the College of Nursing, Health Sciences, the Graduate College, and the College of Medicine become involved in this endeavor.

THIS IS ABSOLUTELY, POSITIVELY, YOUR LAST CHANCE!

With commencement looming ever closer, the stylish Rush graduate's thoughts should be turning to cap and gown measurements! You must stop by Student Affairs, 023 Schwappe Sprague, and get measured up by the fastest tape measurer in the midwest, (not). It is imperative that we check your height with shoes and measure your head. (We can always check to see if your head has expanded due to your newly acquired knowledge.) Call Cheryl, Katie, or Ann at x26302 if you have any questions about your cap and gown.



THANK YOU!
MUCHAS GRACIAS!
DANK SHON!
MERCII!

No matter how we say it, we just can't thank the Nursing Alumni Association enough for sponsoring the ever-popular Ice Cream Social which was held on Wednesday, March 11th. It was an event enjoyed by all students who were able to take time from their busy schedules and attend this noon-time event. Nursing Alumni, you're the greatest!



IN HONOR OF MARIE ANTOINETTE

Let them eat cake. (Just kidding). But really, we will have Milk and Cake Day on Wednesday, April 15th at 12 noon. Students and faculty are welcome to attend this event to be held in the Schwappe Auditorium. See you there!

WEDNESDAY NIGHT IS MOVIE NIGHT

Wednesday night is movie night in the Student Affairs Lounge, 023 Schwappe Sprague. At eight o'clock we show some of the best films released in the last few years. Take a break and join us for movie night. Free popcorn is served during the movie!



Rush Reporter is a publication of
Rush University, Office of Student Affairs.

Editor: Cheryl Casarez
Contributing Editors: Ann Cocks and
Katie Henry-Schill

RUSH REPORTER

**MAY/JUNE, 1992
ISSUE**

*Published by Rush University, Office of Student Affairs
Volume XV, Number 8*

ATTENTION GRADUATING SENIORS!

If you are a graduating student and you are planning to participate in Commencement . . .

•The ceremony is Saturday, June 13th at Medinah Temple and begins at 2 p.m.

•You must be measured for a cap and gown. If you haven't been measured, stop by Student Affairs, 023 Schweppe, by Monday, May 11th.

•Caps and gowns will be distributed Tuesday, June 9th through 12 noon, Friday, June 12th in the Schweppe Auditorium.

•When you pick up your cap and gown, you will be asked to update your forwarding address.

•Commencement invitations are available in the Student Lounge, 023 Schweppe. Stop in between 8 a.m. and 5 p.m. to pick them up.

If you are not planning to participate in commencement . . .

•Notify the Office of Student Affairs of your intentions in writing.

•Contact the Registrar's Office to update your forwarding address. Your diploma will be mailed to you.

News all grads can use . . .

•You are responsible for clearing out your locker and mailbox completely by Commencement. (This could be somewhat enlightening for several grads!) Student Affairs will not be responsible for belongings left after June 15th.

You will receive an empty diploma folder if you have neglected to do the following . . .

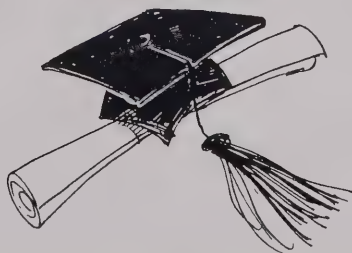
1) Return all books, periodicals, etc. to the Rush University Library, as well as pay any fines.

2) Attend an exit interview on loan repayment if you received any student loans at Rush (including Stafford Loan). If you haven't received a notice, call Financial Aid at 942-6256 to make an appointment.

3) Pay all tuition and fees by Monday, June 8, 1992.

4) Have all outstanding transcripts sent to the Registrar's office (you should have received a notice).

5) Make sure all clinical evaluations are received by Clinical Curriculum if you are an M4.



WINTER QUARTER 1992 DEAN'S LIST

Congratulations to the following undergraduate students who earned at least a 3.50 quarterly grade point average for a full-time course load during Winter Quarter 1992.

NURSING

Antoinette Ahr
Kristie Korcha
Lisa Brandt
Joseph Kranz
Nicole Cain
Rosalyn Lange
Christine Child
Lynn Mikuls
Linda Chmielewski
Randolph Miller
Rita Cox
Carmen Petrizzo
Jean DeLio
Jennifer Roche
Patricia Diviero
Hilda Soyode
Angela Frederick
Eileen Sullivan
Sharma Fuller
Vicki Thiakos
Mark Hassett
Annette Vaughn
Jennifer Hoffman
Cheryl Welk
Peter Jakopin

MEDICAL TECHNOLOGY

Samantha Becker
Parul Chokshi
Deena Patel

PERFUSION TECHNOLOGY

Deborah Baker
Michael Beumer

FINANCIAL AID OFFICE
101 SCHWEPPE SPRAGUE HALL
942-6256

SCHOLARSHIP AND LOAN RESOURCES

The Library of Rush University has a collection of over twenty financial aid reference books and materials. The titles cover the full range of higher education: from undergraduate through graduate and residency aid sources.

A listing of the available resources is in the Financial Aid office, or you can use a terminal in the library and search on the term fellowships and scholarships.

In addition, the Financial Aid office maintains a listing of scholarships and loans from a number of different programs and organizations.

FINANCIAL AID EXIT INTERVIEWS

Graduating students who have borrowed federal, state, or institutional loans during their program at Rush are required to have an Exit Interview with a Financial Aid officer prior to graduation. The purpose of the Exit Interview is to review the terms and conditions of the loans, repayment, the monthly repayment amounts, options for deferment and loan repayment strategies.

The Financial Aid office will contact students for whom an Exit Interview is required. Contacted students who do not attend a scheduled Exit Interview will have his/her diploma on hold until this graduation requirement is completed.

1992-93 FINANCIAL AID PROCESSING

The Financial Aid Office is beginning to process applications for financial aid programs for 1992-93. The start of the process is the receipt of the processed FAF need analysis data in computer tape format

from the College Scholarship Service (CSS). We receive tape information every two weeks (beginning March 6) with all students' data who have applied to Rush. The data is uploaded to the university computer system for analysis and review.

A computer generated letter is initially sent to all applicants when the tape information is received. This first letter identifies missing forms or documents based on a computer generated review. A Financial Aid Counselor then reviews each file and determines if there is sufficient information to determine a financial aid award or whether additional information or clarification is needed. Another letter will be generated requesting the additional information. Please respond as quickly as possible to the request for information, since this will help expediate an award for you.

If you received a Student Aid Report (SAR) in the mail, please sign and return it to Financial Aid. The SAR will also state if you have been selected for Verification, a federally mandated procedure that requires the submission of forms and information prior to the determination of federal aid. Please review the comments printed on the SAR and contact Financial Aid if you have any questions.

Students who borrow under the Stafford Student Loan program who use a non-Illinois bank MUST contact their lender for an application for the 1992-93 year. Please do this as soon as possible so that processing can be accomplished in a more timely manner.

As always, please contact the Financial Aid office if you have any questions.

SCHOLARSHIPS

The Baltimore City Medical Society is offering scholarships to medical students with permanent residence in Maryland. Applicants must demonstrate financial need. The deadline is May 1. Applications are available in the Financial Aid office.

Students of Polish descent may be eligible for the Knights of Dabrowski's

Crusade for Education scholarship/interest free loan programs. Applicants must be full time undergraduates or graduates, and must have been Chicago area residents for at least two years. The deadline is April 30. Contact the Financial Aid Office for further details.

The Chicago Intercollegiate Council is offering several \$1000 scholarships to students in the Chicagoland area. Applicants must be of Polish ancestry, have a good scholastic record, and exhibit financial need. The deadline is June 30. Interested students may contact the Financial Aid office for further information.

RUSH JOB GUIDE

IF EMPLOYERS ARE INTERESTED IN PLACING AN AD IN THE RUSH REPORTER, PLEASE CONTACT THE OFFICE OF FINANCIAL AID AT X26256 OR CALL THE STUDENT AFFAIRS OFFICE AT X26302.

The Office of Financial Affairs needs an Office Assistant to help with filing duties. Flexible hours are available and the pay begins at \$6.00 per hour. You must be Work Study eligible. Contact Jane Albanson at x26849 or stop by 101 Schweppe Sprague if you are interested.

The Department of Communication Disorders and Sciences is looking for a student to perform light office tasks approximately 10 hours per week. The pay is \$6.00 per hour. If you are Work Study eligible, contact Dianne Meyer at x25332.

The Rush University Bookstore needs a student worker for approximately 10-20 hours per week. The pay is \$6.00/hr. The student must be Work Study eligible. Contact Paula Smith at x25845 for further details.


Rush Job Guide continued on next page . . .

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The Department of Maternal Child Nursing is looking for an Assistant to help with typing, filing, and sorting/distributing mail for approximately 10 hours a week at \$6.25 per hour. If you are Work Study eligible and interested in this job, contact Rose Burgos, x26604 (805 Jones).

The Department of Finance is seeking a Work Study eligible student for filing, distributing mail and some light typing for 10-20 hours per week at \$6.00/hr. If interested, contact Bill Tice at x25613 (2nd floor, Triangle Office Building).

CONGRADS!!



NURSING CHRISTIAN FELLOWSHIP NEWS

NCF (Nursing Christian Fellowship) has had a great year and because many involved with NCF graduated in March, we now have a new group of students that will coordinate NCF events. The new coordinators are Lynda Duerksen, Kristin Guiduli, Kristie Korch, Amy O'Hare, Cheryl Schumann, and Dian Wolterstorff. We are still having several weekly Bible studies and a weekly prayer meeting. If you have any questions about NCF, talk to anyone of the people listed above. In April, NCF sponsored a meeting on Spiritual Care. May 5th is our large group meeting with "Nursing and Missions" as the topic. May 20th will be our second bake sale. The first bake sale was a huge success and we're hoping that this one will be, too. If you'd like to help NCF by baking something delectable, just talk to one of the new coordinators listed above or contact the Student Affairs office at x26302. Your contribution of a home baked item would be greatly appreciated!

SNA CORNER

*Jolene Zimmerman, President
*Linda Chmielewski, Secretary

NATIONAL CONVENTION

The NSNA held its National Convention in Phoenix, Arizona, from April 22 through April 26, 1992. A number of students from the College of Nursing represented Rush at the convention this year. Also, the faculty advisor for SNA, Nancy MacMullen, Ph.D., R.N., Department of Maternal-Child Nursing, accompanied the students to the convention. A special thanks to Nancy for her support, commitment, and guidance to SNA this year and the previous years she has been faculty advisor for SNA.

A special thanks is also extended to the College of Nursing and to Paola DiDomenico of the Financial Affairs office for helping us with all the necessary arrangements for our trip to the convention. Thank you!!!

PASTA BOWL

This quarter, SNA is sponsoring a PASTA BOWL on May 12, 1992. Because of the success and support of our Chili Bowl, we decided again to tempt your tastebuds with some delicious homemade pasta, donated by our own faculty and students. Be ready to make some pasta donations, be it hot or cold, from one of your own pasta making recipes. Part of our proceeds from the PASTA BOWL will be going to St. Basil's Church. St. Basil's is one of many churches within the City and they run a "free people's" clinic from the rectory. The Student Nurse's Association this year will be donating money to the clinic to help with supplies, projects, or whatever the clinic may need the funds for.

Please come and join us on May 12, 1992 from 11:30 a.m. to 1:00 p.m. in the Student Affairs lounge, 023 Schweppe-Sprague for some GREAT FOOD for a GREAT CAUSE! Hope to see you there!

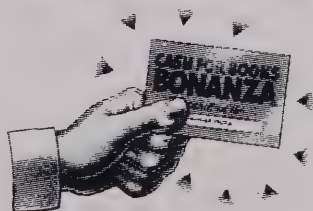
Pasta →



Rush University
Bookstore, June 10-11

CASH FOR BOOKS BONANZA

Books
To
Sell?



ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D.

Following is a list of resources available in the Rush University Library, which may be useful to Rush students preparing for summer 1992 certification examinations.

WY AHN/Mosby . . . nursing boards review for the NLCEX-
18 RN examination. 1991; on PERMANENT RESERVE
A314

WY Sandra Smith's review for NCLEX-RN, 6th ed.; National
18 Nursing Review; 1990; on Reserve
S219
1990

WY Mosby's Comprehensive review of nursing, 13th ed.; C.V.
18 Mosby on Reserve
M8944
1990

WY Mosby's Q & A for NCLEX-RN : questions, answers and
18 rationales; Mosby Year Book, 1990; on Reserve
M895
1990

WY Davis's NCLEX-RN review; Davis, 1990
18 on PERMANENT RESERVE
D265
1990

QY Alba's medical technology: board examination review,
18 vol. 1, 11th ed.; Berkeley Scientific Publ.; on Reserve
A327
v.1
1991

QY NCA review for clinical laboratory sciences, 2nd ed.;
18 Little, Brown; on Reserve
N337
1989

W Shain, Deborah D. Study Skills and Test-Taking Strategies
18 for Medical Students: Find and Use Your Personal
S526S Learning Style Oklahoma Notes; Springer-Verlag; Books
1992

W Thornborough, John R. How to prepare for the national
18 Medical Board Examination comprehensive part I;
T497h McGraw-Hill, on PERMANENT RESERVE
1991

W PreTest National Medical Board examination comprehen
18 sive part I 7th ed.; McGraw-Hill
P941
1991
pt. 1

W Examination guidelines and sample items on PERMA
18 NENT RESERVE; available for Parts I, II and III
N276e

18 FLEX AND SPEX Information Bulletin
F618 Federation of State Medical Boards of the United States
Reference

W FMGEMS Comprehensive Examination Review: 1200
18 Questions and Answers Medical Examination
F647 Publishing Co.; on Reserve
1992



COLLEGE OF NURSING NEWS

Degree Exit Options

Students at all levels may petition to transfer to a different exit option than admitted for by consulting with their advisors and completing the appropriate form. The forms are available in 1418 SSH.

Prelicensure Student Forum

All prelicensure students are invited to attend an open Forum with the Dean and other College of Nursing administrators in May. The purpose of the Forum, sponsored by the Student/Faculty Advisory Committee, is to give you a hearing for any issues and/or concerns. If you are interested, please contact my office.

Program of Study Plans Alert!

Please consult with your advisor on your Program of Study Plan. It should be current and signed by you. You should have completed one during your first quarter in the College of Nursing.

Health Requirements

All continuing students assigned to clinical practice must have an annual TB test done. The results are to be submitted to 1418 SSH. Failure to comply will result in suspension from clinical.

Deadline for cap and gown orders is Monday, May 11th. Call Student Affairs at 942-6302. You MUST notify Student Affairs in writing if you will not be at Commencement.

ARMY ASSISTANCE AVAILABLE FOR GRADUATE NURSING STUDENTS

The Army Nurse Corps now offers a pilot program that allows nurses desiring a master of science in nursing degree to earn it before being assigned normal duties as an Army nurse.

Titled the Masters Assistance Program, it is designed to help nurses who are newly entering the Army to acquire an advanced nursing degree, according to Colonel Sharon Richie, director of Army Nurse Corps recruiting at the U.S. Army Recruiting Command here.

"More than 30 percent of Army nurses have a master's degree already," Richie said. "It is becoming very important to acquire advanced education in both the Army and in civilian nursing."

The program is open to those nurses who are entering a graduate program in the fall of 1992 and who will complete the program with the degree awarded in 18 months or less. Those applying may attend the school of their choice, although the program must be a master of science in nursing acceptable to the Army and accredited by an agency recognized by the Secretary of Education. Deadline for applying is June 15, 1992.

Other program requirements are that the course of study be clinical, as opposed to administrative or education, in one of the following areas: critical care, medical-surgical, midwifery, obstetrics and gynecology, pediatrics or neonatal nursing. The course of study may include graduate programs leading to credentials as nurse practitioner, clinical nurse specialist or advanced practice nurse.

The officer is responsible for all academic expenses. Currently, a second lieutenant with no dependents earns about \$23,200 annually. Upon joining the Army, nurses who are presently civilians are also eligible for a \$5,000 bonus.

Masters Assistance Program applicants must meet all Regular Army and Army Reserve requirements for commissions and appointments into the Army Nurse Corps. Applications for the program may be obtained from Army Nurse recruiters.

This NEWS RELEASE is from the United States Army Recruiting Battalion Chicago, Public Affairs Office, P.O. Box 91, Building 81, Fort Sheridan, Illinois



LATE NIGHT AT THE LIBRARY

In response to a student survey by the Rush Medical College Dean's office, the Rush University Library will be open from Sunday through Thursday nights until midnight beginning with the Spring quarter. At the end of the Spring quarter, staff will evaluate evening hour usage statistics. If the Library is used by a reasonable number of people during the later evening hours, the midnight closing will continue next year. After 6:00 p.m. each evening, all study seats on the upper level of the Library will be restricted to individuals with a Rush I.D.



A FINAL NOTE FROM FINANCIAL AFFAIRS

Please make sure that satisfactory arrangements for payment of student account balances have been made by May 22, 1992. After May 22, acceptable forms of payment will be cash, money order, or cashier's check. No personal checks after May 22 will be accepted. No diplomas will be given to any student who has an outstanding balance at the time of graduation. If you have questions regarding your account you can stop by the Financial Affairs office, 1743 West Harrison, room 101, or call 942-6584.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

Dear Mom,

Thanks for the letter and all the clippings. I'm so glad the whole family will be able to make it to graduation. I thought the day would never come.

The clippings you sent paint a pretty bleak picture of the practice of medicine. Maybe it's a good thing that I don't have any time to read about it! You sounded kind of concerned about it, I thought; please don't worry, I'm sure there will be a place for me after my residency.

Actually, it's hard to predict what kind of a world I will enter when I've finished my residency (do you notice that I keep talking about when I finish and I haven't even started?). If the candidates for President in 1992 mean what they say, some kind of national healthcare policy reform will be put in place during the 90's. I hope it will be a genuine improvement; I know we need something different than we have. When I did part of my medicine clerkship at Cook County Hospital, I really understood what a "two tier healthcare system" meant, and while it was depressing, I was also inspired by some of the physicians and nurses there. They do very good medicine and they really do care for their patients. I hope one day to be as good as they are.

This fourth year has been the best year of all since I've been taking electives and by now I occasionally know what I'm doing! It's hard to believe how much I've learned since the beginning of my third year. For so long I thought I was hopeless and would have to drop out because I just didn't have what it takes and then one postcall morning I realized that I felt great. I had handled things well the previous night and I knew what was going on and what to do. I was tired but I was elated and so relieved to know I could do this after all. I've had some ups and downs since then, but I've never doubted that I can become a good physician.

Being at this point leads me to try to organize the experiences of the last nearly 4 years, the good and the bad. The bad first. Most of the bad was feeling stupid and fearing that I'd always feel stupid. I also didn't enjoy clerkships where there was little or no teaching because I never learned to feel competent in those cases, and I was

aware that precious time was being wasted. I didn't like being pimped and I didn't like it when people treated me and/or my classmates disrespectfully, although I learned to handle it most of the time. And yes, I was frustrated by feeling chronically tired and deprived of time for friends and fun, but that was not a major problem.

Another disappointment was learning that there was no automatic helpful connection between women nurses and medical students and physicians. I guess I was too idealistic, but I'd looked forward to sharing the caretaking experience with other women and it didn't happen very often. I've talked to enough people by now to understand how complicated the relationships are by professional roles and power and status, but I still would like to work at creating an environment where we could work together with affection and respect.

When I started medical school, you asked me if there was much sexism here; I recall telling you that, as far as I could tell, things were pretty equal here. After all, nearly half of my class was women and we were treated well. (I must admit, Mom, that I thought you sometimes went too far, seeing sexism everywhere and it was kind of embarrassing.) Now, at the end of my clinical years, I might not be so sanguine. I've seen things happen, heard things said on the floors that upset me, where it was clear that a woman student was being treated different simply because she was a woman. I know too that a couple of my friends have been hit on by married guys who hinted that good evaluations might be forthcoming if they got to know each other better. It's tricky too, because they know how to be subtle and careful enough that if you protest, they just laugh and say they were joking so who looks like a fool if you complain to someone about it? I don't think bad evaluations came from their refusals, but the whole thing left me feeling depressed. I was too busy to see much of the Thomas-Hill hearing last fall but I'll tell you, I have a lot of sympathy and respect for Anita Hill.

There were more good than bad experiences. The best times, as I said earlier, were when I felt competent, when I knew what was happening with my patient. Also, I've almost (but not quite) learned to feel good

about times when I could help a patient simply by listening, holding a hand, paying attention. It does not seem enough to do, yet I can see that patients appreciate it and experienced people tell me not to dismiss it too lightly. It is very difficult when I realize that someone is going to die no matter what we do and I don't know if I'll ever learn to deal with it. Maybe I will get to that point but right now I still have a lot to learn that I hope will help me be able to do more to make people better. Another good feeling came from being a part of the medical group, almost like being part of a secret society with its own language and rituals. After feeling like an outsider for so long, it felt wonderful to be included in the lunch group or in discussions as some of us wrote our notes.

The other wonderful part of the last four years at Rush was all the opportunities I've had to take what I've learned out into the community. I've told you about the St. Basil's Clinic program where I learned so much and felt so good helping people who don't have access to expensive healthcare. There are other programs, working with children with HIV, teaching school kids about safe sex, and new programs are added pretty regularly. It's very affirming to see that most of my classmates genuinely enjoy the process of caring for others. Goodbye eighties, hello nineties.

I have made some wonderful friends here, many of whom will be leaving for faraway places in June. It doesn't seem quite real that we won't be together much longer; we're trying to spend time together now that we're basically finished with school. It really is true that suffering together makes people close! I wonder how many of us will keep in touch; I know it will be difficult because we'll all be so busy but fortunately I will have some of them here in Chicago.

And then there's love. I wish I had met someone during school because I worry that I won't have time to meet anyone for the next three years. Some of the women in my class had babies during medical school and I envy them; I know it was hard for them but

continued on next page . . .

continued from previous page . . .

still they have their children. I'm not getting any younger and I'll be 31 when I finish my training and if I haven't met anyone by then, I'm afraid I may really worry. Some of my unmarried friends swear they'll have children on their own if they don't meet a guy; we don't want to miss the experience of being mothers, but I don't know if I'm ready to say that. Now calm down, Mom, I probably wouldn't do it, and I'm still optimistic about meeting a nice guy.

Better stop now before you have a panic attack. Thanks to you and Dad for all the support over these years and I look forward to more of it during residency. You've both been wonderful.

Love,

Your daughter the doctor



.....

From left to right, Rush first year medical students Jackie Aregood, Jacqueline Leavitt, Chia Chen, Michele Van Vranken, Tom Matkov, Laura Whisler, and Sue Lavaccare (from Loyola University) attended the Pro-Choice March in Washington, D.C. on April 5, 1992.



SUM•MER

noun 1 : The season between spring and autumn comprising in the northern hemisphere usu. the months of June, July, and August or as reckoned astronomically extending from the June solstice to the September equinox 2 : the warmer half of the year



We've got what you need . . . you need to keep cool this summer. (Not that you're not cool already . . . we all know you are or you wouldn't be here!) **We've got the best Rush wear in town!** Don't think sweat-shirts. Think **shorts, tanks and tees!** **Shades.** We've got **Rush shades in day glo colors**, and visors . . . always good for a golf outing! **Water bottles and mugs.** You know, a body gets awfully thirsty in the summer. Did we say **tennis balls?** Well, no, they don't have logos, and heck, yes, they're cheaper at Sportmart, but there isn't a Sportmart in this neighborhood. (What a *racquet* we've got!) If you absolutely have to be here this summer . . . we always have textbooks.

**RUSH UNIVERSITY
BOOKSTORE . . .**

**ALWAYS HERE FOR YOU,
EVEN IN THE SUMMER!**

STUDENT NATIONAL MEDICAL ASSOCIATION

The Student National Medical Association (SNMA) has over 125 chapters within 10 regions at medical schools and undergraduate institutions throughout the United States and its territories, making it the largest organization of medical students, primarily dealing with the concerns of minorities, in the world of medicine.

Membership in SNMA is open to under represented minority students in medical school. African-Americans, Mexican Americans, mainland Puerto Ricans, American Indians, and Alaskan Natives are recognized as under represented minority groups. The Rush Chapter of SNMA has been in existence for several years. Ramona Walker, MI, is serving as the 1991-92 Acting President. To date, the Rush chapter of SNMA has held three meetings to discuss recruitment of new members, Reach Task Force, Minority Brochure, the establishment of a meeting room for SNMA, etc. Upcoming events for SNMA include:

•NATIONAL CONVENTION - APRIL 16-18TH

(Come to the next meeting for report by Patrice Ringo)

•SPRING BAZAAR/BOOK SALE

•NMA CONVENTION - AUGUST 1-6TH, 1992 SAN FRANCISCO, CA.

(BE SURE TO CHECK OUT THE SNMA BULLETIN BOARD ON THE 5TH FLOOR OF THE ACADEMIC FACILITY NEAR ROOMS 539 AND 540)

For more information on SNMA membership or activities, please contact Ramona Walker at (312) 226-7327 or the office of Student Affairs at x26302.

The party pictures on these pages were taken at the GREATER CHICAGO SNMA 5TH ANNUAL SPRING FLING SOCIAL EVENT, hosted by the Rush Chapter of SNMA, held on Friday, March 27, 1992.





Ms. Bev Huckman and Dr. Larry Goodman at the SNMA PIZZA PARTY, where SNMA members met to discuss the Minority Recruitment Brochure and REACH Task Force.



INFORMATION NEEDED FOR STUDENT AFFAIRS 1992-93 ACTIVITY CALENDAR

The Student Affairs office will once again be publishing an activity calendar for 1992-93. Due to the popularity of the calendar for 1991-92, we will be listing meetings, deadlines, activities, and as many fun and informational events as we can possibly fit on this calendar. This is where YOU come in . . . We need you to submit information about events related to the various organizations and groups you may belong to. We don't want to leave anyone or anything out, so jot some things down and drop it by the Student Affairs office by Monday, June 29, 1992. You can also call us with the information at x26302. Stop by or call today!



DR. ANDREOLI HOSTS STUDENT/FACULTY DINNER

The first College of Nursing Student/Faculty dinner was hosted by Dr. Kay Andreoli, Dean of the College of Nursing on Wednesday, April 15th at her home. An Italian dinner was enjoyed by Stacy Haas, Carmen Petrizzo, Kathy Halvey, Kristin Guiduli, Leslie Stratton, Jasmine Zhai, Linda Deurksen, Amy O'Hare, and Mary Hueske. Special thanks to Jolene Zimmerman and Patricia Lau for assisting the Dean with this dinner and to Dr. Andreoli for hosting this enjoyable event.

Nursing Students who are interested in attending future student/faculty dinners, hosted by other faculty members, should watch the 3rd floor bulletin boards in Schweppe for sign up sheets.

RUSH STUDENTS PARTICIPATE IN VOLLEYBALL TOURNAMENT

On Saturday, March 23rd, Bob June (M3), Stacie Laff (M3), Jill Zurawski (M3), Stephanie Wastall (M3), Russ Bart (M4), and John (M3) participated in a volleyball tournament at the College of Osteopathic Medicine. They played 4 games, one of which was against Loyola. Although the Rush team was defeated, they enjoyed a free lunch and went home with a free t-shirt. Next year, the Rush team will return and the outcome is destined to be different! The team was sponsored by Student Affairs.

EXPLORATORY GROUP TO EXAMINE ISSUES IN MEDICINE AND RELIGION

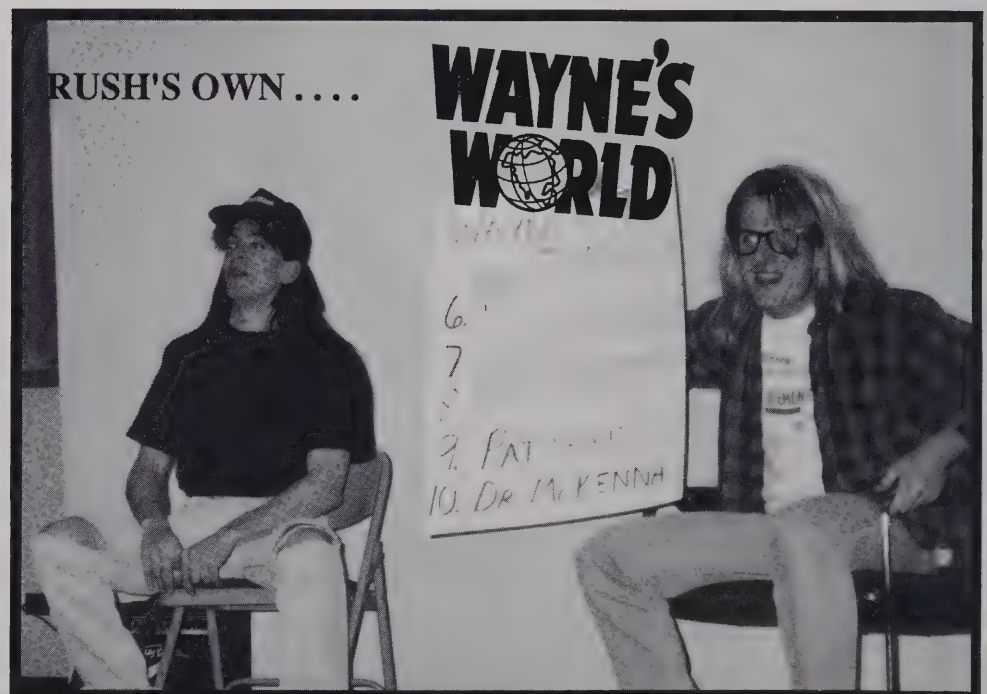
Are you a Rush University faculty member or student interested in forming an instructional group to explore medicine and religious issues? If so, please contact the Student Affairs office at x26302 or the Reverend Tom Mainor, Medical Center Ministry, at (312) 666-0248 (606 South Ashland). When you call, we'll discuss the best time for having an initial gathering to assess interest.

ND STUDENT ORGANIZATION MEETING

All present N.D. (Nursing Doctoral) students are invited to attend the next N.D. Student Organization meeting, May 20th from 11:30 a.m. to 1:00 p.m. in Room 023 Schweppe Sprague. For more information, call Ann in the Student Affairs office, x26302.

THANK YOU!

Thanks to all the students, faculty, and staff for your help at Rush University Day. Without your contribution of time and energy, R.U. Day just wouldn't have been the same. The Student Affairs office hopes you had a good time and we look forward to seeing you at R.U. Day next year!



ENTERTAINMENT

STUDENT AFFAIRS OFFERS SUMMER FUN FOR RUSH UNIVERSITY STUDENTS

•Discount Cineplex Odeon movie tickets on sale all summer! \$4.00 per ticket.

•Ice Cream Day, Wednesday, July 8, 1992!

•Summer T.G.I.F., Friday, July 31, 1992!

•Cubs game in August. (We'll have a lottery later this month, so watch for signs!)

•We will continue to offer free movie rentals.

•Great America tickets . . . discounted for students only, so watch for signs.

•White Sox game. (We'll have a lottery this month, so watch for signs!)

(PLEASE NOTE: OUR SUMMER HOURS AS OF JUNE 8TH ARE 8:00 A.M. TO 5:00 P.M. MONDAY THROUGH FRIDAY)

NEW FACES IN FAMILIAR PLACES

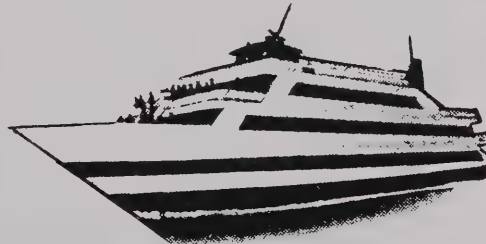
If you haven't had a chance to meet our newest Financial Aid Counselor, stop by Schweppe 101 and say hello to **SUSAN MORET**. Susan joined the Financial Aid team in December, 1991. She resides in Hickory Hills and by the time you read this she will have earned her master's degree in political science. Welcome, Susan!

JANE ALBANSON, who replaced Paola DiDomenico as Manager of Financial Affairs is waiting to meet you in Schweppe 101. If Jane looks familiar to you, she was a Staff Accountant in the Finance department before joining us in Student Services. Welcome, Jane!

We'd also like to take the opportunity to congratulate **Paola DiDomenico** and wish her the best in her new position with Northwestern University. We'll miss you, Paola!

ORIENTATION STUDENT LEADERS NEEDED . . .

Students who are interested in working on new student orientation for their respective colleges should contact Katie, Director of Student Affairs, x26302 or stop by 023 Schweppe Sprague. We would like to see students from the College of Nursing, Health Sciences, the Graduate College, and the College of Medicine become involved in this endeavor.



SENIOR CRUISE SCHEDULED

Set your sails for the Senior Cruise! Calling all M4's, Senior Nurses, N.D. grads, Health Sciences grads, O.T's, and Doctoral Students. Don your cruise wear and get ready to lounge around and enjoy an evening cruise aboard the Chicago Princess on Monday, June 8th. Boarding will occur at 7:30 p.m., we sail promptly at 8:00 p.m., and we dock at 11:00 p.m. Boarding passes may be obtained from Student Affairs for a discounted price of \$15.00. Please note there will be a cash bar on board; however, food will be provided! For more information, contact Roy Eenigenburg (M4) at (312) 736-4860, Kathy Torney (M4) at (708) 383-7854, Geriann Gallagher (ND) at (312) 226-7889 or Jolene Zimmerman (N4) at (312) 942-8141. All aboard!

ATTENTION ALL SCHWEPPE RESIDENTS

If you will be moving out of Schweppe for the summer, please notify the Post Office of your change of Address!

T.G.I.F.
FRIDAY, MAY
15TH
UNIVERSITY INN
4:30 - 7:00 P.M.

STUDENTS AND
FACULTY
WELCOME

LAST BUT NOT LEAST

This is the last issue of the Rush Reporter for the 1991-92 school year. We look forward to September, and our first issue of the Rush Reporter for the 1992-93 school year. Good Luck and Best Wishes to all graduating students. We'll miss you. For students who'll be with us over the summer, Student Affairs has plenty of fun things planned so stay in touch. Don't forget, the Rush Reporter is YOUR school paper, published for the information and enjoyment of the Rush University Students and Staff and it has been a pleasure to serve you! Enjoy the Summer!



*Black Women is a publication of
Kona Community Center of Hawaii, Inc.*

*Editor: Cheryl C. Cramer
Contributing Editors: Ann C. Cramer
Katie Henry, M.D.*

RUSH UNIVERSITY ORIENTATION NEWS

SUMMER EDITION
JULY, 1992

Published by Rush University Office of Student Affairs



GREETINGS!!!

Greetings from Office of Student Affairs. Please allow us to introduce ourselves. We are the people who plan to entice you into getting involved with student life at Rush University. Ann Cocks, Assistant Director, Katie Henry-Schill, Director, and Cheryl Casarez, Secretary, are here waiting to meet you. If you're hesitant about coming to Rush because you don't know anyone, well think again! We advise the Rush University Board who plan and implement the cultural, social, and educational activities on campus. We encourage you to get involved with Rush from the beginning so you can meet people and have a life outside of those labs!

WELCOME TO RUSH

Orientation and registration for all new Rush University students will take place on Thursday, September 10th and Friday, September 11th. **Early Registration is not permitted for new students.**

You will learn about your curriculum, student counseling and student services during orientation, as well as meet with your advisor. Tuition and fees are paid at registration. You will also sign promissory notes (if applicable), turn in health insurance forms and make on-campus parking arrangements. Don't forget your comb and your best smile. I.D. pictures are also going to be taken.

Further information and an orientation schedule will be sent to you later.

Housing

If you're moving on campus to Schwappe, the Office of Property Management, (312) 942-6474, can answer your questions regarding dates and times you can move into your apartment. You may call or visit their office Monday through Friday, 8 a.m. to 4:30 p.m. Please note that they are not open on the weekend and plan accordingly. Students moving into Center Court Gardens should contact the management office at (312) 226-2836. Their hours are 9 a.m. to 5 p.m. Monday through Friday.

If you still haven't found a place to live and are starting to check the price of a good pup tent, call or drop by the Office of Student Affairs. Located in the basement of Schwappe-Sprague Hall, the office maintains apartment and roommate listings. The staff will be more than happy to share their wisdom on neighborhoods, apartments, etc. Their number is (312) 942-6302.



Student Affairs Hotline

The Student Affairs Hotline is now in operation! If you need to know more about life at Rush University, dial (312) 942-6302 and ask for Ann or Katie. If you are debating about calling us, go ahead and call! We're friendly people who are eager to help!



On the Move?

If you have moved since your acceptance to Rush, be sure to notify the Admissions Office. We don't want you to miss any news flashes.



Academic Calendar 1992-93

	<u>X Courses</u>	<u>Y Courses</u>	<u>Z Courses</u>
Orientation and Registration	June 19		
Summer Quarter Classes Begin	June 22		
Independence Day Holiday	July 3		
Classes End	August 25		
Examination Period	August 26-28		
Fall Quarter Classes Begin	September 14	September 14	September 8
Classes End	November 20		
Examination Period	November 23-25		
Thanksgiving Holiday		November 26-27	November 26-27
Classes End		December 11	December 11
Examination Period		December 14-18	December 14-18
Holiday Break	Nov. 26 - Jan. 3	Dec. 19 - Jan. 3	Dec. 19 - Jan. 3
Winter Quarter Classes Begin	January 4	January 4	January 4
Classes End	March 12	March 12	March 12
Examination Period	March 15-19	March 15-19	March 15-19
Spring Quarter Classes Begin	March 29	March 29	March 29
Rush University Day	May 5	May 5	May 5
Classes End			May 7
Examination Period			May 10-17
Memorial Day Observed	May 31	May 31	May 31
Classes End	June 4	June 18	
Examination Period	June 7-11	June 21-25	
Commencement	June 12		
Summer Quarter Classes Begin	June 21		
Independence Day Holiday	July 5		
Classes End	August 24		
Examination Period	August 25-27		

X courses are offered by nursing and health sciences faculties

Y courses are offered by first-year medicine and graduate college faculties

Z courses are offered by the second-year medicine faculty

Note: Tentative calendar, subject to final approval.

Financial Aid News

Financial Aid Award Notification

Financial aid award letters will be sent to new and returning students beginning mid-July. Notification of financial aid awards will be sent to late applicants prior to the beginning of fall quarter if all requested data has been received.

First Year Medical Students Job Possibility

The Department of Biomedical Communications needs at least two first year medical students to provide audiovisual support in lecture/classes that the students would normally attend as part of the first year curriculum. No experience is necessary. Students must be eligible for College Work Study. If you are interested in finding out more about the duties, contact Mike Brooks at 942-5185 or Bill Richardson at 942-5187.

Stafford Student Loan Processing

If you have been wondering how the Stafford Loan process works, here is a short summary of the procedures for you to follow in obtaining the Stafford Loan.

1. File a need analysis to determine eligibility for financial aid, including Stafford Loan.
2. FAF and ACT filers will have a Stafford Loan application information sent to us for completion.
3. We will process the loan and submit it to the state for guarantee.
4. You will be contacted by your lender to sign the promissory note, after which the loan will be sent to Rush for disbursement.

The above procedure applies to students borrowing from an Illinois bank. If you are borrowing from a bank in another state, you must obtain an application from the lender and forward it to the Financial Aid Office for completion. If you do not have any prior Stafford Loan (GSL), it is your choice to use an Illinois lender or a home state lender. In either case, the loan program is the same nationwide.

Contact the Office of Financial Aid at (312) 942-6256 if you have any questions.

HEALTH INSURANCE

The University has authorized a two-part program of medical service to protect and promote the health of its students. The first is Anchor, a health maintenance organization oriented toward illness prevention, which provides a variety of professional services and ambulatory care. This is not a hospitalization plan. While a student is actively enrolled, single coverage in the Anchor plan is provided by the University. Coverage does not begin until an Anchor application is properly filled out and signed at the Office of Financial Affairs. An application must be filled out during the first week of the fall quarter for all new students and whenever a student is rejoining the Anchor program after a lapse in coverage such as summer vacation.

The second part of our student health insurance program is Blue Cross hospitalization insurance. Each student must maintain the Blue Cross coverage or its equivalent from the date of matriculation until graduation, including summer quarters. Prior to matriculation, students must decide to either join Rush's Blue Cross policy or obtain similar coverage elsewhere. During fall registration, all students must sign up for single Blue Cross membership unless they can provide proof of alternative coverage. Such proof would consist of presenting a current alternative hospitalization policy or a member identification card.

Additional information and applications for both Anchor and Blue Cross will be sent to you at a later date.



THE OFFICE OF
FINANCIAL AID
IS LOCATED IN
101 SCHWEPPE-SPRAGUE HALL
THEIR TELEPHONE NUMBER IS
(312) 942-6256



Foreign Students

Foreign students should report to the Registrar's Office as soon as they arrive in the Chicago area.

Permanent Residents

If you are a permanent resident of the U.S., bring your alien registration (green card) to registration. Bring either the original card or a xeroxed copy if you have not previously submitted proof of permanent resident status to the Registrar's Office.

Immunization Requirement

In compliance with Public Act 85-1315 (Illinois College and University Immunization Requirement), Rush University requires new students born after January 1, 1957 to show proof of immunity for measles, mumps, rubella, diphtheria and tetanus. You should have received a form to be used for reporting proof of immunity in lieu of your physician's signed statement or copy of your immunization record on file in his/her office.

If you are not up to date with your immunizations, check with your local or county board of health for locations of centers offering low cost or free immunizations.

We are required by the Act to withhold registration for winter quarter unless this requirement is met.

Return the form or other proof of immunity by August 21, 1992 to the address below.

Supplemental Student Data Form

You will find a yellow "Supplemental Student Data Form" enclosed. Completion of this form is part of the matriculation process of Rush University and applies to everyone. It is essential to the Registrar's Office in determining state residency and completing federal reports. Please fill out the form and return it to the Registrar's Office now. Medical students have already supplied this information, so no form is enclosed.

Important Information About Jobs

All employees who change jobs or take a new one, whether at the Medical Center or anywhere else, must now prove their right to work under a Department of Justice ruling. The following are items which may be shown as proof of your right to work:

U.S. citizens must show either a current U.S. passport or a current picture I.D. (usually a driver's license plus some document verifying citizenship (usually an original social security card or a certified birth certificate).

Noncitizens must show appropriate immigration identification. F-1 student visa holders may only work at the Medical Center.

If you are considering working once you get to Rush, take the time now to find your birth certificate or social security card.

Final Transcripts

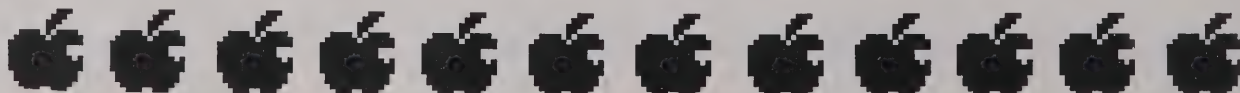
Final, official transcripts that include all course work attempted prior to matriculation at Rush University should be sent to the Registrar's Office prior to orientation. Official transcripts must be mailed directly from the institution attended. Winter quarter registration may be held for those with incomplete files.

Students planning to enter Rush Medical College must meet this requirement. While transcripts were submitted to AMCAS during the application process, AMCAS verifies course grades only and does not send transcripts to Rush. Therefore, the Registrar's Office must receive official transcripts from any schools attended at or after the time of initial application and from any school from which a baccalaureate or higher degree was earned.

Deferment Forms

Do you have student loans from other institutions? Are you being asked to start payment? You probably are eligible for a student deferment while at Rush. Your statement from the lending institution will probably include an area for continuing your deferment. Fill in your area, including dates of deferment, sign it, and send it to the Registrar's Office. Include a note giving the program in which you have been accepted, your social security number and whether you expect to be a full time or part time student.

**Office of the Registrar
1743 W. Harrison Street
1st Floor, Schweppe-Sprague Hall, Room 101
Chicago, Illinois 60612
(312) 942-5681**



Financial Affairs

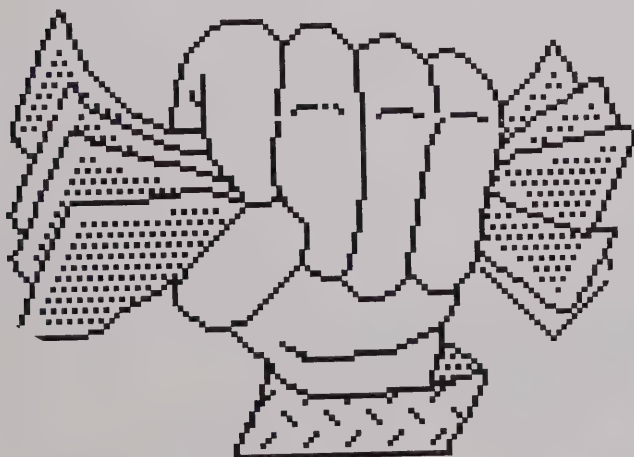
A prerequisite for the completion of your registration is the payment of tuition and fees. The payment policy can be found on page 8 of the Student Financial Aid Handbook. Quarterly rates for full time and part time status are as follows:

Tuition 1992-93

	Per Quarter Full Time	Per Quarter Hour Part Time: 1-11 Hours
<u>Rush Medical College</u>		
*1st and 2nd year	\$6,560.00	-
*3rd and 4th year	\$4,920.00	-
<u>College of Nursing</u>		
Undergraduate	\$2,785.00	\$240.00
Graduate	\$3,160.00	\$280.00
<u>College of Health Sciences</u>		
Perfusion Technology	\$3,180.00	\$280.00
Graduate	\$3,130.00	\$280.00
<u>Graduate College</u>	\$3,130.00	\$280.00
<u>Unclassified</u>	-	\$280.00

*Note: First and second year students are charged three times a year. Third and fourth year students are charged four times per year. The yearly rates are the same.

You will be provided with an itemized statement of tuition and fees due when you complete your registration. All tuition and fees are due on September 14, 1992. Be prepared to make the necessary payments when you come to orientation/registration. If you have any financial aid applied for and pending through our Financial Aid office, you will only be responsible for the balance of tuition and fees less that aid. Please be sure that you fully understand the above requirements and correspondingly comply by September 14, 1992, in order to assure that no complications will arise concerning your registration and placement on the class rosters. If there are any questions concerning the above policies or procedures, please contact the Financial Affairs office at (312) 942-6584.

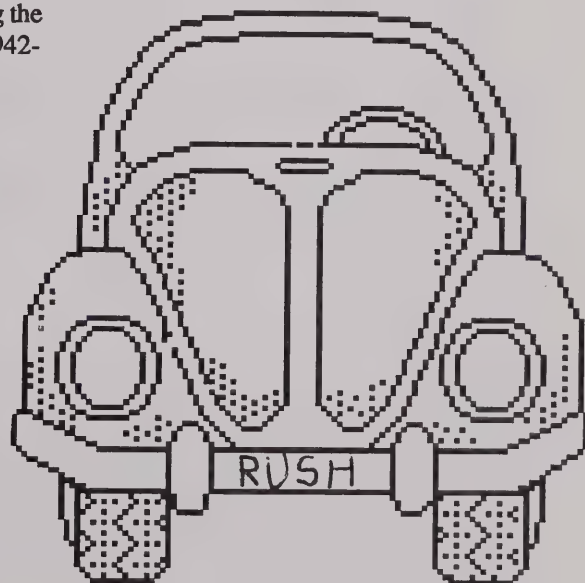


Parking Information

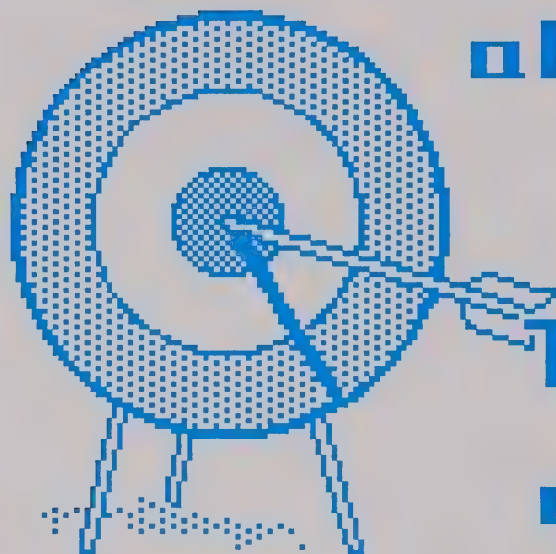
Whether you live at Rush or commute in, the safest place to park your car is in the parking facility. You may use this covered garage at a daily rate of \$3.15 or obtain a quarterly key card. The current cost is \$94.25 per quarter, or \$31.75 per month, plus an additional \$10 deposit. Key cards provide unlimited access to the garage and 24-hour access to the Academic Facility via the bridge across Paulina Street. The parking facility also provides free jumpstart and tire change service to garage patrons.

All students who park vehicles at the Medical Center are required to display a Rush parking decal in the left corner of the windshield. Decals, which are free of charge, are necessary for security purposes and for obtaining the discount of \$3.15 per day if you do not have a key card. Representatives from the Parking Garage will be present at registration. You may get your decal and key card at that time.

The Parking Garage is open 24 hours a day, seven days a week. However, for the purpose of obtaining key cards, decals and conducting routine business, the office hours are limited from 8 a.m. to 5 p.m., Monday through Friday. Should you arrive on campus prior to September 6 and wish to make parking arrangements, stop by the garage office. Questions regarding parking should be directed to the parking manager at (312) 942-6594.



?? ? ? ? ? ? ? ? ? ? ? ? ? ? ?
NEED
INFORMATION



about

RUSH?

Target your
questions to

Student Affairs!

call

Hattie, Ann, or Cheryl

at

(312) 942-6302

?? ? ? ? ? ? ? ? ? ? ? ? ? ? ?

RUSH UNIVERSITY ORIENTATION NEWS

SUMMER EDITION II
AUGUST, 1992

Published by Rush University Office of Student Affairs



Welcome to Rush!

The start of the 1992-93 school year will soon be here and we are anxiously awaiting your arrival. Contained in these pages is more information that will make the transition to Rush a little easier. Since we are the editors of this little tabloid, we'd like to begin with our own little editorial:

Shortly after your arrival, you are sure to realize that, "Hey! College was **NEVER** like this!" Life is a bit different here in the health professions institution than almost anywhere else. That can be good or that can be bad. We've heard it's more like having a job than going to school. The time demands are great. Rush students are incredibly competitive (even in silly games that really don't matter). And, yes, you have tons of studying to do.

Academics are only a small part of the picture, and we realize the importance of "playtime". Don't expect to spend your time here *incognito* because the student services staff and faculty strive for that personal touch. We have quite a diverse student body and you will be provided ample opportunities to socialize and learn from the friends you make. You are encouraged to get involved in some organization. We have a little something for everyone and are always open to new ideas. Besides your personal satisfaction, involvement also looks good on your resume or C.V.!

Since you can't be at school all the time, remember that you will be in the heart of Chicago. Enjoy its cultural and recreational events. The city has much to offer.



Looking forward to seeing you are (left to right) Cheryl Casarez, Secretary, Student Affairs; Dr. Bill Wagner, Associate Dean, Student Services, Ann Cocks, Assistant Director, Student Affairs; and Katie Henry-Schill, Director of Student Affairs.

The next few years will be exciting. Your experiences will be many. You will cultivate new friends and, of course, "colleagues".

So, pack up your book bag and sharpen your pencils. We look forward to seeing you in September!

The Student Affairs Staff,

Katie, Ann, and Cheryl



Set Your Sails for A Cruise!!!

You're invited to kick off your first week at Rush by joining other students at our first social event of the year, an evening cruise aboard the Chicago Princess on September 17th! Boarding for the cruise, which sails from Navy Pier, starts at 6:30 p.m. The ship sails promptly at 7:00 p.m. and docks at 10:00 p.m. This cruise on Lake Michigan includes dinner, free pop, and music provided by a live band! In addition, it's an opportunity to see the Chicago skyline at night (an awesome sight!) and a chance to meet and mingle with new and returning Rush students.



Oh, come on, I know you're saying "I don't know anyone so why should I go?" Well, don't worry! Our student orientation leaders and Student Affairs staff will make you feel at home. The cruise has been planned for the first week of school (before you get buried in your books!). You are welcome to bring a guest and just think of how many new friends you'll meet. The cost of the cruise is \$8.00 per person if you send in your order by September 1st, and \$10.00 per person after that date. Please return the form (enclosed in your orientation packet) by the early payment date so that you can receive the \$2.00 discount. Bring in or send your check to the Student Affairs office, 023 Schweppe-Sprague Hall, Chicago, Illinois 60612.

Office of Student Financial Aid

The Office of Student Financial Aid is located in 101 Schweppe-Sprague Hall. All full and half-time students are eligible to apply for financial assistance. The Financial Aid staff coordinates funds to students in need so that they will be able to pay for a Rush education. Because of limited federal funding, financial aid is allocated to students with the highest demonstrated need. Other loans are also available to less needy students. The Financial Aid staff is also able to assist you in establishing a reasonable budget to balance your expenses and available resources.

Students borrowing funds to help finance their education at Rush are also encouraged to seek the counsel and guidance of the Financial Aid staff to avoid an unmanageable debt after graduation. The staff also coordinates student letter writing campaigns to legislators and other key public figures when critical financial aid legislation is pending. Questions can be directed to the staff at 942-6256. The office is open from 8 a.m. to 4:30 p.m. Monday through Friday.



STUDENT COUNSELING CENTER

Marilyn Johnson, Ph.D., Director
Robert Aber, Ph.D.
Peggy Lusk, M.A.

The Student Counseling Center provides professional counseling year round for concerns ranging from academic problems to issues of personal development. In the past, Rush students have sought help for test anxiety, insomnia, anxiety, depression, and marital and/or relationship problems. A student peer counseling program is trained and administered by the staff of the Center. The Student Counseling Center is located on the 8th floor of Schweppe-Sprague Hall; the telephone number is 942-3687.



Left to right: Isabel Melendez, Secretary, Susan Moret; Financial Aid Counselor, Mike Howard; Financial Aid Counselor, Bob Dame; Director, Financial Aid, Bobbie Oglesby; Assistant Director, Financial Aid

Employment Positions

College Work Study (CWS) positions are available for students who have been awarded employment in their aid packages. Departments that hire CWS students include the Rush Library, the Learning Resource Center, Biomedical Communications, the Registrar's office, the Student Affairs office, the Financial Aid office and the Office of Financial Affairs. Other departments in the Medical Center also hire students and the Financial Aid office maintains job listings. If CWS is listed on your award letter from Financial Aid, you may contact any of the departments listed above for further employment information.

Students who are not awarded employment in their aid packages may elect to work to replace any loans that were awarded. The Financial Aid office can make an adjustment in your award if requested to do so.

It is important to remember that employment at Rush-Presbyterian-St. Luke's Medical Center may affect the amount of assistance you receive during the year since federal regulations require employment monitoring for specific programs. Contact the Financial Aid office if you have any questions.



THE R.U. BOARD NEEDS YOU!

The new 1992-93 Rush University Board is gearing up to make the upcoming year the best ever. The Board is a university-wide student committee that works with the Office of Student Affairs to coordinate the co-curricular life of Rush students. Plans for T.G.I.F.'s, Record-A-Hit, Beach Party, Open Mike Night, and other events will soon be underway.

Joining Rush University Board is a great way to meet new friends and to know what's going on at Rush. They meet the first Wednesday of the month at 5 p.m. in the Student Affairs Lounge, 023 Schweppe Sprague Hall. The first meeting of this school year will be held on September 16th. For more information or to sign up, stop by the Student Affairs Office (023 Schweppe), or call Katie or Ann at 942-6302.

College Admission Services

College Admission Services coordinates the admissions process for applicants in undergraduate and graduate nursing, medical technology, perfusion technology, occupational therapy, audiology, and speech-language pathology. The staff provides educational counseling regarding prehealth curriculum and general ways for students to prepare credentials and conducts preadmissions audits. Recruitment is also a function of College Admission and the staff attends college fairs, visits colleges for information purposes and sponsors open houses and campus visits for potential students. Rush has an affiliation network with several private colleges which provide about one-fourth of the undergraduate students. College Admission maintains relations with students and staff at these colleges.

Advertising and publications are also an Admission effort. In addition, the staff maintains a library of current college catalogs and information on such examinations as the Graduate Record Examination.

Located in room 119 of Schweppe Sprague Hall, College Admission Services is open from 8 a.m. to 5 p.m. Monday through Friday.



Books

We realize that you're anxious to get the jump on this study business, but take our word for it, and grab a comic book or steamy romance novel instead.

We suggest that you wait until after the first class meeting before you buy books. Book lists here are long and you probably can't afford to buy them all. Some might not even prove beneficial to you. Second-year nursing and medical students are preparing survival guides for their little sibs which will recommend which books to buy and which ones to use in the library. Once you arrive and decide what you want to buy, Rush University Bookstore is the place to head.

The Bookstore stocks all required and recommended textbooks for Rush University, as well as medical and nursing



Front Row, left to right: Evelyn Jackson, Julie Kittridge; Admissions Counselor. Back Row: Eileen Costello, Dave Wedemeyer; Admissions Counselor, Elizabeth Small. Not Pictured: Phyllis Peterson; Director, College Admission Services

ON-CAMPUS PICNIC SCHEDULED

Monday, September 14th, mark your calendar for a picnic. If you're moving into a residence hall (Schweppe or Center Court), you are welcome to join us (location and time to be announced) Don't miss this opportunity to meet your neighbors. This picnic is sponsored by Student Affairs. Watch for signs posted on campus with more details. See you There!!!

reference titles, health titles, medical fiction, test preparation titles, etc., at prices approximately 10% below other stores.

To receive a ten percent discount on books, you must present your validated student I.D., so be sure to carry it with you when shopping at the Bookstore. Personal checks and traveler's checks are accepted with a valid student I.D. VISA, MasterCard and American Express credit cards are welcome.

The Bookstore also carries a large assortment of college supplies, medical and surgical supplies, greeting cards, backpacks, Rush wear and lab coats. Overnight film developing is also offered.

Located on the ground floor of the Academic Facility, the Bookstore is open from 8:30 a.m. to 5:00 p.m. Monday through Friday.

*****COUPON*****
Rosin Custom Opticians
offers to
Rush University Students
a
30% Discount
see us in the
Professional Building
Suite 945
Rush-Presbyterian-St. Luke's
Medical Center

We are a comprehensive eye care facility specializing in:
Prescription eyeglasses
Prescription sunglasses
Contact lenses (clear & tinted)
Nonprescription sunglasses
Contact lens solutions*

*Price includes discount

We look forward to serving your eye care needs.

Yours for better vision and quality service,

ROSIN CUSTOM OPTICIANS

THIS OFFER IS GOOD
THROUGH NOVEMBER 30, 1992

PRESENT THIS COUPON

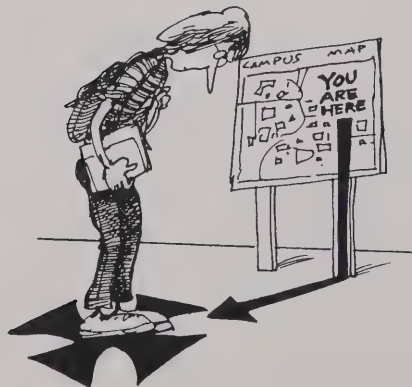
Office of Financial Affairs Bursar's Office

The primary student function of the Office of Financial Affairs is billing and collection of tuition, insurance and on-campus housing charges. The Financial Affairs staff is responsible for issuing receipt for payments received and for disbursing guaranteed loan checks once payment for any balance owed to Rush has been made. The Office of Financial Affairs is also responsible for issuing overpayment checks for any credit on student accounts due to financial aid.

The staff coordinates the University's Blue Cross hospitalization policy and the University's Anchor HMO policy. Rush requires students to carry some type of hospitalization from matriculation until graduation. Rush also enrolls students in Anchor. Information for both policies is included with this mailing. Please see Financial Affairs for any questions or problems concerning student insurance.

Other functions include check cashing for students with a valid University I.D. (up to a maximum of \$50) and validation of the University Student I.D. upon satisfactory financial arrangement.

If you have any questions regarding your tuition bill, insurance coverage or check cashing privileges, please contact the staff in the Office of Financial Affairs. Glad to help you are Jane Allanson, Manager; Debbie Maize, Bursar; Maria Rubio, Loan Collection Coordinator; and Sharon Tyrrell, Insurance Coordinator. Check cashing hours are from 9 a.m. until 4 p.m. Monday through Friday. For payments and questions on bills and insurance, the staff is available from 8 a.m. until 4:30 p.m.



Left to right: Deborah Maize; Bursar, Maria Rubio, Loan Collection Coordinator, Jane Allanson; Manager, Financial Affairs.
Not Pictured: Sharon Tyrrell, Insurance Coordinator

Student Affairs HOTLINE

Each summer the Student Affairs Hotline is kept buzzing with a couple of burning issues which seem to cause incoming students much anxiety. We're just going to nip this in the bud and take care of your anxiety right here and now.

Books

We know that you're anxious to get the jump on this study business, but take our word for it, and grab a comic book or steamy romance novel instead.

We suggest that you wait until school starts before you buy books. Book lists here are long and you probably can't afford to buy them all. Some might not even prove beneficial to you. Second-year nursing and medical students are preparing survival guides for their little sibs which will recommend which books to buy and which ones to use in the library.

Once you arrive and decide what you want to buy, you can check prices at the Rush University Bookstore or at nearby Login's Bookstore.

Nursing Uniforms

In 1990, the College of Nursing adopted a uniform for prelicensure students. This consists of white shoes and a white skirt or pants. The shirt is a green polo shirt embla-

zoned with the College of Nursing emblem which is available at the bookstore. A name pin is also worn on the shirt. Street Clothes, with or without a lab coat, are worn for some clinical experiences. The lab coat, when worn, must be marked with an identifying patch sewn on the left sleeve. If you have any questions contact the College of Nursing at 942-2165.

Dress Code

On lecture days, the option of what to wear is yours in all programs. No matter what your big sib might tell you, first year medical students do not wear their white coats to class. . . Your big sib probably did it to be cool and ended up looking like a nerd instead.

Equipment

Many of you will be required to purchase some kind of equipment during your time at Rush. Like books, we suggest that you not run out and buy it early. Wait until you get here and see what you need. Several organizations sponsor equipment sales early in the year. Their prices are not always the cheapest, but the profits go to sponsor worthy causes. Or you can always get things at the bookstores or at uniform shops.

Academic Skills Center

Michael J. Harris, Ph.D., Director

The Academic Skills Center offers study skills services to students in all four colleges of Rush University in the following areas:

- Study skills and test-anxiety assessment
- Term paper, thesis, and technical paper writing
- Time management counseling
- Improving study habits
- Effective textbook reading
- Note-taking
- Individual and small group "how to study" sessions
- Assistance in arranging content tutorials
- Study skills workshops at orientation and during the academic year

The Academic Skills Center is located in 418 Academic Facility, near the entrance to Biomedical Communications, and next to the McCormick Learning Resources Center. The telephone number for information and to make an appointment for consultation is 942-3227. Office hours are from 8 a.m. to 3 p.m. (walk in). To accommodate student schedules, other appointment times may be arranged.

Student and faculty feedback regarding present services provided and suggestions for additional study skills programs are always welcome.



Michael J. Harris, Ph.D., Director, Academic Skills Center

Educational Resources

Other than in the classroom, you'll find yourself spending many hours in the **Library**. Located on the fifth floor of the Academic Facility, the Library provides resource material to meet your information needs. You may pick up a Library Guide, which summarizes library services, at the reference desk. The phone number for the Library is 942-5950. Hours this fall will be as follows:

Mon.-Thurs.	8 a.m. - 11 p.m.
Friday	8 a.m. - 6 p.m.
Saturday	9 a.m. - 6 p.m.
Sunday	1 p.m. - 7 p.m.

McCormick Learning Resources Center (MLRC), also located on the fifth floor of the Academic Facility, is designed to facilitate independent study and self enrichment. The Center contains a collection of videocassettes, slide/tape programs, films, computer software, videodiscs, and audiocassettes for student use. Students may also request media materials for presentations. In addition, the MLRC has electric typewriters available for your use. For more information call 942-6799. MLRC hours will be as follows:

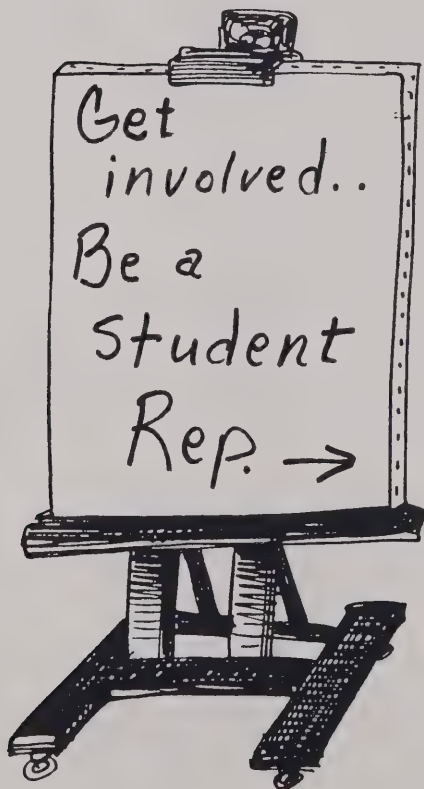
Mon.-Thurs.	8 a.m. - 11 p.m.
Friday	8 a.m. - 6 p.m.
Saturday	9 a.m. - 6 p.m.
Sunday	1 p.m. - 7 p.m.



OFFICE OF THE REGISTRAR

The Office of the Registrar prepares and distributes a timetable prior to registering students each quarter. At the end of each quarter the Registrar receives grades and mails grade reports to students with copies sent to the appropriate advisors. As students near the completion of their programs, the Registrar performs graduation audits and orders diplomas. Other activities include taking identification pictures for students and faculty, publishing the Student Address Book and the Rush University Bulletin, completing loan deferment forms, licensure applications and transcript requests and the scheduling of class and meeting rooms for the Medical Center. The Registrar serves as advisor for veterans and the assistant registrar serves as advisor for international students.

The Registrar's office, located in 101 Schweppe-Sprague Hall, is open from 8 a.m. to 4:30 p.m. Monday through Friday. Joe Swihart, Registrar; Ann Schuppert, Assistant Registrar; Marie Aldridge and Felicia Garza, Student Record Aides; and Denise Labeledz, Coordinator of University Scheduling, all stand ready to assist you in any way they can.



Front row: Denise Labeledz, Ann Schuppert; Assistant Registrar.
Back row: Marie Aldridge, Joe Swihart, Registrar.
Not Pictured: Felicia Garza

HAVE YOU RESOLVED TO GET INVOLVED?

It's important that you get involved in as many aspects of your Rush education as possible. Being involved is more than participating in classes and showing up for T.G.I.F.s. Students can actively join in the decision-making and planning that affects their education by becoming representatives on student government or a college or university committee. These representatives are vital components to the committee system and allow for the flow of communication among students, faculty and administration.

Information describing committees and a listing of positions available will be distributed through student mail. Elections for the Graduate College and Rush Medical College will be held later in the quarter. Watch for further information.

Questions regarding student representation should be directed to Ann Cocks, Assistant Director of Student Affairs, 023 Schweppe-Sprague Hall, x26302.

Come on! Resolve to get involved!



Nursing Orientation

From the minute you arrive you will have an opportunity to talk, ask directions and get helpful hints from our student nurses who were in your situation a year ago. All nursing students are invited and encouraged to attend a reception on Thursday, September 10th from 3:30 p.m. - 5:00 p.m. in the Student Lounge, Schweppe 023.

This is a great opportunity to meet your new classmates and mingle with the "voices of experience".

Transportation

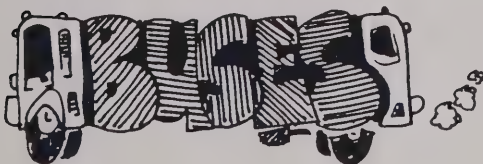
Public Transportation

For those of you without your own wheels, public transportation is the easiest way to get around town. The Chicago Transit Authority provides "el" (subway) and bus service to most areas of the city. The el routes and many buses provide 24 hour service. Commuter railroads and suburban bus services provide transportation to and around outlying areas. The Medical Center area is served by both Douglas and Congress el lines, as well as many CTA bus routes. For information about public transportation in the metropolitan area, the RTA (Rapid Transit Authority) maintains a toll free information line. The number is 800-972-7000. Be prepared to tell them where you are and where you want to go. They will be happy to assist you in planning the most efficient route. They will also send you free system maps and route schedules on request.

The fare on buses and CTA trains during the rush hour is \$1.50 and a transfer is an additional 30 cents. *****All buses require exact fare.***** Change and discount tokens are available at el and subway stations. One other alternative for regular CTA users is a monthly pass which entitles you to unlimited CTA use for one month.

Rush/Cook County Hospital Shuttle Bus Service

As a joint effort, Rush and Cook County Hospitals offer a private bus service between Rush and Northwestern and Union Stations. You can pick up a book of 20 tickets at the hospital cashier's desk or the Schweppe Sprague 101 cashier for \$18. The buses run every 15 minutes from 6:05 a.m. to 9:35 a.m. and from 3:05 p.m. to 6:35 p.m. You can catch the bus at the corner of Paulina and Harrison in front of the Atrium building or at the northeast corner of Harrison and Wood Streets by the Rawson building.



Rush Shuttle

Rush's security officers will drive you to your car or your apartment (if you live in the neighborhood). The shuttle is free and runs 24 hours and is available upon request. You can catch the shuttle by the revolving doors of the Harrison Street Lobby. If you are at your apartment and wish to come to campus, call Security (942-5678) and the shuttle will pick you up.

Keep in mind that the shuttle is a security measure. You will not be dropped off at Burger King or a local drinking establishment.



The Multicultural Affairs Committee of Rush University and RPSLMC

- who we are:

The group is comprised of Rush students, faculty and staff.

- what we do:

The Multicultural Affairs Committee (MAC) sponsors programs and discussions on topics of many kinds of diversity - we acknowledge and value differences in ethnicity, gender, race, sexual orientation, physical ability and religion.

- how we do it:

We sponsor activities such as speakers, theatrical presentations, and ethnic meals throughout the year.

- interested?

Come to our monthly meetings on the first Tuesday of each month from noon until 1 p.m. in 703 Schweppe. Or you may call Student Affairs at x26302 to get on our mailing list.

It's not all work and no play . . .



You've heard about requirements and curriculum, you've learned about housing and transportation. . .but no one's told you where to go to relax, unwind, meet new friends, meet old friends, or just have a little fun. Well, the Office of Student Affairs really shines on these particular details. All students and faculty are invited (and encouraged) to attend the activities sponsored by Student Affairs and the Rush University Board. You can look forward to the following activities during the 1992-93 school year:

T.G.I.F.

These are great afternoon and early evening get togethers that offer the opportunity to mingle with friends, faculty, and fellow students from all of the Rush programs. T.G.I.F., with its variety of beverages and snacks, helps you readjust your attitude.

Each T.G.I.F. is sponsored by a different department and sometimes has a special theme and entertainment. Watch for flyers around campus or read the *Rush Reporter*, our school newsletter, for dates and times of T.G.I.F. You'll be happy there are Fridays when you see how many friends you make!

Student Lounge

The Student Lounge is located on the "garden" level of Schweppe. It's a cozy atmosphere which makes it a great place to relax in between classes. The lounge is equipped with a stove, microwave, and refrigerator to help you with your lunch or dinner. Don't forget the BIG SCREEN! That's right, folks: 46 inches of television mania just waiting for you! The soaps, the Daily Double, Monday Night Football, and don't forget Wednesday night at the movies (we have a VCR). There's also a sound-proof piano room, too. Besides all of the above, the friendly folks from Student Affairs have their offices down there, so come on down for a chat or the latest Oprah update.

Where's the party?

Each quarter the Rush University Board sponsors a major party. The Mad

Pumpkin Ball, the Beach Party and Casino Night are just some of our favorites. Dance music is provided at the parties, as well as beverages, munchies, and prizes!

Talent abounds!

We know that Rush University students are not only academic geniuses but are also talented in the arts as well! We'd like to give you a chance to show your stuff.

During Festival of the Arts, you can display your visual or literary talents in the art exhibit or participate in the music recital. If classical music is not your bag, Open Mike Night or Record A Hit might be your outlet. We look forward to your participation in these events.

The Rush Reporter is a Student Affairs publication and we welcome your writing talents. Don't be shy about submitting an article, poem, short story, etc. Call Cheryl in Student Affairs, x26302 or stop by 023 Schweppe-Sprague Hall.

Sports and Recreation

Rush does not have athletic facilities, however, we don't want you to lie around eating bonbons and get out of shape. Instead, try one of our aerobics classes offered on campus. Get together a team in the fall for Rush University's Flag Football league. Call the Student Affairs office at x26302 for information on either of these activities.

The University of Illinois - Chicago, offers Rush students the use of their facilities. Rush students can buy passes and Student Affairs will give you a rebate each quarter that you purchase a pass. For 1992-93 rates, call the Student Affairs office, x26302.

Theatres and Sporting Events

Several times during the year, Student Affairs purchases group tickets for theatre and sporting events. Tickets for the Bulls, Cubs, White Sox, Civic Opera, Shubert Theatre, etc., are offered to students at a reduced rate, and you will have a great opportunity to take advantage of several musicals, plays, and sporting events that

Chi-town has to offer. We also have discount movie tickets (Cineplex Odeon) and, during the spring, discounted tickets to Six Flags Great America in Gurnee, Illinois (a few miles north of Chicago).

Student Government/Organizations

Each college at Rush has its own student government association. You're encouraged to get involved in this aspect of your education. Committees range from admissions to curriculum to judiciary review. You can help the channels of communication among students, faculty and administration. Elections are held in the fall—watch for further information once you arrive at Rush.

You will hear of many professional organizations at Rush. You will be provided with the chance to mingle with your peers, give your input in the future of your chosen career and sometimes do community service.

All campus events are free to Rush students and guests. Spouses, significant others, and friends are welcome. (We ask, however, that you do not invite 30 or 40 of your dearest friends.)

Keep in mind that your life at Rush University will be what you make it. You will be encouraged to be as involved as your curriculum allows. Of course, we want you always to be happy and healthy. Enjoy your life at Rush!



RUSH REPORTER

SEPTEMBER, 1992

*Published by Rush University, Office of Student Affairs
Volume XVI, Number 1*



SPRING QUARTER 1991 DEAN'S LIST

Congratulations to the following undergraduate students who earned at least a 3.50 quarterly grade point average for a full-time course load during Spring Quarter 1992!

MEDICAL TECHNOLOGY

PARUL CHOKSHI
DEENA PATEL

NURSING

ANTOINETTE AHR
ANN ALPETER
JULIE CARON
CHRISTINE CHA
SHARMA FULLER
FIONA HAHN
KATHLEEN HALVEY
MARY HARLESS
THERESE HIRSCH
RITA HUGHES
KRISTIE KORCHA
CARMEN PETRIZZO
KIMBERLY ROUSE
JENNIFER SMITH
VICKI THIAKOS



SHIP AHOY!!!

Attention medical students! Come aboard the S.S. Rush as you set sail for the new academic year. The Alumni Association of Rush Medical College is sponsoring a welcome barbeque for all new and returning students on Friday, September 18, 1992. Rush Medical College alumni will be on hand to serve up burgers and refreshments (beverages compliments of Student Affairs) while entertaining you with tales of days past. The S.S. Rush will be docked at Schweppe Patio from 3:00 to 7:00 p.m.

This informal gathering will give you the chance to meet alumni, (many of whom are on staff at Rush), and fellow students. There is no charge, so stop by and celebrate the beginning of the new year.

TAKE A GAMBLE ON CASINO NIGHT

A chance to relax and unwind after your first two weeks or so of classes! The Rush University Board and the Office of Student Affairs is hosting Casino Night on September 25th. All Rush University students, faculty, and guests are welcome. Try your luck at Las Vegas style games and vie for prizes. This event is being held in the Schweppe Sprague Auditorium from 8:00 p.m. to Midnight. Refreshments will be served.



DON'T JUST WALK AWAY!

You say you don't like your elective course so you'll pick up something else next term? Don't just walk away. Rush does not have a grade for those who quit going to class as some other colleges do. The instructor must give a grade for each enrolled student. If the course work has not been satisfied, there is little that the instructor can do but submit a failing grade.

You may receive a WP or WF after mid-term (until the last day of the quarter) but it will not be the solid "F" that could stop your academic career. See page 23 of the current Bulletin. Pick up an Add/Drop form in the Office of the Registrar and deposit it in the yellow drop box. An advisor's signature is required.

CRUISE INTO '92 - '93 WITH US . .

Join us on the Chicago Princess Boat Cruise, Thursday, September 17, 1992 from 6:30 - 10:00 p.m. Enjoy dinner, a live band, free pop, and a 3 hour cruise on Lake Michigan. There will be a cash bar for those of you wanting beverages other than pop.

Tickets are \$10.00 each and can be purchased in the Student Affairs office, 023 Schweppe Sprague from 8:30 a.m. until 4:00 p.m. Monday through Friday.



FINANCIAL AID NEWS - September 1992

INSTITUTIONAL FINANCIAL AID PROGRAMS

The following scholarships and loans are available to medical students who meet specific criteria. Since the program criteria is not a part of the normally requested information, individuals who feel they fit the criteria must identify themselves to the Office of Financial Aid for consideration.

Sciaretta Scholarship - This scholarship is for students of Italian descent who can prove that both parents are of Italian lineage. Appropriate documentation (copies of birth certificates, citizenship papers, etc.) must be provided.

The Rev. Cannon E. Savage Loan - This loan is for students of the Episcopal faith.

Katzman Scholarship and Loan - Eligible students must be of the Jewish faith and making satisfactory progress.

Poma Scholarship - This scholarship is for M3 or M4 medical students with financial need who are proficient in the Spanish language.

The Illinois Medical Society Loan - This loan is for M3 and M4 students who are residents of Illinois. The maximum loan amount is \$2,500 and has an interest rate of 5.5%. Repayment of the loan and accrued interest will be in 4 payments over a 12 month period beginning on January 1 of the first year of practice following residency but no later than 5 years after graduation. Recipients must have membership in the Illinois State Medical Society.

Please contact Financial Aid if you have any questions. Sign-up sheets are located in Financial Aid, 101 Schweppe.

SCHOLARSHIPS AND THE IRS

Receiving financial aid in the form of scholarships for educational costs may affect the amount of income you report for federal income tax purposes when filing your 1991 tax return. The IRS has ruled that any scholarship assistance received in EXCESS of tuition, fees, documented books and supplies during the calendar year is to be treated as taxable income.

Any income reported in this manner is self-reported, that is that Rush does not send any formal document of scholarship assistance (other than what is listed in your financial aid award letter). If you have any questions about this issue and whether or not this affects you, then call or come to the Financial Aid office.

SCHOLARSHIP OPPORTUNITIES

The Metropolitan Chicago Healthcare Council is now accepting applications for 1992-93. Students must be enrolled in Nursing, Medical Technology, Radiologic Technology, or Respiratory Therapy programs. **The deadline is October 1.** Applications are available in the Financial Aid office.

The Downers Grove Area Branch of the American Association of University Women is offering a scholarship to a woman who has returned to school after a five-year hiatus. **The applicant must be enrolled full time and must be within two years of completing her undergraduate or graduate degree.** She must reside in Darien, Lisle, Westmont, Downers Grove, or Woodridge. **The deadline is October 15.** Contact the Financial Aid office for applications.

SCHOLARSHIP REFERENCES: The Financial Aid office has compiled a listing of private agencies offering scholarships to undergraduate and graduate students. In many instances, applications are available.

COLLEGE WORK STUDY

Need a job? You may be eligible for campus employment. If your award letter indicated "Employment", you must visit the Financial Aid office to obtain an authorization form. If employment was not awarded, an adjustment may be possible. Students are responsible for finding suitable positions for themselves. A partial listing can be found in the Financial Aid Office.

RUSH JOB GUIDE

RUSH UNIVERSITY BOOKSTORE needs a student to assist in pricing and shelving books, running register and filing. Work-study students are needed to work 15-20 hours a week at \$6.00 an hour. Contact Paula Smith at x25845 if you are interested.

THE OFFICE OF PREVENTIVE MEDICINE has an opening for a Nursing Assistant who would assist in weighing patients, taking histories and blood pressure readings. You must be a nursing student to qualify for this position. The hours vary but mainly consist of Tuesdays, Thursdays, and Fridays from 8:00 a.m. to 12:00. This position pays \$7.50 an hour. Contact Debbie McCormick in 119 Professional Building or at x22146 if you are interested.

EMPLOYEE HEALTH SERVICES is looking for a creative person with excellent writing and communication skills to assist with Employee Health Promotions. This position does not require work-study eligibility and the pay starts at \$8.00 an hour. Contact Kate Dunn at x25309 in Employee Health Services if you can work approximately 15 hours a week.

THE ACADEMIC SKILLS CENTER needs tutors to assist students in reviewing Human Anatomy; for Occupational Therapy students and Pharmacology; for Nursing students. Qualifications include being work-study eligible and passing the class for which they wish to tutor. Hours are flexible and the wage is \$7.00 per hour. Contact Michael Harris at the Academic Skills Center, 418 AF, or at x23227.

THE OFFICE OF FINANCIAL AFFAIRS is looking for students to assist in filing paperwork and other financial transactions. The hours are flexible, the wage starts out at \$6.00 per hour, and you must be work-study eligible. Contact Jane Allanson in 101 Schweppe or at x26849.

THE OFFICE OF FINANCIAL AID needs work-study eligible students to assist in general office duties including light typing and filing. The hours are flexible and the pay begins at \$6.00 an hour. If you are interested, please contact either Bob Dame or Bobbie Oglesby in the Office of Financial Aid, 101 Schweppe or at x26256.

THE OFFICE OF STUDENT AFFAIRS is looking for a work-study eligible student to sort mail, answer phones, and post flyers during the lunch hour. Hours range from 10 to 20 hours per week. Some evening hours may be available. If you're energetic, flexible, and enjoy working with people, call 942-6302 or stop by the Student Affairs

BOOKSTORE UPDATE

Paula Smith, Manager
Rush University Bookstore

Welcome back! How we've missed you and your quest for that perfect review book and highlighter!

The summer is over and those days at the beach and nights at Poplar Creek are but faded memories. For us, they faded that day 60 boxes of textbooks were dropped at our doorstep. Any lingering memories of summer disappeared the following day when 110 cartons (1,500 lbs. worth) of paper products arrived at high noon with a truck driver who followed union rules and refused to unload them. Oh, my aching back. OT students: it's hard to "lift with the legs when you're pulling a box off a truck! Anyway, with any luck, most of the boxes will be out of your sight when you arrive.

Though we had virtually no slack time, we did manage to make a few changes. No, now, don't get carried away . . . we did not label the shelves. Where would the challenge be in that? Anyone can find a book when there are signs around. We did, however, get new cards and racks - *Hallmark!* And you're going to love this - a pop machine!! You asked for it - you got it. Though we're still having some contractual disagreements, we hope it will continue to hold Pepsi products, ocean Spray juices and water. Other changes are apt to be more subtle, and deal with stock. We have new stationary, water bottles, golf balls, etc.

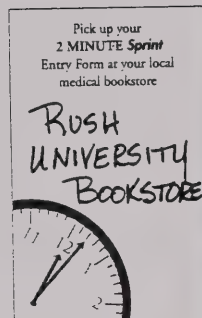
I have to write this a few weeks before you read it, but this is what we hope to have going on in the fall:

- * 39 cent highlighters - this could be your fave
- * free date books
- * contest sponsored by Pepsi and Cornuts
- * buy 2 get 1 free Hallmark (only) cards
- * free double prints with film developing every Tuesday
- * 15% off littman, HP, * Welch Allyn Scopes
- * The best Rushwear in city!
- * And, of course, there's always textbooks!

Come down and see us!

FREE!

ALL THE BOOKS YOU CAN CARRY



2

MINUTE

SPRINT

STUDENT WRITERS WANTED

The Office of Student Affairs is looking for students, faculty, and staff to contribute articles to be printed in the *Rush Reporter*.

Have you written some witty piece of fiction or poetry? Would you like to submit an article on a topic of interest to the student body? We'd love to hear from you.

Please contact Cheryl Casarez, Editor of the *Rush Reporter* at x26302 or stop by the Student Affairs office, 023 Schweppe Sprague.

Get a Grip!
First Prize: If you're a winner you'll have two minutes to gather as many Williams & Wilkins, Lea & Febiger, and Harwal titles as you can carry from your medical school bookstore! (You'll get to keep whatever you're still holding at the end of the two-minute sprint.)

Take a Trip!
Grand Prize: One lucky winner will get a five-day, four-night fling in the Bahamas over winter break—and you can bring a friend. (Which friend? That's for you to decide—and for them to fight over. Airfare and lodging are included.)

Have a Sip!
Second Prizes: These winners will receive an authentic Waverly, Inc. ceramic mug, for coffee, tea, or the beverage of your choice. They hold ice cream, too.

Please read contest rules and details on the back of entry forms provided.



WORSHIP SERVICE SCHEDULE TAYLOR CHAPEL

Episcopal Mass

Monday	11:10 a.m.
Tuesday	11:10 a.m.
Wednesday	No service
Thursday	11:10 a.m.
Friday	11:10 a.m.
Sunday	9:00 a.m.

Roman Catholic Mass

Saturday	4:00 p.m.
Sunday	11:00 a.m.

Study Skills

by Michael J. Harris, Ph.D., M.B.A.
Director of the Academic Skills Center

NEW TUTORING PROGRAM AVAILABLE FOR RUSH STUDENTS

Welcome to all new students who will be beginning health professions studies at Rush University this fall! Welcome back to all returning students! I hope you had an enjoyable and productive summer.

For those of you whose summer job kept you from "getting the jump" on your fall classes, or for those who took most of the summer "off" from studying, the Academic Skills Center (ASC) announces a new tutorial program to help Rush students get the most out of study effort.

This program is one that has been perceived as needed for some time. It is offered because funds have been allocated to provide for tutoring in content areas for students in the Colleges of Health Sciences and Nursing and in the various departments of the Graduate College.

The Center would like to identify and interview work-study eligible

students from these three colleges who are interested in working as peer tutors in any content area (nursing, pharmacology, kinesiology, statistics, organizational development, medical physics, and other technically-based courses) in which there is a demand for help outside class time. It is hoped that this "formal" tutorial service will address student needs in the same way that the tutorial program now available to students in Rush Medical College does though on a more modest scale.

The academic Skills Center will serve as a clearinghouse between tutors and those desiring tutorial assistance. We will begin accepting inquiries from both tutors and tutees as soon after the beginning of classes as possible. Please telephone extension 2-3227 or stop by room 418 Ac Fac to connect with this program. There will be no cost to tutees. Service will be provided until the budgeted funds are used up. Every effort will be made to accommodate as many tutees as possible. As a matter

of fairness, a specific hour limit will be placed on the amount of tutorial time any single student may use.

The established procedures of Rush University and the Medical Center will be followed with regard to hours and compensation for tutors, who must be work-study eligible.

Students are also reminded not to overlook the other services available through the Academic Skills Center. We offer students assistance with term papers and theses, administer several diagnostic tests in the areas of test anxiety, learning styles and study behaviors. We offer helpful suggestions for improvement of study skills, test taking and time management. You are welcome to call or stop by at your convenience. If we are not available when you call or come to chat, you may leave a message on the door (418 Ac Fac) or on our voice mail (2-3227).

Again, welcome back and have a productive and fun fall quarter!

WHAT IS ACADEMIC COMPUTING RESOURCES?!

The Academic Computing Resources Department (ACR) operates the PC lab and the CAI lab for Rush faculty, staff and students.

The PC laboratory has 11 IBM compatible and 5 McIntosh computers, 2 laser printers and 4 dot matrix printers. Patrons have access to the PC lab 7 days a week on a sign-up basis. Available software applications include WordPerfect, SPSS PC+, dBase IV, Paradox, Lotus 1-2-3, and Harvard Graphics, as well as software application tutorials and the AMA-FREIDA database. An ACR staff member is available at all times to provide assistance as necessary. Computer diskettes, paper and transparencies are provided at a reasonable cost.

The CAI laboratory has 15 IBM compatible computers and serves as a delivery facility for over 850 computer-assisted instruction programs for Gross Anatomy, Physiology, Neuroanatomy and other subject areas. These are available through the PLATO instructional network, video disk instruction and additional CAI programs. Also available is a review program for the National Boards Medical Exams. The lab is accessible 24 hours a day, 7 days a week on a first-come, first-served basis.

Instructors can use the PC and CAI labs as a classroom by calling extension 26556 and making reservations.

COLLEGE OF NURSING

STUDENT SUPPORT SERVICES

Program of Study Plan:

All students are to meet with their advisors within four weeks of matriculation in order to develop a Program of Study Plan. The College of Nursing and the Office of the Registrar need to have a program plan on file. Students should have a copy of the plan also so that their progression toward graduation can be effectively monitored. Course offerings and information about graduation are planned and/or projected on the basis of Program of Study Plans.

Elective Hours (Undergraduate):

The Registrar's office sends a memo to all students during the Fall quarter telling them how many upper division elective hours they need. That number is usually nine but it may vary depending on how many the student has upon admission. A copy of that memo also goes to the student's advisor.

HEALTH POLICY

The College of Nursing has adopted a policy, effective immediately, that requires all students to be vaccinated against Hepatitis B Virus. Hepatitis B is a major infectious disease health problem that is completely preventable by immunization. The vaccination consists of a series of injections and takes approximately three months for immunity to be conferred. Therefore, it is important that you initiate steps to get vaccinated immediately. Proof of vaccinations must be submitted as soon as available. A hepatitis vaccination will protect you and your patients. The immunity should last seven or more years.

Your TB test must be updated annually while enrolled in the College of Nursing. Please submit proof of a recent TB test (within three months) to my office. The incidence of TB has increased in recent years and is again a serious health problem, especially in urban areas.

Upper Division Electives:

Make sure you will complete any necessary electives in order to graduate on time. Upper division electives cannot be taken at a junior or community college. Do NOT plan to take Intraoperative Nursing the Spring quarter if you wish to be officially finished at the end of the Spring quarter. That course extends two (2) weeks beyond the end of the quarter.

Transfer of Credit:

Make sure you have requested any transfer of credit from another institution on the appropriate form obtained from the Registrar's Office.

GEL Statistics and Research Courses:

GEL students must take PVM 541 (Biostatistics). Biostatistics is prerequisite to NUR 521 (Research). Research is required before the B.S. degree can be granted. Biostatistics is offered Fall and Spring and Research is offered Winter and Summer. Please plan accordingly.

CPR Certification:

Please update your CPR certification. You must have a current certificate in order to carry out patient care assignments.

NCLEX Readiness Test and Application:

All prelicensure students are required to take the NCLEX Diagnostic Readiness Test. Those planning to graduate in December will be required to take the test in November. This is not a graded test and requires no study preparation. March and June graduates will take the test in March. An orientation to NCLEX and the application for NCLEX will be given in November

for December graduates and in March for March, April and June graduates. Prelicensure students graduating Fall or Winter Quarter should contact my office for applications.

Nursing Service Scholarship Recipients:

All nursing service scholarship recipients will be required to complete a survey indicating their intentions regarding employment or graduate education after completing B.S. requirements. You will also be required to meet with a Nurse Recruitment person at least two months before completing degree requirements.

Faculty/Student Advising Handbook:

The new Faculty-Student Advising Handbook has gone to press! You may obtain copies of the handbook from Student Affairs after September 14, 1992.

Change of Address:

Change of address and/or change in name information should be submitted to College of Nursing Student Support Services. We send important information out via U.S. Mail and students may be disadvantaged if they do not get it due to a name or address change.

All students have file folders in Student Affairs for campus mail. These folders should be checked at least once a week for announcements.

Student activity in student organizations is encouraged and welcomed. Please talk to Dr. Haynes, Director of Student Support Services, x22165, or stop by the Student Affairs office, 023 Schweppe if you want to get involved!

Meetings are on the first Tuesday of every month. Our next meeting is from noon until 1 p.m. on October 6th in 703 Schweppe. Dessert will be served. If you cannot make the October meeting, call Student Affairs at x26302 to get on our mailing list.

TUITION REMINDER FROM FINANCIAL AFFAIRS

This is a reminder that tuition is due the week of September 14, 1992. Please come into the Office of Financial Affairs to make your payment arrangements. If you cannot come by, you can mail your payments to:

Rush University
Office of Financial Affairs
1743 W. Harrison
Chicago, IL 60612

or call:

(312) 942-6584

A \$100.00 late fee will be added to unpaid balances after September 14, 1992.



ON CAMPUS ALCOHOL POLICY

Alcoholic beverages are allowed only in Schweppe-Sprague Hall in the auditorium, the Student Lounge, on the patio outside the Lounge and - - for those fortunate enough to chow down in Rush's plush dining area - - in Room 500. Alcohol is not permitted in any other buildings within the Medical Center.

In addition, only beer and wine are permitted at on-campus parties. Any hard liquor will be confiscated.

Questions concerning this policy should be directed to the Office of Student Affairs, x26302.

WHAT EVERY WOMAN SHOULD KNOW ABOUT \$\$\$\$\$ MONEY \$\$\$\$\$

Nora Lex is a certified financial advisor. She began her business at age 46, with very few resources. Following her own advice and principles in her own life has brought her success and financial stability.

Attend her seminar in order to understand how money works and how you can make it work for you. Start now and plan for your own financial success. Nora's free class is an excellent introduction on where to begin; we'd encourage you ALL to attend. Please sign up in advance in the Student Affairs office, 023 Schweppe Sprague. The seminar is Monday, October 5th at 5:00 p.m. in Schweppe 023. Light refreshments will be served. Attention men: you are also welcome!

APPLY NOW FOR INTERNAL MEDICINE RESIDENCY AT RUSH

The Department of Internal Medicine is now accepting applications for its 1993-94 residency program. If you are a fourth year medical student interested in a career in internal medicine, contact Mary Ann Moran, Academic Programs Coordinator, Internal Medicine, 301 Jones, x25352 for application materials.



Fall Into Place at the Library!

Welcome in Fall with lots of new stuff at the Library on the 5th floor of the Academic Facility! Search our network databases any time you need journal article references from PsycLIT, Cinahl (nursing), HealthPlan or CancerLit. Save time with our new Document Delivery Service by having us copy and mail/fax articles (\$2.00 each) for that first major paper. Don't forget about learning to use our computerized catalog LIS (Library Information System) including our own miniMEDLINE. Try us out for books, journals, literature searches, interlibrary loan, reserve readings, quiet study areas and our relaxing reading area. Remember the 4th floor McCormick Learning Resource Center for audiovisuals, group viewing rooms, 24 hour study area, audiocassette recorders and typewriters. Hurry in to get your barcode on your I.D. so we can help you see those "A" grades at the end of the quarter!

LIBRARY FALL HOURS

Mon. - Thurs.	7 a.m. - 11 p.m.
Fri.	7 a.m. - 6 p.m.
Sat.	9 a.m. - 6 p.m.
Sun.	1 p.m. - 9 p.m.



MCCORMICK LEARNING RESOURCE CENTER FALL HOURS

Mon. - Thurs.	8 a.m. - 11 p.m.
Fri.	8 a.m. - 6 p.m.
Sat.	9 a.m. - 6 p.m.
Sun.	1 p.m. - 7 p.m.



GAY AND LESBIAN SUPPORT GROUP

The Gay and Lesbian Support Group at Rush is freestanding and informal. It exists to provide Rush students, faculty, and staff with the opportunity to meet other gay and lesbian Rush people. As with any group, it has its own personality depending on the people who bring themselves together to form the group. The 1991-92 group, in my view, was comprised of people who are dedicated to their individual endeavors here at Rush and in their personal lives; including family, partners, and jobs. We were able to find a lunch hour once a week when our diverse schedules allowed us to get together and catch our collective breath. One week we might talk about something serious, such as during the week of the L.A. Crisis. Another week we might spend most of the time laughing. We consider ourselves fortunate to have gotten to know each other. Because it has been such a positive experience for us and because we feel that the group meets a real need at Rush, we are proud to once again extend an open invitation to anyone interested to get in touch with Joe Kranz, through his mailbox (G.E.L.) in the Student Affairs office or by calling him at (708) 949-6954. Our message: Rush can be a place where you can put everything you are into what you do. In our group you are valued for the whole and complete person that you are.

Rush Reporter is a publication of Rush University, Office of Student Affairs.
Editor: Cheryl Casarez
Contributing Editors: Katherine Henry-Schill, Ann Cocks

CHECK THAT MAILBOX!

Each and every Rush student has been issued an on-campus mailbox or file through which he or she may possibly receive important information from faculty or friends or on the latest social function. You are encouraged to check your mailbox weekly. Not only will this keep you on the cutting edge, but it will also keep the cobwebs at bay!

Remember, no U.S. mail will be delivered to these in-house mailboxes. Make arrangements to have all personal mail, including journals and magazines, sent to your local home address.

WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00 p.m., it's a night out at the movies. The movie is shown in the Student Affairs Cinema (SS023). Come and join us for the best in film entertainment and some free popcorn!

Watch for further announcements of what movies are going to be shown.



RUSH FLAG FOOTBALL NEEDS YOU!

The R.U.F.L. (Rush University Flag Football League) is a long-standing tradition at Rush and we're encouraging all new students as well as all returning students to get involved! Teams consist of both men and women and can be as competitive or fun as you want them to be. The game is played with seven people on the field for each team, two of which must be women. Otherwise, the rules are pretty much standard grid iron.

Applications for teams will be available in Student Affairs in Schweppe Sprague by the first week of classes. Teams must also have a roster of at least 10 players so that absenteeism will not result in cancelled games.

Other details of the season should be worked out shortly. If you'd like to sign up or if you have any questions, please call the Student Affairs office at x26302.

COUPON

FROM: Rosin Custom Opticians
TO: Rush University Students
FOR: 30% Discount
RSVP: Professional Building,
Suite 945
Rush-Presbyterian-
St. Luke's Medical Center

We are a comprehensive eye care facility specializing in:
Prescription eyeglasses
Prescription sunglasses
Contact lenses (clear & tinted)
Nonprescription sunglasses
Contact lens solutions*

*Price already includes discount
We look forward to serving your eye care needs.

Yours for better vision and quality service,
ROSIN CUSTOM OPTICIANS

THIS OFFER IS GOOD THROUGH
NOVEMBER 30, 1992

PRESENT THIS COUPON

TAKE

A

BREAK!

ATTEND

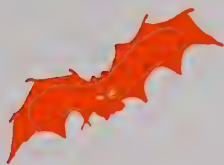
T.G.I.F.'S

WHEN?

OCTOBER 9
NOVEMBER 13
JANUARY 8
FEBRUARY 5
MARCH 5
APRIL 2



RUSH REPORTER

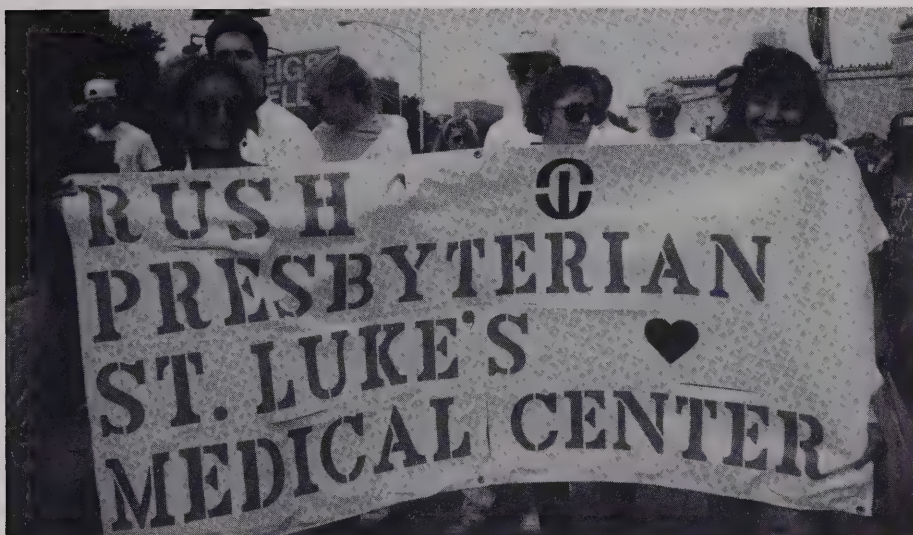


OCTOBER, 1992

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RUSH GROUP PARTICIPATES IN "AIDS WALK CHICAGO"



The Rush group who participated in the *AIDS Walk Chicago* on September 20 included several second year medical students. Walking were Sami Chaudhuri, Dana Hagele, Bindu Kapoor, Steve Leinenweber, Alpa Patel and Michael Springer (with his baby son). Other departments represented were The Nursing Staff from 7 North, Religion, Health, and Human Values, OCLS, and Student Counseling. Please join us next year!

TASTE OF RUSH - AN ETHNIC FOOD FEST

The second TASTE OF RUSH - AN ETHNIC FOOD FEST will take place on Monday, November 2 from 11:30 a.m. - 1:30 p.m. in Scheppe Auditorium. This lunchtime feast is again sponsored by the Multicultural Affairs Committee (MAC).

The price of admission is food to serve 4-6 people and participants are requested to bring food representing their ethnic group.

Cook on Sunday, feast on Monday (incidentally, vote on Tuesday). For more information, call Student Affairs, x2-6302.



HALLOWEEN PARTY

The "Mad Pumpkin Ball", sponsored by the Rush University Board, will be held on Friday, October 30 from 8 p.m. to 12:30 a.m. Come and join us for dancing (we got a D.J.), Halloween treats, beverages, and a COSTUME CONTEST!

Prizes will be awarded to the winners of the costume competition. Categories will include Most Creative, Best Couple or Pair and Best Group. Students are needed to help decorate, tend bar, and clean up. If you're interested, please contact Cheryl or Ann at x2-6302.

OFFICE OF STUDENT FINANCIAL AID

1743 W. Harrison Street
Chicago, IL 60612

The Metropolitan Chicago Health Care Council is now accepting applications for 1992-93. Students must be enrolled in nursing, medical technology, radiologic technology, or respiratory therapy programs. The deadline is October 1. Applications are available in the Financial Aid Office.

The Downers Grove Area Branch of the American Association of University Women is offering a scholarship to a woman who has returned to school after a five-year hiatus. The applicant must be enrolled full-time and be within two years of completing her undergraduate or graduate degree. She must reside in Darien, Lisle, Westmont, Downers Grove, or Woodridge. The deadline is October 15. Contact the Financial Aid Office for applications.

Scholarship References: the Financial Aid office has compiled a listing of private agencies offering scholarships. In many cases, applications are available.

COLLEGE WORK STUDY

Need a job? You may be gomsnvos; eligible for campus employment. If your award indicated "Employment," you must visit the Financial Aid office to obtain an authorization form. If employment was not awarded, an adjustment may be possible. Students must seek suitable positions. A partial listing can be found in the Financial Aid office.

INSTITUTIONAL SCHOLARSHIPS AND LOANS

Many Rush University students benefit from institutional funds donated by private individuals or organizations. Increasingly, donors have requested information concerning the recipients of these funds. They desire to perceive students as humans, not merely as numbers.

Most institutional aid recipients will soon receive a biographical form from the

Financial Aid office. this information is crucial to Rush's continued receipt of private donations, and must be completed and returned promptly. Failure to comply will result in delay or cancellation of Winter and Spring aid. Your cooperation is appreciated.

Scholarships for Undergrad Nursing

The Illinois Department of Public Health is offering scholarships to candidates pursuing certificates in practical nursing, associate's degrees, hospital-based diplomas, or baccalaureates in nursing. They must be Illinois residents, and demonstrate financial need. Applications must be completed by November 1. Contact the Financial Aid office for further details.

Attention Doctoral Candidates

The Spencer Foundation is offering dissertation fellowships of \$15,000 to doctoral candidates in any field of study. They need not be U.S. citizens. Applications must be completed by November 12. Further information is available from the Financial Aid office.

REMINDER: Students awarded institutional loans must sign promissory notes in Financial Aid prior to release of the loan funds. Call x2-6256 in you have any questions.

Rush Job Guide

The Office of Preventive Medicine has an opening for a Nursing Assistant who would assist in weighing patients, taking histories and blood pressure readings. You must be a nursing student to qualify for this position. The hours vary but mainly consist of Tuesdays, Thursdays and Fridays from 8:00 a.m. to 12:00 p.m. This position pays \$7.50 an hour. Contact Debbie McCormick in 119 Professional Building or at ext. 2-2146 if you are interested.

Employee Health Services is looking for a creative person with excellent writing and communication skills to assist with Employee Health Promotions. This position does not require work study eligibility and the pay starts at \$8.00 an hour. Contact Kate Dunn at ext. 2-5309 in Employee Health Services if you can work approximately 15 hours a week.

The Academic Skills Center needs tutors to assist students in reviewing Human Anatomy; for Occupational Therapy students and Pharmacology; for Nursing students. Qualifications include being work-study eligible and passing the class for which they wish to tutor. Hours are flexible and the wage is \$7.00 per hour. Contact Michael Harris at the Academic Skills Center, 418 AcFac, or at ext. 2-3227.

The Office of Financial Aid needs work-study eligible students to assist in general office duties including light typing and filing. The hours are flexible and the pay begins at \$6.00 per hour. If you are interested, please contact either Bob Dame or Bobbie Oglesby in the Office of Financial Aid in 101 Schweppe or at ext. 2-6256.

The Department of Preventive Medicine is looking for a work-study eligible student to assist Study Coordinators. The duties mostly consist of light clerical work but computer skill are essential and it would be helpful if you know Word Perfect 5.1. Someone is needed from 12-4:30 p.m. daily, but the hours may be changed to fit your schedule. The pay is \$7.00-\$8.00 per hour depending on experience. If you are interested in this position please contact Michelle Hoersch at ext. 2-2146.

An Office Assistant is needed in the Department of Communication Disorders and Sciences. The hours are flexible and the pay is \$6.00 per hour. The student interested in this position should be Work Study eligible. Please call P. Sanford or D. Meyer at ext. 2-5332.

**Trick
or Treat!**

WHERE OH WHERE IS THE DATABASE?

Now that the orientation dust has settled and those first research papers are looming in the horizon, come on over to the Library to search a database. The Library's four networked Reference area workstations on the 5th floor look different and now give access to four databases through the Library's LAN (Local Area Network) as well as LIS (Library Information System). However, screens on the 7th floor workstations, 4th floor McCormick Learning Resource Center (LIS only - no miniMEDLINE), dial-in access and PCIS terminals on the hospital floors only have LIS (miniMEDLINE).

So . . . if you want to search healthPLAN, psycLIT, CANCERLIT or Nursing and Allied Health (CINAHL), use one of the four Reference area terminals. If the computer screen shows the LIS online catalog, follow the directions given to exit (press ALTE) and network main menu will appear:

LIBRARY OF RUSH UNIVERSITY MAIN MENU

1. What's NEW on Library NETWORK
2. LIS Catalog & miniMEDLINE
3. Nursing & Allied Health
4. PsycLIT
5. HealthPLAN
6. CANCER
7. Additional Databases

BIOSIS, AIDSLINE, Drugs & Pharmacology, Dissertation Abstracts, Science Citation Index, (GPO) Government Publications and ERIC (Education) discs are still checked out at the Circulation Desk for use at the two microcomputer workstations behind the Reference Desk.

To summarize:

LIS Library Catalog & miniMEDLINE:

*Library - 7th floor

*Library - 5th floor

*MLRC - 4th floor (LIS only; no miniMEDLINE)

*PCIS terminal
*Dial-in connection

CANCERLIT, CINAHL, PsycLIT,
HealthPLAN:

*Library - 5th floor Reference area ONLY

NEW LIBRARY HOURS

WE HEARD YOU! In a recent survey, Rush students overwhelmingly requested longer hours for the Library. We will now be open until 12:00 midnight Monday through Thursday. Remember that the MLRC study carrels on the 4th floor are open 24 hours for your studying, sleeping, snacking, etc. . . .

Library Fall Hours

Mon. - Thurs.	7 a.m.	12 a.m.
Friday	7 a.m.	6 p.m.
Saturday	9 a.m.	6 p.m.
Sunday	1 p.m.	12 a.m.

McCormick Learning Resource Center Fall Hours

Mon. - Thurs.	8 a.m.	11 p.m.
Friday	8 a.m.	6 p.m.
Saturday	9 a.m.	6 p.m.
Sunday	1 p.m.	7 p.m.

THE LATE FEES WILL GET YOU IF YOU DON'T WATCH OUT

After October 20, 1992, the Office of Financial Affairs will apply a \$100.00 late fee to any unpaid tuition balances if payment arrangements have not been made and/or all loan applications have not been submitted to the Office of Financial Aid. The Office of Financial Affairs is open from 8:00 a.m. to 4:30 p.m. Monday through Friday for tuition payments. Call Deborah Maize, Bursar, at 942-6584 if you have any questions or concerns regarding tuition.



WEATHER AND OTHER EMERGENCIES

Oh, the weather outside is frightful (but at Rush it's so delightful). I know we're all hoping for a mild and dry winter, but let's face it . . . the possibility of hazardous weather conditions or other emergencies that could cause a school closing do exist. Rush University has adopted the following policy regarding this situation.

RUSH UNIVERSITY WILL REMAIN OPEN EXCEPT IN THE MOST UNUSUAL WEATHER CIRCUMSTANCES OR OTHER EMERGENCIES. In all cases, faculty and students directly involved in providing patient care functions are expected to make every reasonable effort to be on campus. Purely didactic classes may not be held on certain days when traveling is judged to be exceptionally hazardous or difficult.

Expect that Rush will close only when the conditions are exceptionally hazardous and difficult, which occurs very rarely. In most cases, the University will be open. (It has not been closed even once in the last 18 years.)

Authorized school closings will be announced on the following radio and television stations: WGN, WIND, WMAQ, WCFL, WBBM-FM, WCLR, WFYR, WYEN, WGN TV, AND WFLD-TV. The telephone operators at RPSLMC will also be notified in the event school is closed. **PLEASE DO NOT CALL OTHER OFFICES OR PERSONS.**

Questions about this policy may be directed to Student Affairs, 023 Schweppe Center, call x2-6302. Let it snow, let it snow, let it snow, NOT!

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

A natural topic for an October column is anxiety. Anyone who tells you that he or she felt no anxiety during the first year at Rush is (a) a pathological liar; (b) brain dead; (c) a daily cocaine user; (d) all of the above; (e) a and c but not b; (f) b and c but not a; (g) a and b but not c; (h) none of the above. There are at least three sources of anxiety for new students.

Novelty/uncertainty. This type of anxiety is especially prevalent during the first year of school; it also occurs when routines change markedly (e.g., when medical students begin clerkships after a period of academic study). How many of the following events did you experience during your first year at Rush?

- * New city and/or state
- * New apartment
- * Separation from loved ones
- * Lack of acquaintance with anyone in Chicago
- * Role change from worker to student
- * Marriage/cohabitation
- * New city for significant other(s) including children
- * Change to urban living
- * Lack of acquaintance with anyone at Rush
- * Change in financial situation.

The greater the number of items which characterize this period, the greater the anxiety you probably felt.

**Achievement emphasis.* Unless you are a genius, professional/graduate school will evoke achievement anxiety from time to time. You may experience this as the Peter Principle, deciding that you have finally reached the level of your incompetence. Or you may relate to the imposter phenomenon: you have managed to fool your teachers and admissions committees so far but you're about to be exposed for the know-nothing you really are. It is small comfort when that rare classmate acknowledges his or her insecurity or test failure because you're quite sure that all the folks who say nothing are achieving academic stardom. Not true, of course; they think you're doing well and they hope you don't discover their ineptitude.

Social relationships. Here you are again among a group of strangers when what you want more than anything is a friend. Your past experience gives you a clue as to how easy or difficult making friends will be. However, even if it has been difficult in the past, you are in a good position to succeed now because of the professional school structure. That is, you will be in intense contact with at least a small group of other students in clinical or laboratory situations and the Lifeboat mentality (we're all in this risky situation together) will take over. Research indicates that the degree of loneliness students feel is related to the degree of self-disclosure they make, so take a lesson from this and let others get to know you (even if *you* think you are dull and uninteresting). Unless you are romantically attached already, you may be seeking a lover as well as a friend. Here too your past experience will guide your expectations. If you are an older student or a student in a program which is predominantly female, or male, this may increase your concerns.

The transition to professional and/or graduate school *is* a transition, however, which by definition means it is time-limited. Most of the time, growing familiarity with these different situations leads to a reduction in anxiety. What do you do if the anxiety continues or increases? How do you decide if your anxiety is severe enough to warrant professional attention? What follows is a brief description of two types of anxiety disorders which may help you assess your own anxiety if and when it seems more serious than in those examples described above.

There are two general categories of anxiety which require professional intervention. First there are the anxiety states, the most frightening of which is the panic attack; this is defined as a recurrent anxiety attack that occurs unpredictably. Symptoms of panic attacks include fear of dying and/or losing control and a number of physical symptoms such as dyspnea, palpitations, sweating, shaking, dizziness, a choking or smothering sensation, etc. These attacks

usually last for minutes rather than hours.

The other category is the phobias, of which agoraphobia has received the most attention in recent years. Phobias are persistent and irrational fears of specific objects, activities or situations that result in a compelling desire to avoid the dreaded object, activity or situation. Agoraphobia is the marked fear of being alone or being in public places from which escape might be difficult or help not available in case of sudden incapacitation. This definition contains the symptoms of agoraphobia.

The treatment for phobias and anxiety states follows from a careful behavioral assessment of the problem which focuses on the relationship between the presenting symptoms or problems and the contexts in which they occur. One behavior therapist suggests an A-B-C mnemonic for this behavioral analysis; try it yourself.

(A) *Antecedents* are any stimuli that precede occurrence of the target behavior; they can be feelings, interpersonal events, thoughts, behaviors, etc. What factors seem to precipitate my anxiety? "They're giving me so much work that I can't possibly do it all, so I'll probably flunk out."

(B) *Behaviors* are the overt and covert activities and experiences (thoughts, feelings, images and interpersonal responses) that make up human behavior. How do I experience and express my anxiety? "I'm feeling so tense I can't sit still, I can't sleep and I'm talking about this to everyone I meet."

(C) *Consequences* are what happens after the symptomatic behavior occurs. What are the results of my anxious behavior? "As a result, I'm not able to study as I need to and I'm making myself more anxious by talking about it all the time."

It is natural for someone suffering from acute anxiety to attempt to cope by avoidance; this can range from staying away from school to using drugs regularly to take the edge off the anxiety. However, these efforts are rarely successful, and in fact the basis of all behavioral approaches to treating

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anxiety is exposure to the anxiety-provoking stimulus. This may be done *in vivo* (e.g., the agoraphobic leaving the house in the company of a friend or even a therapist) or *in vivo* the imagination (e.g., the panic attack sufferer goes through a series of mental images of the fearful situation). In every case, the anxious person is helped to confront the object of fear so that the tension will eventually be extinguished. Medication is sometimes used in conjunction with the behavior therapy but there is no substitute for the process of careful exposure to the source of the anxiety.

A critical element in anxiety is a feeling that you are out of control, that you are alone with these terrible thoughts and feelings. I hope this discussion has informed you that much of the anxiety you experience, especially during your first days and weeks at Rush, is felt by nearly everyone. You were good enough to get here and you will be good enough to stay.

.....

SPECIAL THANKS FROM KATIE HENRY-SCHILL

Special thanks to the 1992 College of Nursing Orientation Committee for putting in many hours of hard work. The committee met throughout the summer to plan orientation. A big thanks to Dr. Barbara Haynes and . . .

Stacy Haas	Kathy Flens
Dan Fleming	Leslie Birdsall
Amy O'Hare	Lynda Duerkson
Kelly Schlenk	Mary Harless
Kristin Guiduli	Betsy Cannon
Cheryl Schumann	Heath LeGrand
Teri Hirsch	Ann Alpeter
Joe Kranz	Michelle DeFalco
Lina Patel	Steve Urban
Dian Wolterstorff	Kristie Korcha
Greg Baker	Steve Zambello

Also, a big thanks to Dr. Nancy MacMullen for her help with the student/faculty nursing reception that was held in the Student Affairs Lounge and for her help with the Nursing Orientation packets.

With everyone's help, the orientation experience was enjoyable for the new students who attended. The hard work and the late nights really paid off. Thanks for making it fun, I'll miss you guys.

WE NEED A NURSING CONSULTANT

Shelter, Inc., a child welfare agency located in the Northwest suburbs, is presently interviewing persons interested in providing health evaluations and health education programs for adolescents, 11 through 17 years of age. The agency maintains two adolescent group homes: the Boys Group Home is located in Arlington Heights, and Jennings Home for girls is located in Schaumburg. In addition, the nurse provides on-call consultation to the child care staff. The hours are twice a week for approximately 4 to 6 hours per week. Good salary and opportunity to work with abused and neglected youth who need your special skills and support.

The following qualifications for this position include:

R.N. with B.S. degree; M.A. preferred. Two years experience in providing health assessments to children and adolescents. Skills in conducting health education programming for high-risk adolescents. State licensed with adequate malpractice insurance.

For more information please call:

Maribeth V. Swanson, ACSW, LCSW
Assistant Executive Director
(708) 255-8060



HELP FOR HURRICANE ANDREW VICTIMS

The Occupational Therapy Club of Rush University recently raised money for victims of Hurricane Andrew. The O.T. Club, working with the Occupational Therapy Club at Florida International University in Miami, Florida delivered funds to the Florida victims.

SNA CORNER

Fall has officially arrived and so has SNA's busy season! The Student Nurses' Association has planned many fun-filled activities for this quarter and all you have to do is show up!

First, on a larger scale, is the State Student Nurses weekend. This is your chance to learn more about the career you have chosen. You can inquire about different programs offered in the United States, find out about externships for the summer, or just pick up tons of materials on various hospitals all over the world!

On a more local note, SNA here at Rush will be sponsoring a Milk and Brownie Day, October 13th right here on campus. We will also have our famous Chili Bowl, November 10th from 11:30-1:30 p.m. Homemade chili, donated by local "Southwestern Chefs", will be featured this lunchtime hour!

Every organization has its founders, and that's why SNA helps support the Alumni Phon-a-thon. Volunteers call on Rush student alumni to donate money to their favorite cause - - US!! Pizza and valuable prizes are offered to all who participate in this fundraiser for the College of Nursing. The Phon-a-thon will be continuing through October so look for the dates.

Other special events to watch out for include a visit to the Rainbow House for a Valentine's Day party, Army-Navy speakers on nursing in the military, student-faculty "afterhours", and much more!!

If this seems too overwhelming, be sure to come to the SNA monthly meetings which are held the first Monday of each month.

For more information about SNA call the Student Affairs office at x2-6302. There's a lot going on so be sure to take advantage of the adventure!!

CONGRATULATIONS!

Congratulations to Dr. Nancy MacMullen (College of Nursing Faculty member and SNA Advisor) for being nominated for the Maternal Child Nurse of the year in her department.

The Way it Is

Paula Smith, Manager
Rush University Bookstore

Years ago, as a young student teacher, I received a love letter, beautifully illustrated in crayon on red construction paper. Love letters to student teachers is common practice from young children and I have a shoebox full of them from the teaching phase of my life. Only this one remains memorable. Not only was it memorable because it was from a first grader (I was teaching the third grade) I didn't know, but also because it had a title: *The Way It Is, Miss Smith, by Roger Bickers*. Even now, as I sing along with Bruce Hornsby, when I get to the "that's just the way it is" chorus, I quickly sing in "by Roger Bickers". I'm sure one day Roger will become a famous poet specializing in love sonnets and I can say "I didn't know him when".

The school year has begun again and it brings the usual questions/groans about book prices, 100% cotton sweatshirts, Perfusion shirts, etc. So, this is "the way it is". It may not be as memorable as Roger Bickers' love letter, but here it goes.

1.) This is not your undergraduate college. It's a hard adjustment for all of us, but the sooner you accept it and change your expectations, the happier you will be. You will probably find that few departments here function the same way as departments

of the same name at your undergrad college. That's *the way it is*.

2.) Though we in the Bookstore would really like to carry 100% cotton sweatshirts, they are difficult to find in the real world and, not everyone wants to spend 40 bucks on a sweatshirt. BIG COTTON, a big seller for us last year was discontinued by the Gear Company. They replaced it with an 80-20. When the Champion man rolls in, we'll see what he's hawking. We do have some 100% on order from a small company that I think will be pretty darn special and in the Paula Private Collection. Please don't think we're not trying.

Also, the minimum order number for most companies is usually 48 or 72, more if it is embroidered. This is why you won't see "Perfusion Technology" embroidered on any \$50 jackets. That's *the way it is*.

3.) Books are expensive! This is possibly not a news flash, however, the mark up may be. Books come discounted 20% from list price. We give you a 10% discount. That only leaves 10% to cover shipping, expenses, and the \$22,000 scholarship money donated by the Rush University Guild that comes off our budget. Please check the chart out to see where book expenses come from. Keep in mind, this is for general textbooks. The numbers are worse for health science texts. This is because their appeal is to a smaller group than that text for English 101. Marketing costs are much greater. So, the books go up in price.

That's *the way it is*.

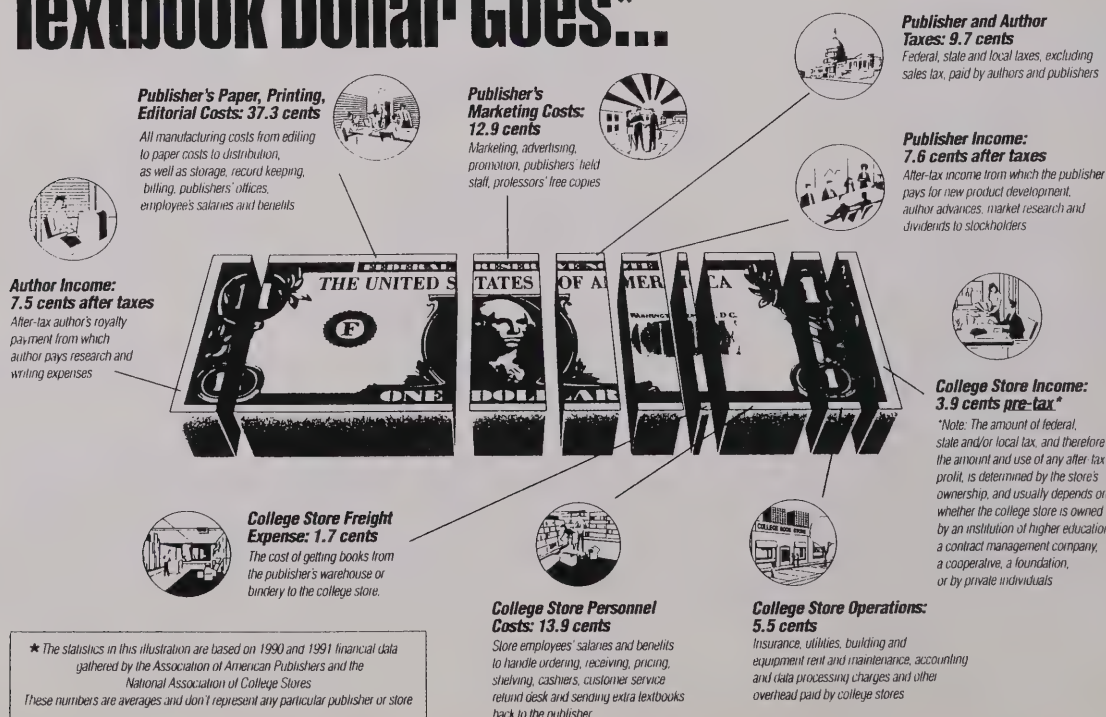
4.) Several years and graduate school later than the Roger Bickers' love letter, I was a new director in the Student Affairs phase of my life here. One of the first activities I had to plan was a bus trip to a funeral for a student who had been murdered in the neighborhood. If I live to be a hundred and I have long forgotten Roger Bickers, I will still get teary-eyed at the memory of that time. There was such sadness and such fear. This is *the way it is*: this is not the safest neighborhood in the world.

Don't be afraid; be careful. Don't be here late, don't walk around at night by yourself, and lock your car doors. If it will make you feel better, carry an alarm, a whistle, or tear gas. We have some things in stock in the bookstore and they're pretty inexpensive. We want you to stay safe. That's *the way it is*.

5.) I've now written two articles for the Reporter that didn't contain info. on Benjamin Rush. It's not that I'm slipping, it's just that there's a lack of new books coming in on the subject and I hate to repeat. That's *the way it is*.

You won't believe this but Bruce Hornsby just came on the radio with (you guessed it) "That's just the way it is". Is that a coincidence; or what?! I've just gotta believe that right now, somewhere in the cornbelt, Roger Bickers is contemplating his loves lost and hopes that they're wearing 100% cotton sweatshirts!

Where the New Textbook Dollar Goes...



ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

"INCREASE YOUR READING SPEED"

Unless you have taken a special course or have challenged yourself with exercises to increase it, your reading speed is probably not much more than it was when you entered college. A likely reason for this is offered by Cutler (1988) who believes that our reading abilities are determined early in life and are strongly lined to our ability to vocalize. Our elementary teachers "examine" our reading ability orally. When, later in our early schooling, the teacher tells us to "read to ourselves", the vocal testing method is no longer useful and we get little, if any, reinforcement for increasing reading rate. It is also probably true that we are not told 1) that it is okay to read faster and 2) how to do it.

Reading rate is closely related to eye movement (rate is controlled primarily by the deviations of eye fixations per line of print). Good (fast) readers are those who fixate only once every two or three words. Excellent (the fastest) readers seldom fixate more than twice per line of print and only once on shorter lines of print.

It is obvious that if one reads word-by-word, he or she is bound to take a lot longer to get through a passage than another who fixates only a few times per paragraph. Cutler (1988) suggests that it is frustration (reader boredom) that makes slow readers. The human mind is single-focused and has a tendency to wander when confronted with difficult, confusing or temporally separated content. If a concept is not grasped fairly quickly during a reading episode, comprehending it becomes a confusing task in the absence of high motivation. I have listed to Rush students commiserate over problems they have "making sense" out of content they read (but did not completely grasp) early in a term or just before boards or certification exams which can come two or more years after the material was first read!

In addition to being time-consuming, reading by one with average skills can be quite fatiguing. If one reads 200 words per

minute, it will take him or her about 8 1/2 hours to read 100,000 words. A person who reads 600 words per minute can accomplish the same task in 2 1/2 hours. Faster reading gets the job done in less time with major reductions in both mental and physical fatigue.

How can you improve your reading speed? A simple technique makes use of a 4 x 6 index card. If you use this tool as a training device to help you minimize "excessive" eye movement by moving it down the pages you read, you can reduce the physical strain of slow reading. But first, it would be helpful to determine how fast you currently read. I would suggest you work with a fellow student or a significant other whose job it will be to select a passage for you to read and count (or estimate) the number of words in it. Have the person select material from books or articles you have to read anyway. They will then record how long it takes you to complete the passage (a one or two minute time passage is suggested). After this measurement is taken, have the "other" quiz you on the content of the passage.

The practice I recommend involves applying the index card as a pacer, initially pulled down the page at your established rate. Each day or week thereafter, increase the rate at which you pull the index card down the page by 5 to 10% of the initial reading rate. In one quarter, if you follow this method, you can expect to increase your reading rate by 50 to 100 per cent. As you progress with this method, continually check to determine any impact on your comprehension by writing (from memory after you have completed a reading session) what you just read. Not only will this be an ongoing process of reading improvement, but it will serve as a regular review of content.

An enhancement of this approach is to break reading sessions into segments of not more than 45 minutes and do the summarization (including facts, concepts etc. you do not understand) after each segment. Frequent breaks help reduce both mental and physical fatigue and should result in "better" learning, retention and recall at test time. What you will be doing is establishing a habit of regular review which will strengthen your mastery of content.

If you are concerned about your ability to manage the volume of reading you are expected to go through, do not wait until

midterm to do something about it. Try the suggested method on your own or working with a fellow student or family member. If you have time between 8:00 a.m. and 4:00 p.m. during the week, stop by the Academic Skills Center or call if you would like to work on any reading or study problems.

The Academic Skills Center would be pleased to assist any Rush student determine his or her current reading rate on request. You may bring your own material or the Center will provide appropriate material for you. The Center also has available the Nelson-Denny Reading test which can assess reading rate, comprehension and achievement level. Stop by 418 AcFac or call for an appointment at 2-3227.

Reference: Cutler, W.E. (1988) Triple Your Reading Speed, 2nd ed., ARCO, New York

STUDENT/FACULTY NURSING RECEPTION A BIG SUCCESS!

The Nursing Orientation Student/Faculty Reception was a success thanks to the efforts of Dr. Nancy MacMullen, Kathy Flens, and Betsy Cannon. We appreciate Dean Andreoli, Dr. Barbara Haynes and the Nursing Faculty listed below for attending and sharing their wisdom with the new students:

Lisa Rosenberg
Susan MacLean
Ginny Maikler
Teresa Savage
Edie Hough
Carol Cassini
Donna Ipema
Barbara Fisli
Judy Fisli
Judy Paice
Jan Zeller
Laura Dulski
Sally Evankoe
Linda Nelson
Mary Pabst
Judy Trufant
Karen Batty
Lori Silver

ENTERTAINMENT

WEDNESDAY NIGHT IS MOVIE NIGHT

All Rush students are invited to join us for a night at the movies. Films are shown in the Student Lounge on Wednesday nights at 8:00 p.m. Free popcorn is served. Following is a glimpse of movies we plan to run.

September 30	<i>City Slickers</i>
October 7	<i>For the Boys</i>
October 14	<i>Prince of Tides</i>
October 21	<i>The Pope Must Die</i>
October 28	<i>Misery</i>
November 4	<i>Commitments</i>
November 11	<i>Wayne's World</i>
November 18	<i>Terminator 2</i>
November 25	<i>This is My Life</i>
December 2	<i>Star Trek VI</i>

Take a break! Join us on Wednesday Nights!

.....
SO LONG . . .

Yes, what you heard through the Rush Grapevine is true. By the time you read this, I will have left the University and perhaps a new face will be in place in the Office of Student Affairs.

I'd like to extend my personal thanks to a few special people who have helped Student Affairs and have helped me along the way.

Pat Lau, Evelyn Jackson, Nancy MacMullen, Eileen Costello, Joe Axelrod (good luck with flag football), Liz Small, Christian Bentley, Dan Fleming, Barbara Haynes, Teri Hirsch, Nona Pawlak (good luck with Student Council), Stacy Haas (for always making us laugh), Leslie Birdsall (good luck with SNA), Patty Benesh, Marva Anderson, Beth White, Sharon Gates, Barbara Harfman, Marilyn Johnson (good luck with the MAC), and of course a big hug to Cheryl Casarez for taking on so many roles and for your sense of humor. I hope everyone has a great time at all the events and has a great year a Rush University!

Katie Henry-Schill

CINEPLEX ODEON TICKETS ON SALE

The Student Affairs office has Cineplex Odeon tickets on sale to Rush students only. The tickets are \$4.00 each and are good at all Cineplex Odeon theatres. A list of Cineplex Odeon theatres in the Chicago area can be obtained from our office. To pick up your tickets, stop by Schweppe 023 between 8:30 a.m. and 4:00 p.m. Monday through Friday and bring your student I.D.

VIDEOS

Student Affairs has videos to lend. You can take home a video from our permanent collection. A complete list of movies available is posted in the Student Affairs office, 023 Schweppe Sprague. Monday through Thursday, movies can be kept overnight and on Friday movies can be kept for the weekend. A small, refundable deposit of \$2.00 per movie is held until the films are returned. Call x2-6302 or stop by and see Ann or Cheryl if you have any questions.

ATTENTION MEDICAL STUDENTS

Thinking about a career in internal medicine?

Come to an informal get together on Tuesday, November 10, 1992 from 5-6 p.m. in room 543 of the Conference Center.

Drs. Robert Rosen, Richard Abrams, Alan Harris and Stuart Levin will fill you in on the joys and challenges of internal medicine.

Soft drinks and munchies will be provided.

CHICAGO PRINCESS



CRUISIN' ..



RUSH

ORIENTATION



**MARK YOUR
CALENDAR FOR
THESE EVENTS
SPONSORED BY
STUDENT AFFAIRS**



**October 9th
T.G.I.F.**

**Students and faculty welcome!
Schweppe Auditorium
4:30 - 7:00 p.m.**



**October 13th
Brownies and Milk Day
Schweppe Auditorium
12:00 noon - 1:00 p.m.**



**October 30th
THE MAD PUMPKIN BALL
D.J., Dancing,
Costume Contest,
Prizes!
Schweppe Auditorium
8:00 p.m. - 12:30 a.m.**



**ND STUDENT
ORGANIZATION
NEWS**

The ND Student Organization meets monthly to discuss issues of interest, to network, and to share information. During the Fall Quarter we will have speakers addressing "Professional Presentation", including how to compose an effective CV; and "Political Empowerment of Nurses". We will also be sponsoring a Food Drive during November.

Any student enrolled in ND courses, or interested in the ND program, is welcome to participate in these informal meetings - there are no dues. Please check with the Student Affairs office for more information. The next meeting is scheduled for Monday October 19th, from 12:00 - 1:00 p.m. Watch for notices of topic and location.



**STUDENT
WRITERS
WANTED**

If you have any writing talent at all or you just want to sound off about something you really believe in . . . submit it to Cheryl Casarez, Editor of the Rush Reporter, room 023 Schweppe Sprague. The Rush Reporter welcomes all material that's of interest to students, faculty, friends, and alumni of Rush University. Let's hear from you!

**William Carlos
Williams**

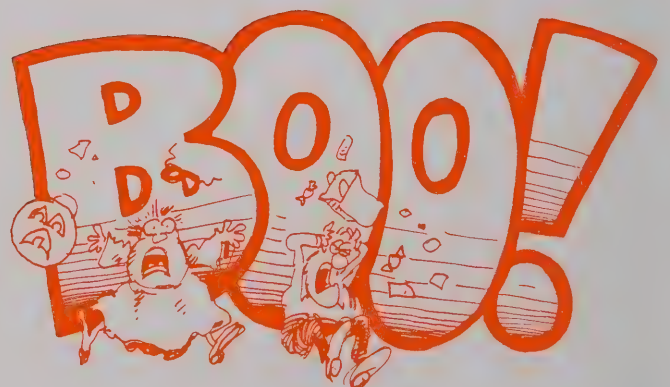
**Poetry
Competition**

(Sponsored by the Northeastern Ohio Universities College of Medicine)

The Human Values in Medicine Program of the Northeastern College of Medicine is sponsoring its eleventh annual poetry writing competition during the 1992-93 academic year for students attending schools of medicine or osteopathy in the United States and Canada. The deadline for submitting your entry is December 31, 1992. (Must be postmarked 12/31/92). Each participating student is permitted three entries. Poems must be written in English. The top three poets will be awarded \$300, \$200, and \$100 and will be invited to visit the Northeastern Ohio campus to read their poems and to attend a poetry retreat at Salt Fork State Park, Cambridge, Ohio, April 30 - May 2, 1993.

For more information about this poetry competition, contact Cheryl in the Student Affairs office, 023 Schweppe, x2-6302.





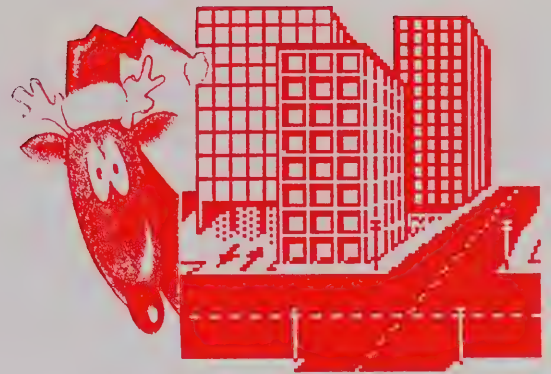
***Rush Reporter* is a publication of
Rush University, Office of Student Affairs.**

**Editor: Cheryl Casarez
Contributing Editors: Ann Cocks and
Katie Henry-Schill**

RUSH REPORTER

NOVEMBER/DECEMBER, 1992

*Published by Rush University, Office of Student Affairs
Volume XVI, Number 3*



HOLIDAY TRADITIONS

by Cheryl Casarez
Student Affairs

Michigan Avenue, gaily lit with bright white lights in all the trees. Mannequins, posed in Holiday attire, staring blindly through frosted glass at passersby. Mechanical children playing with antique toys. It's a Holiday tradition for a lot of people to take a stroll and check out the windows along State Street and Michigan Avenue in downtown Chicago, and I'm one of these people. Early in November, I take the stroll with my family.

I've got to admit, I love the Holidays. Right after Halloween, I start thinking about Thanksgiving. The month of November is my "spring cleaning" month. The reason why I call it spring cleaning is because everyone else does it in March or April. But not me. The house has to be perfect for the Holidays. I schedule drapery cleaning, rug shampooing, closet cleaning, room rearranging, wall scrubbing, window washing, and my dog's bath for November.

The invitations are sent, the menu is planned (it's always the same; turkey, stuffing, sweet potatoes, homemade dinner rolls, mashed potatoes with turkey gravy, cranberry sauce, vegetables (for color) and pumpkin pie. I don't dare vary from this Thanksgiving menu because my family would probably hang me from the yardarm. I've got two sons (in California) and three daughters (still at home) and ever since they were tall enough to see over the kitchen counter they wanted to help me stuff the bird. After I've made sure they haven't been petting the dog or playing with the cat and they've washed their hands thoroughly, we start stuffing. The bird is usually around 22 or 23 pounds. Whoever said "too many cooks spoil the broth" evidently weren't talking about stuffing turkeys. I make up badges that say "potato peeler", "vegetable cleaner", "turkey baster", etc., and we all

have our official jobs to perform. Of course, my husband Homer (yes, that's his real name and yes, he's just like Homer Simpson) gets to wear the potato peeler badge because he's the only one in our family that was ever in the Army. He handles KP with no complaints.

Around 3:00 p.m., dinner is served. We stop to reflect, before beginning our meal, on all of the things that we're thankful for, and although it may seem morbid, we stop to think about the family members who have died, and how they're missed, and about all the people in the world who are not as fortunate as we are.

The weekend after Thanksgiving, I start my Christmas shopping. We have a small close-knit family so I don't buy a lot of gifts. My children know my shopping routine so they start making their list and checking it twice, even remembering batteries. (I always forget the batteries). Homer and I make our annual contribution to Father Flannigan's Boys and Girls Town. After more than twenty years of contributions, they've made us honorary citizens. When I read about some of the wonderful things these children are doing, I sometimes threaten to leave my own family and move to Nebraska. (I'm not pushing Father Flannigan, I'm just telling you it feels good to give to others at this time of year.)

The tree goes up. It's artificial because friends of ours had a fire, with loss of life, due to a short in a string of Christmas lights on their real tree. So, do be careful if you have a real pine tree.

Before you know it, it's Christmas Eve. Believe it or not, last Christmas Eve, our electricity went out for a few hours. After stumbling around in the dark for a while, I found a few candles, placed them on the piano, and played Christmas Carols to entertain the family. I loved it. My family loved it. We sang and talked and had a great time. I was kind of sad when the lights came back on. It's amazing how we all can communicate when the TV's not on.

Homer always promises to stay up and help put the presents under the tree. Inevitably, he falls asleep and I do it, which means I have to eat the cookies and drink the milk left for good ol' Santa. I always have help from the dog and cat, with these treats and if I don't feel like eating Rudolph's carrot, I just put it back in the fridge. Our girls, ages 19, 15, and 11 still want to get up at 6:00 a.m. to open gifts. Somehow I manage to pry myself out of bed and join the festival of paper and ribbon in the living room. Amazing, isn't it, how the sound of ripping paper wakes you right up? The dog opens his three foot rawhide bone. I'm not kidding, he really does open it himself. Homer opens his traditional gifts of underwear, socks, and cologne. (I wish he would just give me a clue what he wants!!) I open an array of carefully selected gifts from my children and a very thoughtful gift from my husband and then, before we know it, we're all sitting there on the floor in the midst of a hundred dollars worth of Christmas wrapping paper, ribbons, and tags all ripped to shreds. Hallelujah! We all have breakfast. Then it's time for clean up. Before we know it, we're putting Christmas dinner in the oven.

Usually dressed in a new Christmas outfit, we greet our loved ones at the door. After exchanging Holiday greetings it's more ripping, and happy faces all around.

In the beginning of November, when I start my "spring cleaning" and I'm barking orders at my family like an old Staff Sergeant, I wonder, then, if it's worth all the trouble. But on December 25th at 10:00 p.m., I let my mind wander back to the walk along State Street and Michigan Avenue and the glow of the Christmas scenes. I think about how our family comes together for the stuffing of the turkey, and the sharing of Christmas cheer, and I realize that I just wouldn't be happy without these Holiday traditions.

I hope you have special traditions that you share with your loved ones, and I hope you have the happiest of Holidays!

OFFICE OF STUDENT FINANCIAL AID

1743 W. Harrison Street
Chicago, IL 60612

OUTSIDE ASSISTANCE: HOW DOES IT AFFECT A FINANCIAL AID AWARD?

Throughout the year the Financial Aid office uses the Rush Reporter to inform students of new scholarship and loan opportunities from agencies outside of Rush University. Many of these opportunities are narrow in scope and a small segment of the student population will be eligible to apply for these outside funds. However, we offer this service for the benefit of all students.

In addition, the Financial Aid office maintains a listing of many other scholarship and loan sources that has been compiled from mailings sent to the university. The Rush Library also has financial aid reference materials including a recent addition titled "Scholarships, Fellowships and Loans - 1992-93" by Debra Kirby and published by Gale Research, Inc.

What happens to your financial aid award when you do receive that scholarship or loan? Your financial aid package will be changed to reflect the outside source, since the amount of assistance from all sources can not exceed the calculated financial need. However, all attempts will be made to retain the amount of institutionally awarded scholarships and reduce the amount of loans or awarded employment in your financial aid package. Your financial aid award will be reviewed to allow as much financial aid as possible when outside aid is included, since financial aid policies are heavily regulated when federal funds are involved.

Many Rush students apply for and receive funds from outside sources. Last year 35 students received \$58,900 in scholarship funds from sources outside the university.

Now is the best time to apply to organizations outside Rush for assistance in 1993-94, since application deadlines are usually at the beginning of the calendar year. Financial Aid office reference materials are available from 8:00 a.m. to 4:30 p.m., Monday through Friday.

DOCTORAL FELLOWSHIPS

The Spencer Foundation is offering dissertation fellowships of \$15,000 to doctoral candidates in any field of study. They need not be U.S. citizens. Applications must be completed by November 12. Further information is available from the Financial Aid office.

SCHOLARSHIPS AVAILABLE

The Illinois Department of Public Health is offering scholarships to candidates pursuing certificates in practical nursing, associates's degrees, hospital-based diplomas, or baccalaureates in nursing. They must be Illinois residents, and demonstrate financial need. The maximum award is \$4,500 per year. Applications must be completed by November 1. Contact the Financial Aid office for further details.

The Greek Women's University Club is awarding scholarships of up to \$1,000 to women of Greek descent. Applicants must be U.S. citizens and permanent residents of the Chicago metro area. They must be sophomores or above and have a "b" average or higher. The deadline is October 25. Applications are available in the Financial Aid office.

The American Medical Association is offering two scholarships to two medical students who attended high school in south-east Alaska. The awards are \$2,500 and \$3,000, and are renewable for qualified applicants. The deadline is January 29, 1993. Further information is available in the Financial Aid office.

The Hellenic Medical Society awards scholarships to medical students of Hellenic descent who have maintained satisfactory academic progress. Applications must be received by January 15, 1993 for announcement on February 20. Contact the Financial Aid office for applications.



ENROLLMENT RECORD SET AT RUSH

A student enrollment of 1,301 tops last year's previous record of 1,228 by 73 students. The largest enrollment is in Rush Medical College with 495 followed by the College of Nursing, 480; College of Health Sciences, 192; and the Graduate College, 66. In addition, 68 nondegree, unclassified students are enrolled in courses. The largest gain was in the College of Health Sciences (+19%) and the College of Nursing (+9%). Women outnumber men at Rush 931 to 370. In the medical college there are 23 more women than men. African Americans and Hispanic students both showed increases as did students from other countries.

Ages of students range from 19 to 63. Undergraduates average 27.7 years; medical students, 26.2; graduate students, 30.7.

Rush University students represent 36 states and 12 foreign countries.

HUMANITIES LECTURES

Paul Starr, Ph.D., noted author of *The Social Transformation of American Medicine* was the second speaker in the "James Campbell, M.D. Distinguished Lecture Series in Healthcare and Humanities." Now, the University Program in Healthcare and Humanities is proud to announce the speakers for November and December.

November 19, 1992, James Harvey Young, Ph.D., Emeritus Professor of History at Emory University will speak on "The History of American Health Quackery: A Panoramic View." The lecture will be liberally illustrated with slides of devices, advertisements, etc.

December 15, 1992, Michael Godin, M.D., Professor of Ethics at the Boston University Schools of Medicine and Public Health, will speak on "The Nazi Doctors: Ethics and the Nuremberg Code." Dr. Grodin will use slides and film clips to illustrate this disturbing yet fascinating topic.

Both speakers are authors of recent books on their topics, and each brings a wealth of knowledge and passion to the subjects.

The lectures are held at 12 noon in room 540 of the Academic Facility.

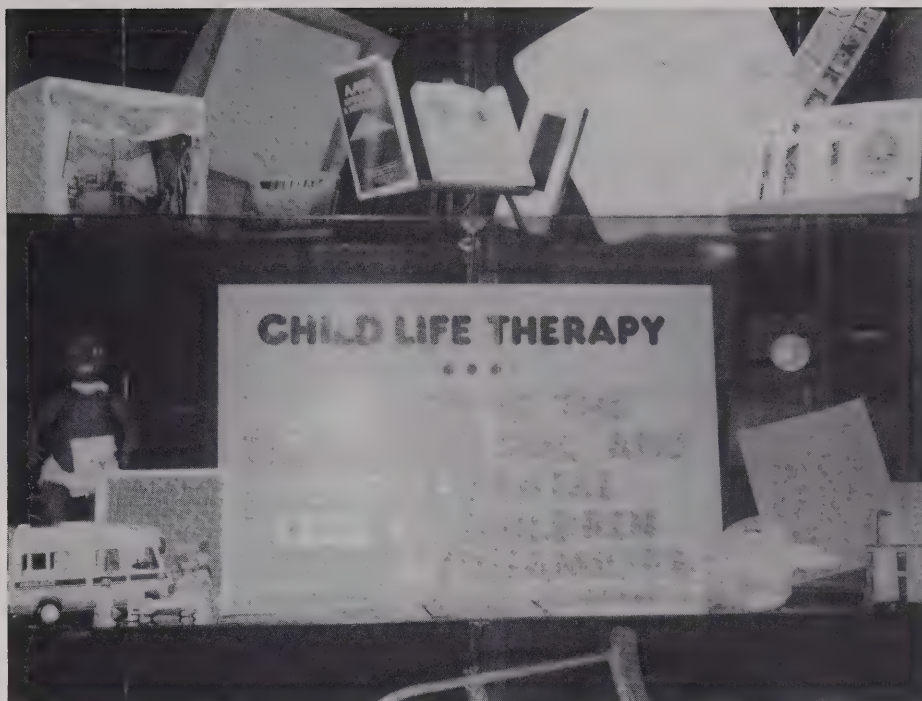
ALLIED HEALTH PROFESSIONALS CELEBRATE NATIONAL ALLIED HEALTH PROFESSIONS WEEK

September 28 through October 2, 1992 was Allied Health Week. The intent of having a special week during the year is to recognize the important role that allied health professionals play in the healthcare delivery system. Over 1500 Rush employees are involved in allied health and Rush University offers degrees in seven allied health professions.

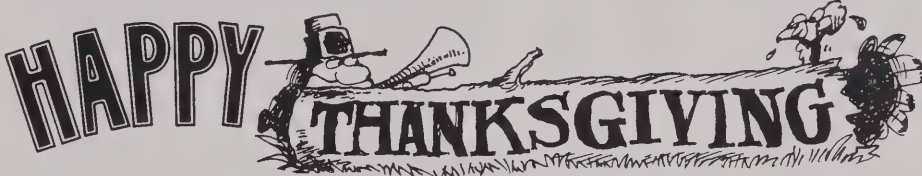
The Allied Health Week Committee at Rush planned a variety of events throughout the week. Committee members included: Kim Cambron, Ellyn Daskal, Christine Dean, Tom Elliott, Robyn Hart, Neil Forrester, Kathy Gumbel, Patricia Harper, Laureen Hayes, Dwaine Keller, Grant Larson, Leona Penn, Ivan Rosenberg, Norine Shum, Jim Wiese, Mattie Woolfolk, and Dianne Meyer (chair).

Programs during the week included remarks by Mr. Don Oder and Dr. Jack Trufant; awards to the Outstanding Allied Health Employee and Outstanding Allied Health students; and panel discussion on the topic "Multi-skilled Health Care Workers". Panelists included Dr. Michael Maffetone, Mr. James Bova, Mr. James Hill, and Dr. David Eubanks. **Cori Hansen, Occupational Therapy, received the award for Allied Health Outstanding Student.** Along with Cori, Rush students nominated for the Allied Health Outstanding Student award were Sandy Angeletti, Communication Disorders and Sciences, Lydia Nahorny, Health Systems Management, Mary Ellen Smajo, Medical Physics. Two allied health employees, Chris Ebell and Christopher Nantus received the Allied Health Outstanding Employees awards.

On Wednesday, September 30, allied health program directors and students met with members of the Rush University Board of Overseers, Mr. Jim DeYoung and Mr. Bob Southern, as well as members of the Management Committee for breakfast and a discussion of various allied health careers.



The Library of Rush University was the sight of this display celebrating National Allied Health Professions Week, September 28 through October 2, 1992.



On October 2nd, there was a Allied Health luncheon for department chairpersons, program directors, and heads of similar programs in the Chicago area. Stephen Wilson, Ph.D., from Ohio State University, was the speaker. The luncheon was held at the Inn at University Village.

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Congratulations!

Congratulations to **Sandy Angeletti, second year Audiology graduate student,** who was nominated for the Allied Health Outstanding Rush Student award during Allied Health Week. Good work, Sandy!

NURSING CHRISTIAN FELLOWSHIP (NCF) NEWS

Thanks to all who helped with our Bake Sale in October. It was a huge success!

NCF has a bulletin board now in Student Affairs to update you on our upcoming events. Come down and find out what's going on...

November 20th, NCF will be having a holiday party to celebrate Thanksgiving, Christmas, and New Year's all at once (check the bulletin board for time and place!). We hope you'll come and join in the fun.

January 12th, we will be having our first large group of 1993.

GOOD LUCK ON YOUR FINAL EXAMS - YOU CAN DO IT!!

ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

Meeting Your Own and Others' Expectations for Your Writing

It is not uncommon for students to get so caught up in the maelstrom of academic life that they lose sight of the importance of the strategies and skills that got them to their current level. The pressing need to "get through with" an assignment may leave that assignment simply "done" but not well done. This is particularly true of writing assignments which are too often perceived as drudgery, busywork or something to get over with and forget about. If these comments start you nodding in agreement, maybe it is time to pause and reconsider what you might do to get something more positive from writing assignments and to recognize how such assignments can be meaningful learning experiences.

Students usually write, study or perform best when they know the rules and strategies of the "game". Purvis, Takala and

Crissmore (1984) describe some general strategies successful students use to achieve the positive results mentioned above:

*be neat - make your papers easy for the teacher or grader to read

*get to know your teacher - learn their writing standard; participate fully in the class process; ask questions; get clarification - before you turn in a writing assignment

*give your teacher constructive feedback throughout a course, not just at the end of it; help them be better for you

*when given a choice of topics any of which you feel comfortable handling, write about the one you think the fewest of your peers will write on

*be alert to potential "traps" in apparently simple topics - what may seem quite easy may be an unrecognized invitation by your teacher to approach the topic in more depth or from a particular perspective

*be attentive to the expectations of your teacher - does he or she care more about what you write, how you organize it, what word choices you make, your attention to proper grammar, punctuation and spelling?

*remember that the reader(s) of your writing use different skills to interpret your meaning than do those who listen to your spoken communications

On this last point, writers do not always have the luxury of being present to explain what they mean to a reader. The writing is all that the reader has. It is the writer's job to make sure that what appears in a paper states exactly what is meant so that the great majority of readers will understand it without having to wonder what the writer meant.

Some advantages writing has over spoken communication are:

*it can be saved and gone back to for review

*it is easy to scan for the main point (one does not have to rely on memory of the spoken word)

*written notes are valuable for confirming oral exchanges

Consider the following six points about writing:

*Written compositions are ordinarily considered in their entirety - generally both writer and reader think of writing in terms of complete segments rather than in terms of single words

*You most often write for readers you

continued on next page

Table 1

GENERAL MODEL OF WRITTEN DISCOURSE

Dominant Intention/ Purpose	Cognitive Processing Primary Content Primary Audience	Reproduce		Organize/Reorganize		Invent/Generate	
		Facts	Ideas	Events	Visual images, facts, mental states, ideas	Ideas, mental states, alternative worlds	
To learn (metalingual)	Self	copying taking dictation		retell a story (heard or read)	note, resume, summary outline, paraphrasing	comments on book margins metaphors analogies	
To convey emotions, feelings (emotive)	Self, Others	stream of consciousness		personal story personal diary, personal letter	portrayal	reflective writing personal essays	The traditional literary genres and modes can be placed under one or more of these five purposes
To inform (referential)	Others	quote	fill in a form	narrative report, news, instruction, telegram, announcement, circular	directions, description, technical description, biography, science report/experiment	expository writing definition academic essay/article book review commentary	
To convince/persuade (conative)	Others	citation from authority/expert		letter of application statement of personal views, opinions	advertisement, letter of advice	argumentative/persuasive writing: editorial critical essay/article	
To entertain, delight, please (poetic)	Others	quote poetry and prose		given an ending—create a story, create an ending, retell a story	word portrait or sketch	entertainment writing: parody, rhymes	
To keep in touch (phatic)	Others	greeting card		postcard	personal letter	humorous greeting	

continued from previous page

do not know well (categories of people) so you must make certain assumptions and craft your communications accordingly

*It is better to overexplain than to underexplain in academic writing; your teachers have the role of helping you improve your understanding a topic or subject matter, of assisting you in developing organized, logical thinking or of helping you build written communication skills

*Academic writing can be an expression of your knowledge of a subject, can show others the clarity of your reasoning or how well you are able to connect the evidence you present to any conclusions you may reach

*Take a look at table 1 below. It presents a general model of written discourse

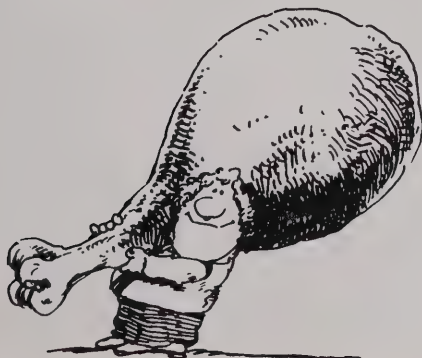
*Writing is a discipline. It requires planning, taking action (writing), revising and editing. Successful writers follow these four steps.

Reference: How to Write Well in College. 1984. Purves, A., Takala, S. and Crismoe A. Harcourt Brace Jovanovich, Publishers, San Diego

REMINDER:

The Academic Skills Center is recruiting work-study eligible tutors for the Colleges of Nursing and Health Sciences. We are able to offer \$7.00 per hour. We would like to be able to respond to tutoring requests in any subject where there is demand. Qualifications: successful completion of the course(s) tutored; recommendation of an instructor; previous tutoring or teaching experience; the time to spare; patience and a willingness to share.

Students who have asked for tutors come from among medical technologists, N3's, health systems management, medical physics, and clinical nutrition students.



COLLEGE OF NURSING OFFICE OF STUDENT SUPPORT SERVICES

SPECIAL THANKS!

A special thanks to all the students who worked so hard during orientation of new students to the College of Nursing during the summer mini-sessions and the fall maxi-session. You really helped smooth the entry of new students into a college that is in the middle of a very large medical center. Thanks to the University and College faculty, staff and administrators who also helped make this year's orientation a success. Thanks to all of the new students who participated with enthusiasm in their orientation and then took the time to complete an evaluation form.

STUDENT-FACULTY ADVISORY COMMITTEE

The Student-Faculty Advisory Committee had its first meeting of the year on October 20. The purpose of the Committee is to help monitor and evaluate student services in the College of Nursing. It is also expected to help plan and implement the College of Nursing Convocation each June. The Committee also plans and implements other relevant student-faculty gatherings. The student members are Leslie Birdsall, SNA president, Wendy Tuzik-Micek, DNSc student, Marge Drugay, ND student, Vickie Lawrence, 1st year prel, Sue Lannon, 1st year Gel, and Kristin Guiduli, NCF rep. **We need 1 or 2 MS students.** The next meeting will be Tuesday November 17 at noon. Please feel free to give any suggestions for the agenda to student members, Ann Cocks, Director of Student Affairs who also serves on the committee, or to Barbara Haynes, Director of Student Support Services and Chair of the Committee. We want your input because you are our reason for existence. The first activity of the year will be morning refreshments on Tuesday, November 17 from 8-9 a.m. and 10-11 a.m. for faculty and students to take place in the Student Affairs lounge in 023 SSH. **Mark your calendars now!!**

STUDENT GOVERNANCE!!!

Please get involved in helping to implement and evaluate the various aspects of the College of Nursing. Ann Cocks and student volunteers are going to be asking you to serve as student representatives on faculty standing committees. **Your voice is important, wanted, and needed!** You are also going to be asked to help build a new **Student Council**. Students from all degree levels are encouraged to formulate your own representative body so that you can really help run your own affairs.

ATTENTION DECEMBER COLLEGE OF NURSING GRADUATES

If you have not stopped by Student Affairs to pick up materials necessary to set up your placement file, please do this as soon as possible. The Student Affairs office, 023 Schweppe can also help you with the task of putting together your resume. Stop by and see Ann Cocks or Cheryl Casarez or call x2-6302 if you have any questions.

HAPPY HOLIDAYS

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

- During the past year, have you
- Gained or lost weight dramatically?
 - Abandoned several diets?
 - Used laxatives, diuretics or emetics for weight control?
 - Eaten compulsively (binged) to the point of physical distress and emotional despair?
 - Vomited after eating for weight control?
 - Limited your food intake to a few hundred calories per day?

If you answered yes to more than one of these items, you probably know that you have an eating problem. The term "eating disorders" is used to encompass anorexia nervosa, bulimia (sometimes called the binge-purge syndrome) and any other compulsive eating/starving problem. Eating disorders are commonly considered to be "women's problems"; in fact, 9 to 10 cases of anorexia nervosa and bulimia occur in girls or women. Men are exhibiting these disorders more frequently than in the past and some male runners' compulsive behavior regarding food and exercise may be related to anorexia nervosa; nevertheless, most sufferers are female. It is estimated that such disorders now strike more than one in every 200 teenagers.

It is useful to be able to recognize the symptoms of anorexia and bulimia. Both may suffer some of the same physical symptoms: extreme weight change, hypothermia, insomnia, constipation, skin rash and dry skin, loss of hair and nail quality, dental caries and periodontal disease, and cessation of the menstrual cycle. Both may exhibit some of the same behavioral and emotional characteristics: unusual eating habits, hyperactivity and high interest in exercise, use of laxatives, diuretics, emetics and diet pills, low sense of self-worth, low sense of self-control, high achievement, denial, and inability to think clearly.

The anorexic and the bulimic are similar in pursuing thinness relentlessly, in the compulsive nature of this pursuit. They differ in that the anorexic usually starves herself although she may also use purging methods. Most bulimics alternately binge and purge;

both may engage in exhausting physical activity. The anorexic's physical appearance is more striking in that she looks increasingly skeletal while the bulimic may or may not appear thin. The anorexic denies being too thin and strongly resists efforts at feeding. The bulimic may be secretive and embarrassed about her habits but she admits her conflicts about food.

The etiology of eating disorders has been examined from a number of perspectives: the intrapsychic, the interpersonal, and the social-political. The intrapsychic perspective, growing out of psychoanalytic theory, views the pursuit of thinness as the effort to achieve eternal youth, to avoid puberty and the development of sexuality. Anorexics in particular show none of the curves and other sexually appealing qualities which signal womanhood; rather, they present the thin-hipped, breastless appearance of the young boy.

The interpersonal perspective focuses on the female's relationships with family members who may urge her to lose weight, with peers whose slim bodies may intimidate the overweight woman, and with authorities (teachers, supervisors, coaches) whom they wish to please by demonstrating great self-control. The social-political perspective focuses on the importance of physical appearance to women. As long as our society dictates that women must be thin in order to win husbands and to be sexually appealing, women will continue to abuse their bodies to do so. Despite some of the gains made by women over the past decade, most people still agree with the Duchess of Windsor's remark that "No woman can be too rich or too thin."

For a long time, psychoanalysis and psychoanalytic psychotherapy were the only treatments for anorexia nervosa and other eating compulsions and so the intrapsychic explanation prevailed. Then behavior therapy emerged, conceptualizing eating problems as bad habits learned in an interpersonal context. Still, recidivism has remained fairly high in eating control programs and so the search continues for meth-

ods to help those suffering from eating compulsions. The social-political and the interpersonal perspectives have been integrated both as explanations of problems in eating and as solutions of these problems by Susie Orbach, author of "Fat is a Feminist Issue" (in paper). According to Orbach's theory, we eat compulsively not only for the immediate satisfaction it provides, but to protect or enhance certain parts of ourselves. Orbach has developed a model for self-help groups for compulsive eaters. In these groups, the women are encouraged to explore the meaning of being fat and being thin. After the group members accept the fact that change will be neither instant nor miraculous, they often gain greater self-knowledge as well as healthy weight loss.

Counseling and psychotherapy can help but it is often difficult for people with eating disorders to take the step. They know that they will be asked to alter their behavior and most do not want to do so; they cannot imagine ceasing the behavior even though they know that it is harmful to them. In addition, having an eating disorder is shameful. To admit to anyone that one is starving oneself or bingeing and purging seems too difficult to do even when that person can offer genuine concern and can suggest solutions.

The Student Counseling Center can provide direct help and/or referral.

Happy Hanukkah!



THE MAC: EXPLORING PREJUDICE

by Paula Smith
Manager, Rush Bookstore

Recently, I attended a meeting of the Multicultural Affairs Committee (MAC) and, of course, one of the topics for discussion was prejudice at Rush. After the meeting I began to ponder prejudice and its relationship to my life.

At first thought, I believed that I was free from it in my formative years because I grew up in a small central Illinois town, Virginia, where Italians were considered people of color. Most people resembled me: light hair and skin that doesn't tan. As I thought more, I realized that even in Vanilla Village, we had our prejudices against each other. There was that townie/farmer thing where the worst insult was being called a "pig farmer". Religion was a big issue with my family. The Lutherans from the old country really disliked the Catholics. I have three or four uncles who refused to walk their daughters down the aisle because they were marrying Catholics (whisper, whisper). I suppose one could form an opinion there about hard headed Germans.

As I moved into the college phase of my life I was often teased about being from a small town (could I help it if I grew up on Main Street in Small Town, U.S.A.? No, my zip code was not 12345! I was often asked if Virginia was like Mayberry (it is) and I got tired of being called "Ellie May". When I moved to Chicago I was told I would be a "fish out of water" because I was such a small town girl. Most of this was shocking to me. I thought Virginia was quite cosmopolitan, especially when compared to Philadelphia, Arentzville, Bath, and Goofey Ridge (all local hamlets). For a long while I was embarrassed about my home, but, I finally came to realize there were big pluses to being from a small town. I can call Petefish, Skiles & Co. Bank (I couldn't make that up) and say I'm buying a car and they will say "just write the check. You can sign for the loan the next time you're home". *First Chicago* won't do that. And, since my folks ran a little "mom and pop" business (what an offensive name) I learned a lot about customer service (without the TQM process). And, small town people take care

of their own, pig farmers or not. There's always a fundraising fish fry for someone who has large hospital bills or whose house just burned down, etc.

Fortunately, I've never felt the kind of prejudice that could leave deep scars. Unfortunately, I know that I, too, have my own prejudices and I hope to find a way to deal with them. Perhaps, it can be a topic at some future MAC meeting.

As usual, I check the Bookstore for related books. Surprisingly enough, amidst the medical texts and review books, I found a few.

Black Women in White: Racial Conflict & Cooperation in the Nursing Profession, 1890-1950 by Darlene Hine is as the title says. The book speaks of the founding of black nursing programs and why they were necessary.

The Black Women's Health Book. Speaking for Ourselves edited by Evelyn C. White is not strictly a health book. This book also covers community issues like teenage pregnancy, sexual abuse, domestic violence and drugs, as well as the plight of the black woman physician, and other areas of interest.

This book is on my recommended list: Culture Care Diversity & Universality: A Theory of Nursing edited by Madeleine M. Leininger. Theory and research in culture care is discussed, as well as the findings. Values are listed according to ethnic culture. Their meanings are explained and action modes are suggested.

The last book that finally found me has been suggested to a number of groups and I had never looked inside: There are No Children Here by Alex Kotlowitz. I haven't had a chance to read the whole book yet, but, I did skip to the epilogue. This is a sad book. It chronicles the lives of two boys growing up in the Chicago projects. Their lives are quite a contrast from mine in Virginia. I'm not sure I can even imagine what it must be like for them - how hopeless and overwhelming. This is another on my "must read" list.

My final thought on the subject is this: please attend the Multicultural Affairs Committee meetings and their activities or read a book on someone else's culture. I cannot impart any profound words as it is Tuesday afternoon when I am writing this and I need caffeine. Just come and be a part of the solution.

Editors Note: The Multicultural Affairs Committee (MAC) meets the first Tuesday of each month from noon until 1:00 p.m. Brown bags are welcome and dessert is usually provided. If you would like to attend the next meeting, call Student Affairs at x2-6302 and get your name put on our mailing list. From then on, you'll receive notices of all MAC events and reminders of meeting dates and times. Hope we see you at a future MAC meeting!



Doctorate of Nursing Student News

The Doctorate of Nursing Student Organization welcomes NICK YELVERTON, the Illinois Nursing Association lobbyist, on November 16, from 12:00 - 1:00 p.m. Nick will discuss the political empowerment of nurses. Watch for flyers indicating location of the meeting or call the Student Affairs office (x2-6302) for further details.



YOU ASKED FOR IT . . . WE'VE GOT IT!

To ease your frustrations when searching our network databases, the Library now offers classes to help you. Sign up at the Reference Desk for instructional sessions in:

NURSING & ALLIED HEALTH - indexes English language nursing journals from the American Nurses Association, the National League for Nursing, and primary journals from 13 allied health disciplines.

PSYCLIT - computerized version of Psychological Abstracts indexing over 1400 journals and books relating to psychology and related disciplines.

HealthPLAN - computerized version of the American Hospital Association's Hospital Literature Index including articles on health care administration, policy and planning.

CANCER-CD - compact disc version of the National Library of Medicine's **CANCER-LIT** database referencing articles relevant to cancer research.

Classes will be offered once a week during November. Class size is limited so register early! Please stop by the Reference Desk or call x2-5952 for specific dates and times.

LIBRARY NEEDS SERIALS WORK STUDY ASSISTANT

The Library of Rush University is looking for a Serials Work Study Assistant to help with journals, light typing, and computer input. The qualified individual must be Work Study eligible and possess excellent communication skills. Hours are flexible and the position pays \$6.00 per hour. Inquiries regarding the position may be directed to Philip Adrian at x2-2276.

CRIME PREVENTION

The RPSLMC security officer, in uniform, represents the most visible effort to prevent criminal incidents within the Medical Center campus. The security officers are dispersed throughout the Medical Center in a combination of stationary posts and patrols. After normal business hours (daily after 5 p.m.) a special effort is made by patrol officers to check and secure those areas which have either been vacated or have but a few workers left in the area. During these patrols, open and unattended areas are checked, noted, and people who are discovered in the area are challenged for identification.

During the hours of open access (daily from 6 a.m. until 9 p.m.) most of the doors to Medical Center buildings are open. This allows free access for employees and the public. Security regularly observes, at any given time, several of the main entrances. Other access points are monitored by receptionists and doormen who will notify security if suspicious persons or activities are observed.

At 9 p.m. daily, the Medical Center's limited access plan is placed into operation. Until 6 a.m. the following morning, the only hospital entrances which are open are the emergency room, the 4th floor Academic Facility parking garage entrance, and the Jelke lobby entrance.

During the hours when the limited access plan is in effect, all people entering the Medical Center buildings are screened by security officers that are stationed by the open entrances. All students and employees are required to present their identification cards to security officers prior to being allowed entry into the buildings. Similarly, visitors are first checked for visiting authorization from the patient care units and are then signed in and given passes with the specific location that they are allowed to visit.

Students and employees can assist Security by wearing their identification badges while on campus and by reporting suspicious persons or activities immediately to Security dispatch.

REPORTING CRIME . . .

People who have been victims of a crime, or people who know of others who have been victimized, are encouraged to contact RPSLMC Security as soon as possible. When contacting security dispatch it is important that persons should immediately let it be known if the crime is still in progress or has been discovered after the fact.

After receiving the basic information, the security dispatcher will assign a security officer who will take the information from the victim and then write a security incident report. At the end of the security officer's interview with the victim, the victim will be asked whether or not they wish to file a Chicago Police Department report. Victims of violent crimes will have the Chicago Police automatically called for them.

CONTACTING RPSLMC SECURITY

All persons who are within the Medical Center campus and are in need of security services, emergency or routine, should call 25678 if inside the Medical Center or 942-5678 if off campus. Persons calling this number will be connected to the department dispatcher who will be able to assist the caller. It is important, particularly during a serious emergency, that persons calling dispatch try to speak clearly and give the dispatcher the following information:

1. Nature of problem.
2. Location of the problem.
3. Other information such as descriptions which will be helpful to the responding security officers.

During times when a known security emergency exists we ask that people refrain from calling the security dispatcher for information about the incident or call for routine service until after the emergency has been concluded.

Occasionally a person may have a very sensitive security problem which requires confidential handling of an incident. When this occurs a person may file a report by either speaking to a security supervisor or by contacting the Security office, first floor Jelke, Monday through Friday, 8 a.m. until 5 p.m.

QUIET WATERS

by

Michael P. Belluso, N4

The water lapped gently against the hull of the schooner. It was a peaceful day. This seemed like paradise. Paul had always imagined this place to be serene, but never before today had he been able to appreciate its true beauty.

Hopetown Bay was a small fishing village located in the southern most portion of the state's seaboard. The lifestyle there was far removed from the hustle of Holy Cross Hospital in New York. Old men were mending their nets, women were cleaning the day's catch, and children were playing and laughing with squeals of delight. He wished that he had grown up there.

The journey from Hampton's to the bay harbor had been slow and relaxing, except for the last twenty four hours. Paul could not sleep during the storm that raged within his heart. She had returned to haunt him since he left the bustle of the hospital. He had been so entrenched in his work that the memory of Carla had become a dull ache. But now that the tension of the hospital had lifted, the ache had returned with ever increasing intensity.

A slow peaceful retreat was what his therapist had suggested. He could still hear the words of advice echoing in his head, "...and if you think your heart is broken now, just wait 'till it stops working altogether. You keep up this pace much longer and you'll be living in that damn hospital instead of just working there." Paul always did think that James had too much together to let that stand in the way of their friendship. He knew that his faithful companion of twenty odd years wouldn't try and steer him wrong.

Paul had always been an over achiever, even as a child. He didn't really feel that he had much of a choice in the matter, considering the tongue lashings he would receive if his grades were not exceptional.

It didn't come as much of a suprise to anyone who knew him that he graduated with honors in high school and college. By the time he made it to medical school, the memories of the past didn't seem to bother him as much as when he was younger. That was all behind him now. He had been out of the nest for quite some time.

The water's surface was as polished as any mirror had ever been and the rhythm of

the boat's rocking had cast a spell of hypnosis over its captain. Paul just stood there in his cutoffs and deck shoes staring down at his reflection in the blue-green undulations below. His mind had again sailed into the anguish of a previous storm.

He was considered brilliant by his colleagues, the top in his field. He had cured countless numbers of supposedly hopeless cases. Why couldn't he have saved her too? Why did her particular brand of carcinoma have to be so much different from the rest? Over and over he played out the scenario that had ultimately ended in a painful death. Had he weighed out all the variables, thought of all the strategies for her treatment? He had seen patients die before, so why this continued anguish?

It was because of the fact that Carla was so refreshingly different that Paul's pain continued to chew at his very soul. She was like a spring shower to the desert mesa. Every thing she touched seemed to blossom, coming away just a little bit better from the encounter. She had come up in the old school where women were devoted to their men. She knew the way to a man's heart and found great comfort there. It was uncommon to find a woman of so much love and affection in such a sterile environment.

He knew that there would be a price to pay for falling in love with a client. He decided that, whatever the cost, he could afford it. However, he had not bargained on taking out a long term payment plan.

His pain was like a private, unseen plague with no cure in sight. Unseen that is, only to Paul. Those around him had began seeing the change in his personality from the start. In the beginning she was an inspiration to him. As time passed and her condition worsened, she became an obsession to him. At the very end, he could not bear the thought of being without her. His pain had become an anchor chained around his neck. On two different occasions he had seriously considered throwing his anchor overboard to the abysmal depths of Long Island Sound. So much of himself had been entwined in her charm that it was hard to tell where one left off and the other began.

Suddenly, as if to break the spell, a gull screeched as it swooped low over the water. It pierced the surface for a moment, emerging with its supper trying to escape the inevitable future.

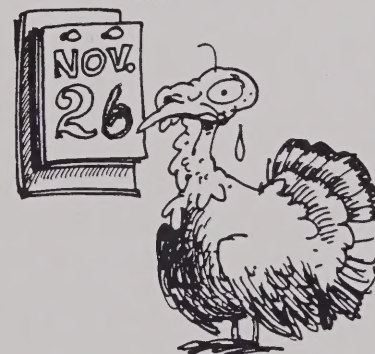
Paul bent over and pulled out a small bronze coffer. He opened the lid and sprinkled the contents overboard. He had

hoped that spreading his wife's ashes at sea would return him to reality. The anchor of guilt was cast off and she would be with him wherever he sailed.

The sun had just broken the edge of the horizon and Paul's spirit soared realizing that he had found his new home, in quiet waters.

It's
Turkey
Time!

TODAY MAY BE THE LAST
DAY OF THE REST OF YOUR
LIFE.



TRY HAM
THIS YEAR!



ENTERTAINMENT

WEDNESDAY NIGHT IS MOVIE NIGHT

All Rush students are invited to join us for a night at the movies. Films are shown in the Student Lounge on Wednesday nights at 8:00 p.m. Free popcorn is served. Following is a glimpse of movies we plan to run.



November 4	<i>Commitments</i>
November 11	<i>Wayne's World</i>
November 18	<i>Terminator 2</i>
November 25	<i>This is My Life</i>
December 2	<i>Star Trek VI</i>



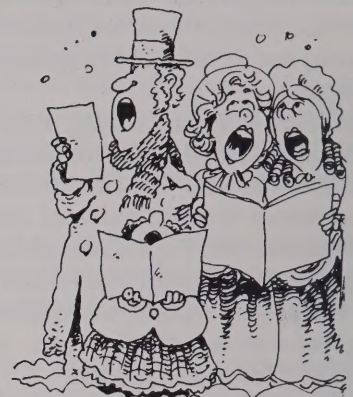
Take a break! Join us on Wednesday Nights!

A HOLIDAY INVITATION

The Office of Student Affairs invites the students and faculty of Rush University to our annual Holiday Open House on Friday, December 4th from Noon until 4:00 p.m. Come on down to the student lounge, 023 Schwappe, for some Holiday cheer!

Besides a few Christmas goodies, we'll be showing traditional Christmas videos; "*How the Grinch Stole Christmas*", "*Charlie Brown Christmas*", "*Frosty the Snowman*", and the popular movie, "*A Christmas Story*" (remember the BB gun? "You'll shoot your eye out!"). Make your own very special Christmas ornament! Test your coloring skills and win a prize! Take some well deserved R & R. We look forward to seeing you!

Happy Holidays



SIGN UP FOR STUDENT/FACULTY MUSIC RECITAL

On December 1st, sign up begins for the 10th Annual Student/Faculty Music Recital. If you would like to participate, call the Student Affairs office at x2-6302. The date of the recital is February 17th at 4:00 p.m. The recital is held in Room 500. You have plenty of time to prepare, so we really want to hear from all the talented people we have here at Rush University!

Season's Best!

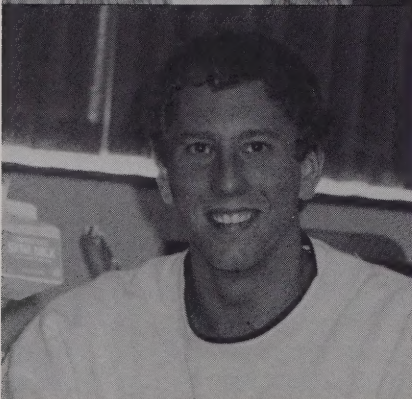
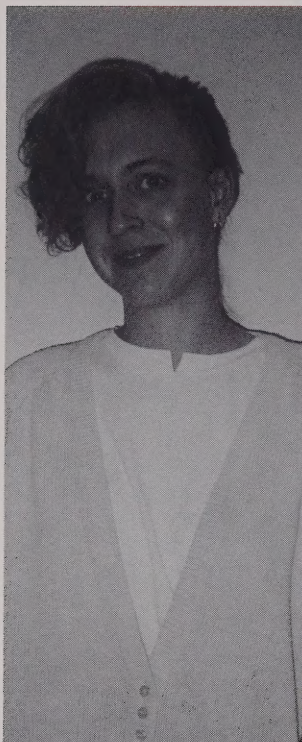
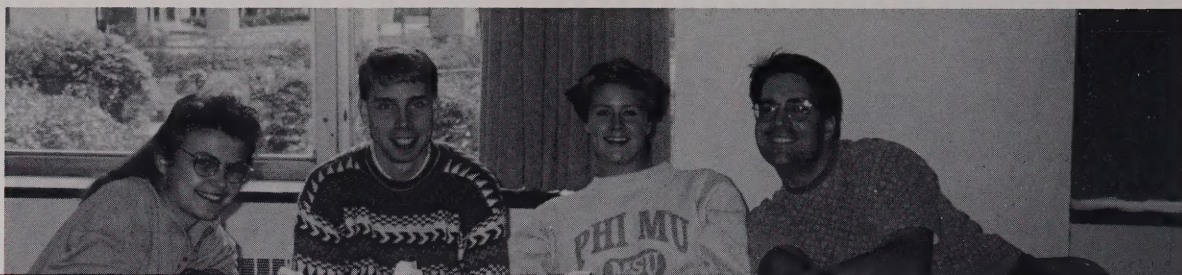
Party at Joe's Place

As self-appointed spokesperson for the Gay & Lesbian Support Group here at Rush, I want to get the word out about the upcoming get-together on November 28th at Fernando's and my new apartment. Since the apartment is the size of a large phone booth, the plan is to be there for refreshments and such and then to move the party to one of the nearby gay bars. Rush people and their partners/significant others are invited to call Joe (Kranz) and Fernando at our new number (312) 472-6905 to R.S.V.P.

We had a howl . . . at the MAD PUMPKIN BALL



Smiles..



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